



Noodle Roll

Challenges

Choosing a
Log

Teamwork

Placing Pool
Noodles
Properly

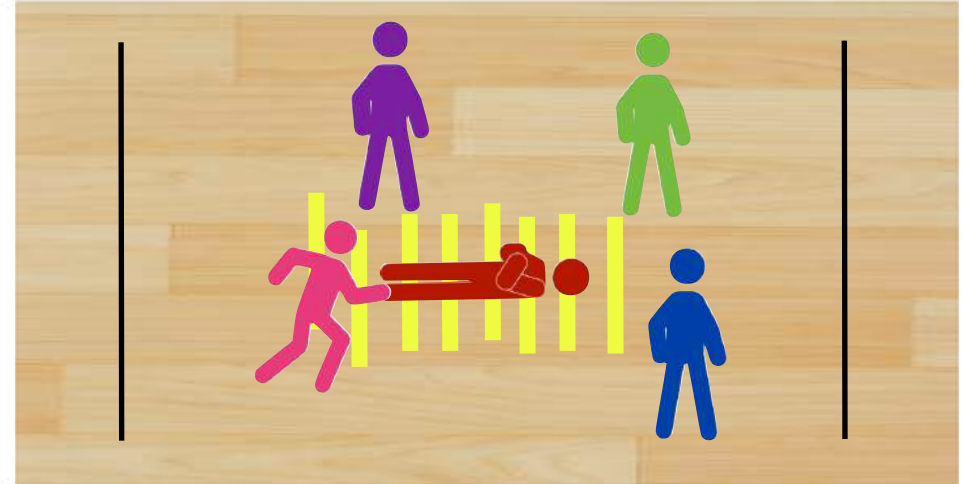
GRADES
3-6

Rules of Play

- The goal is to be the first team to roll a player across the finish line
- Place students in teams of 5 to 6 people
- Designate a start and finish line about 15 feet apart (the width of a volleyball court works well)
- Behind the starting line one player from each team (the log) lies on their back across a bed of noodles with her head near the starting line
- At the start of the game, one player begins to push the feet of the log (who remains rigid)
- The other players on the team remove noodles from under the log's feet to the front so that the log's bed of noodles never ends
- The first team to roll over the finish line wins

Variations and Progressions

- Make the length that the teams must travel shorter or longer to modify the difficulty



Game Info

Equipment

At least 10 large pool noodles per team

Safety

The log should stay on their back with their hands behind their head to avoid contact with the ground and to protect their head and hair

Discussion

Who should be chosen to be the log for this game?

Why is it important to work as a team when moving the log?

Where and how should the noodles be placed on the ground?