

# **Guard The Pin**

**Challenges** 

Work As A Team Get A Clear Shot Quick And Accurate Passes



### **Rules of Play**

- Form a circle about 15 feet in diameter with pylons or spot markers and place a bowling pin in the middle of the circle.
- Appoint a student to guard the pin in the middle of the circle, and tell them their objective is to keep the ball from hitting the pin.
- All the other players stand outside the circle and will try to hit the pin with the ball using underhand throwing only.
- Any player who knocks down the pin becomes the new guard and the old guard goes to the outside of the circle.
- Discuss the strategy of passing the ball around the outside of the circle to other players in order to catch the guard unaware.
- Allow accidental knockdowns. If the guard knocks the pin over while guarding it, reset it and continue play.

## **Variations and Progressions**

- To make it easier allow the guard to stay in the circle for three knockdowns of the pin.
- Allow the outside players to roll the ball, instead of throwing it.



#### **Game Info**

**Equipment** Bowling

Bowling pin, Gator Ball, Pylons (to mark the

circle)

Safety

Advise students that only underhand throwing is allowed at the pin, and they must keep the ball low to the ground when throwing.

#### **Discussion**

How can you work as a team to shoot at the target?

How can you get a clear shot on the target?

Why are quick and accurate passes important in this game?