



Box Ball

Challenges

To Score
A Goal

To Defend
Your Goal

Communication

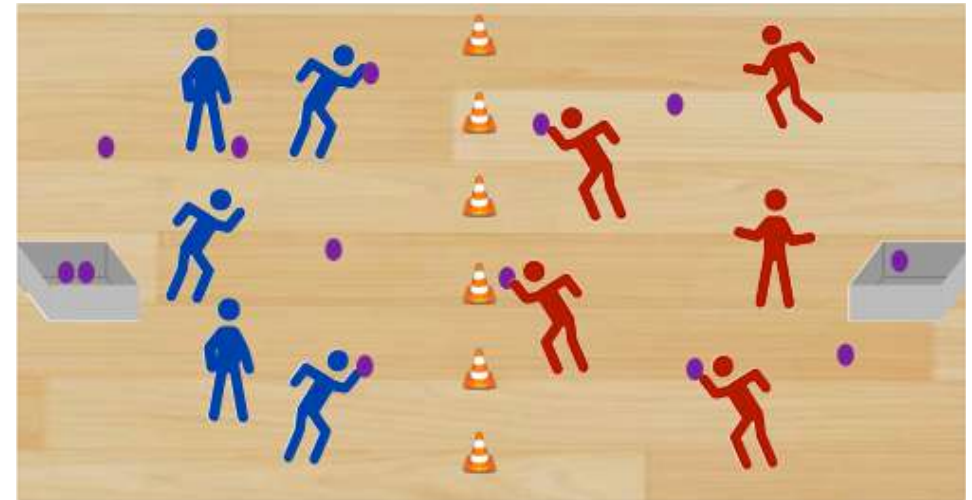


Rules of Play

- Divide the class into two equal teams (10 players per team) and set up a playing area approximately half the size of a basketball court (use a larger space if playing with more students) and use pylons to set up a center line.
- Place goals on each back boundary line using several large mats (standing upright) or large boxes. The goals should be about six feet by six feet and three feet in height.
- Give each team 6 gator ball each and tell them their objective is to throw as many ball into the opponents goal without crossing the center line and entering their zone.
- The players are allowed to block gator balls being thrown by the opposing team. The teams play until all the gator balls are in the goals.
- Count the number of gator balls in each goal as a motivator for the teams to play harder but don't worry about keeping the score.

Variations and Progressions

- To increase the games difficulty use more game balls and set up 2 goals per each side of the gym.
- Make a rule that students must make at least 3 passes before that are able to shoot a game ball at a goal.



Game Info

Equipment

12 gator balls, large mats or boxes, pylons and pinnies

Safety

Advise students to aim for the goals by softly throwing the game balls and that no whipping the game balls at the goals or other players is allowed.

Discussion

What is your team's strategy to score goals?

How does your team position itself to defend against shots?

How can your team communicate in order to attack the goal?