



# Beat The Leader

Challenges

Covering  
Space

Teamwork

Leader's  
Strategy

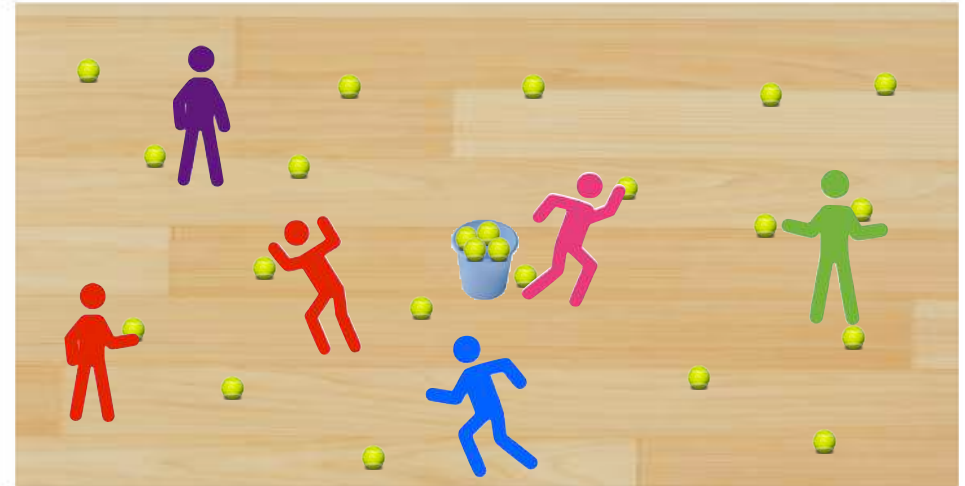


## Rules of Play

- The goal is to fill a container with tennis balls more quickly than the leader can empty it
- Select one leader to stand in the middle of the gym next to a plastic container and place all of the tennis balls in the container
- The rest of the players stand scattered around the container
- On a go signal, the leader tries to empty the container by throwing out balls one by one
- The players try to put all of the tennis balls back inside the container before the leader empties it
- Players are allowed to pass the ball to other players who could be standing close to the container
- Select a new leader every new round or after a certain time has elapsed
- The leader cannot block other players from placing balls in the container

## Variations and Progressions

- Use other types of game balls such as gator balls, frisbees or beanbags
- Add more than one leader for the younger grades



## Game Info

### Equipment

50-100 Tennis balls, 1 Large plastic container

### Safety

Make sure students move with their head up as to not run into each other when chasing tennis balls

## Discussion

*Where should everyone position themselves in this game?*

*How can you work together to help defeat the leader?*

*As the leader where should you try to throw the tennis balls?*