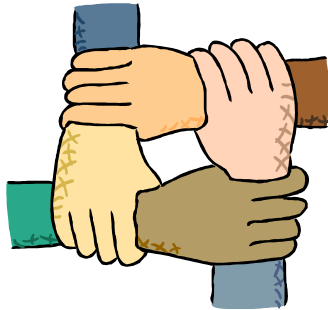


I want to do

Community Service

But...
I don't know where to go?



Cold Spring Harbor High School

Mr. Monastero & Mr. Schiffmacher – Junior High 631-692-4008

Mrs. Terenzi & Mrs. Halloran – Senior High 631-692-8600

Ms. Grasso in the Youth Center by Cafeteria

www.csh.k12.ny.us

1. TriCYA (Tri Community & Youth Agency)

310 West Hills Rd., Huntington Station (Mrs. Grasso) 631-673-3303

5 Lowndes Avenue, Huntington Station, NY, 11746 631-673-0614 or 631-423-3626(F) – 631-470-7545

Cold Spring Harbor Schools have worked closely with TriCYA for many years.

They have an office at CSH High School for youth services, including peer tutoring, drop-in/group periods, movie nights, etc.).

They offer education in crisis intervention services, Drug & Alcohol abuse, and town wide projects to provide comprehensive youth and family services to our community. They have a food pantry and accept food, toiletries, clothing, coats, bikes, books, videos, game systems/games for their after school program.

Volunteer Opportunities:

- Chaperone trips and activities
- Help fundraise
- Help out in the office
- Help with homework and tutoring and mentoring
- Join the Board of Directors that provides leadership, governs the programs policies, fundraises, and represents the agency and the community.

Contact Ms. Grasso– in the CSH Youth Center to learn more about “Homework Help” programs after school. Transportation is provided for the students on certain days. Hours and locations are posted in the youth center.

2. Family Service League

790 Park Ave, Huntington. (Peggy Boyd, Carol Klee) 631-427-3700

Volunteer Opportunities:

- Helps approximately 500 families in the area. They handle 83 homeless families at hotels(Smithtown & Bohemia); they need food, toiletries, coats, board games, dolls, and stuffed animals

OR Contact Michele or Lexie at 631-425-9694

Volunteer Opportunities:

- They need homework help ages 7-11.
- They have a preschool for 120 three and four year olds; always looking for volunteers to help.
- They are always looking for volunteers to tutor special interest groups (arts & crafts/sports).

3. St. Patrick's Tricare Thrift Shop

630 New York Ave. Contact Marie at 673-5037. **(Volunteers must be of driving age)**
They have 20 different ministries including food pantry, thrift shop, adoptions, meals on wheels, nursing home visits, and youth service core. She may know of community members in need of help.

Volunteer Opportunities:

- Deliver donated bread to the thrift shop during a weekday morning,
- Deliver meals to homebound people,
- Visit those that are homebound or in nursing homes.

In addition, you can contact Father Vinny at St. Patrick's Rectory for volunteer opportunities for high school age youth 385 -3311 x 220.

4. Community Thrift Shop

8 East Carver St. Huntington 631-271-4883 **(Volunteers must be 17+)**

Volunteer Opportunities:

- They accept mostly clothing and household items. No Christmas or baby items.
- The shop benefits local charities such as Family Service League, Visiting Nurses, Red Cross, Planned Parenthood, Huntington Hospital, and others.
- They are in constant need of volunteers to organize shop.

5. Holiday House

74 Huntington Road, Lloyd Harbor Contact Carmen Friedlander (631)-425-9887.

The only residential camp for girls on Long Island whose mission began 90 years ago. Underprivileged girls ages 7-12 come for two week sessions in the summer for camp, where they experience music lessons, day trips, reading, computer skills, arts & crafts, writing, sailing, acting, etc. They have a thrift shop that helps fund programs. Donations are accepted Sept.-June. And almost everything is accepted!

Volunteer Opportunities:

- Reading volunteers during summer months to read to the girls at bedtime, Wednesday evenings 9:15-9:45pm.
- Spring cleanup to prepare for the arrival of campers.
- Landscaping and planting help in the spring.
- Painting and bunk cleaning before the summer.
- Books, puzzles, crafts, and games to replenish the supplies.
- Organizational help in the thrift shop.

6. Cold Spring Harbor Library

Contact Allison Paulo in the children's room, 631-692-6820**(Volunteers must be going into the seventh grade or older)**

Volunteer Opportunities:

- Clerical jobs, book shelving, summer reading club activities and involvement in the children's programs.
- Call to check when the next mandatory Wednesday night orientation will take place.

7. West Side School Cares

Contact Christine Stamatatos at 631-692-2628 or email her at Castamatos@earthlink.net.

8. Huntington Hospital

Contact: 631-351-2257 – Volunteer Office (**Volunteers must be 14+**)

Volunteer Opportunities:

- First you need to go to the front desk in the lobby and pick up an application for junior volunteer. You will need a photo, a working papers form from your guidance office filled out, and one letter of recommendation from a teacher on school stationary. Once you send all this in, you wait for the next orientation meeting. This is a 2 night orientation (for 2 hours each night) given 3 times a year. Once you are selected, you will be expected to do 2 hours per week, during the hours of 4:15pm – 6:16pm. You will work as “floor aids” with the nurses helping to give water and food to patients, put out linens, and socialize with patients. If you become long term reliable help, you will be given more opportunities like working in the pharmacy, reception desk, helping to discharge patients, or deliver flowers.
- **KIDS FOR KIDS**-This is another opportunity for kids to work at local hospitals. They have many flexible programs that can accommodate individual classrooms, entire student bodies, faith based youth groups, or scout troops. For more information contact Suzanne Beck @ 631-351-7040 or email sbeck@hunthosp.org

9. CSHH Soccer Club

All contact names, numbers, age groups/genders, and coaches are located on the web site: www.cshhsoccer.com , Don Vogel; president CSHHSC

Address: P.O. Box 89, CSH, NY 11724 phone# 516-692-7601

Community Service Coordinator – contact Todd Spehler 631-367-0299

(no age restrictions)

Volunteer Opportunities:

- They need kids to help do the flags during games.
- Many coaches seek older players to help run practices and drills for younger players.
- Fields may need lining, or clean up.
- There may be administrative work.
- Help with refereeing

10. CSH Intramural Basketball

Contact Chris Northacker 631-367-1749 E-mail schoonergu@aol.com

Volunteer Opportunities:

- Need hall monitors during game times on Fridays evenings and Saturdays.
- Possible help at practice sessions with coaches to train.

11. Spanish Translation Help: Soccer Registration

Contact Dawn Titcomb 631-673-1453

Volunteer Opportunities:

- During spring soccer registration there are many families in the Huntington community who have trouble understanding English, but are fluent in Spanish. We need students to attend registration, and help translate directions and the registration process to help Hispanic children. Also, if there are financial concerns for players who cannot afford the fees or uniform, fundraising efforts could be set up to help alleviate expenses for these families.

12. Operation Hearts and Homes- Russian Adoptions

Contact Barbara Morelli at 427-2540 or Jeannie Goldberg 610-4131.

Contact Janine Aufiero 631-692-9091 for additional volunteer opportunities with NYC Russian Adoption agency.

This is a non-profit organization whose sole purpose is to help foreign-born orphans (mostly from Russia). It is run by a committee of local Lloyd Harbor Moms. The children come during the summer months for a period of about 2 weeks. They are hosted by local and out-of-state families. Many are in need of medical care, and many become adopted. The children come only with the clothes on their back. They are always in need of “like new” clothing for summer, coats for winter, backpacks or small duffle bags for the children to transport back materials, and suitcases for the chaperones to transport clothing. Also many children are in need of Eyeglasses!

Volunteer Opportunities:

- Start your own clothing drive in your neighborhood. Kids are in need of summer clothes, beach towels, suntan lotion.
- Start a used backpack, small duffle, or suitcase drive
- Start an “old eyeglasses” drive

13. FECS/LI

Syosset, NY 6900 Jericho Tnpk., Debbie Weiss 516-496-7550 x255

E-mail: Dweiss@fecs.org Website: www. FECS/LI.org.

Volunteer Opportunities:

- Library help with children (reading, games, homework)
- Errands for homebound seniors
- Adopt-a-family
- Numerous “collection drive” opportunities for food, clothing, school supplies, baskets.

14. Helping Hands Missions – Huntington 631-351-6996 www.hhrm.org

Rev. Rosemarie Gaines. Many leadership opportunities available.

Volunteer Opportunities:

“The Mission”- Lynn Fuschillo has organized many volunteer opportunities for high school students. Visit www.hhrm.org under the YMAD section to fill out an application if you are interested in one of these opportunities:

- Chef’s Club-in house cooking and baking

- “Manpower” (involves lifting, moving things, and "heavy duty" type tasks)
- Food Pantry (stocking, packing food parcels, organizing food drives)
- Special Events (Christmas, Easter, Back to School, other holiday events)
- Tutoring (requires Saturday availability ages 4-15 years)
- Story Time
- Sports (basketball coordinators)
- Arts & Crafts
- Mentoring
- ESL(English as a second language)
- Operation: Sweet Tooth (collecting Halloween candy after Halloween)
- Extreme HHRM Makeover Challenges (remodeling rooms at the mission)

15. Splashes of Hope

Huntington 631-424-8230 (Heather or Lynn) www.splashesofhope.org

Always looking for **ART STUDENTS**, or anyone interested in art to continue their dedication of changing the environment of health care facilities by creating colorful therapeutic murals and hand painted ceiling tiles.

16. The Red Cross

Contact: Dawn Tropeano, Email redcross@optonline.net

Food Pantries

1.Community Food Council

90 East 5th St., Huntington Station 351-1060. Contact Lorraine Zelensky @271-7523.
(No age requirement) Year round emergency food pantry. Orders for food are packed in 3 day supplies (mostly non-perishables). They are open Mon-Fri 10am – 12noon.

Volunteer Opportunities:

- Fill pantry orders during school vacations or in summer
- Once (every 2 months) in the afternoon they look for strong volunteers to stack shelves with new goods.

2.Island Harvest

199 Second Street Mineola, NY, 11501

Contact: - 516-204-8528 ext: 18- Ms. Kim Keller Email: Kim@islandharvest.org

Website: www.islandharvest.org **(No age requirements)**

They rescue surplus food from commercial donors and donate to non-profit organizations. Long Island has over 40,000 children who go to bed hungry every night. They have adult and children volunteer opportunities to help distribute food, package and organize baskets, help run large drives at public events and also handy work. See web site for applications & orientations.

Volunteer Opportunities:

- They will help you plan your own food drive.
- Hours begin after 3:30pm for volunteering
- Many special events are held during the year to help with

3.Huntington Jewish Center

510 Park Avenue Contact: 423-6575 x23 or x10 **(No age requirements)**

They provide food for the homeless living in local shelters, feeding approx. 200 people every Sunday.

Volunteer Opportunities:

- Every Sunday they need volunteers from 8:45am-10am to prepare 100 sandwiches, wrap and bag them with fruit and cake.

4.Long Island Cares – The Harry Chapin Food Bank

Hauppauge, NY www.licares.org Contact Ruth Greenberg 631-582-3663 x119

An organization dedicated to feeding the hungry on Long Island, they have food pantries, homeless shelters, and soup kitchens.

Volunteer Opportunities:

- Volunteers needed to weigh, sort, pack and replenish food in warehouse.
- Mon – Fri from 8:30am – 4:30pm age requirement of 16 years and up.
- Mon – Fri from 3:30 – 5pm no age restrictions, food sorting only

5.HIHI: “Huntington Interfaith Homeless Initiative”

This is a local organization that feeds and houses the homeless in our area. Local Churches and Temples unite together to rotate housing each night for the homeless who do not go to homeless motels.

Volunteer Opportunities:

- *Every day* they need sandwiches, snacks, and water packed up to be handed out. This is a wonderful family opportunity to pack up 20 sandwiches/snacks any day of the week! Contact Judy McElwain 631-421-4657 e-mail tjmce@optonline.net

Student Tutoring

National Honor Society

Contact Mrs. Terenzi, advisor of the National Honor Society. 631-692-8600. She can match a student tutor with a child in need of services. This can be done on school property, the Library, or at the child's home. This is a great way to earn community service hours.

Peer Mentoring

Student mentors accompany and assist fellow students attending after-school activities and clubs. Meetings take place the first Tuesday afternoon of each month. Additional meetings are scheduled when needed to discuss strategies used and aid students in creating a working relationship with mentees. All hours count for community service and it is the student's responsibility to keep track of their mentor hours and have teachers sign their community service documentation. Any questions see Ms. Camarinos and Ms. Blechsmidt

Nursing Homes

1.Huntington Hills Center for Health & Rehabilitation

Volunteer Services 631-429-3009 (hours 2:30 – 4pm) Ask for Sarah. **(Volunteers must be 16+)**

Volunteer Opportunities:

- Doing activities with therapists, assisting with playing board games like checkers, cards, or arts & crafts.
- Help needed in office with filing or handing out gifts that arrive on a daily basis, especially during holiday times.
- Younger groups of children can arrange to perform if accompanied by someone 16 years of age or older.

2.Carillon Nursing Home

631-271-5800 (Huntington) Ask for Gerry Alberts

3.Birchwood Assisted Living

631-368-5252 (East Northport) www.birchwoodal.com

4.Huntington Senior Center – 421-1273

Huntington, NY 631-351-3253 Patricia Massa

5.Gurwin Jewish Geriatric Center

Commack 715-2000

6.White Oaks Nursing Home

8565 Jericho Turnpike, Woodbury NY 516-367-3400 Ask for Tory

Park and Beach Clean Up

Jones Beach State Park Clean up

Contact Tim Byrne 516-785-1600 x273

Groups of 10-20 are ideal. Need one adult supervisor. Many opportunities throughout the year.

Town of Oyster Bay Beach Clean up

Write a letter to:

Commissioner of Parks; attn: Richard T. Betz
977 Hicksville Rd., Massapequa, NY 11758

Express your interest and number of people to be involved in clean up
A representative will contact you back with details.

International Coastal Clean-up

Every September beaches around the world organize a clean up of litter on our shores, compile data to combat pollution, and increase public awareness and appreciation of our coast. Contact: Barbara Cohen ALSBeach@aol.com.

Clean up Hotline: (800) 449-0790

Phone: (718) 471-2166 Far Rockaway, NY

Environmental Agencies

1. The Nature Conservancy- CSH

Potential Volunteers can email the Volunteer Program for a listing of community service ideas at sgoldyn@tnc.org, or phone 631-367-3384 x131 and leave your name, email, and phone number to receive more information.

2. The Fish Hatchery-CSH

Contact Norman Soule or Diane Lundegaard, Phone 516-692-6768

After 99 years as a trout Hatchery, The Fish Hatchery & Aquarium opened as a private non-profit educational facility in 1982. The demonstration hatchery raises trout to stock private ponds. There are many volunteer opportunities for students grades 8-12.

Volunteer Opportunities:

- Age 16 – ground maintenance needed, trim bushes, mow lawn, pick up trash, snow removal.
- “Catch & Keep Fishing” Friday through Tuesday; need pond side service person to oversee fishing.
- Admissions Booth – daily, including spring and fall fairs; collect entrance fees, collect payments for gift shop items, take phone messages.
- Animal feeding – daily; feed trout and other animals
- Exhibit maintenance – daily; clean glass tanks, change filters
- Daily maintenance – vacuum, dust, sweep/mop, etc.
- Spring & Fall Fairs – man games, sell memberships, serve refreshments, etc.

3. The Planting Fields Arboretum Park, Oyster Bay

There are many opportunities for help with gardening, carpentry, clean up, clerical. They host an “**Arbor Day**” one weekend in April where students can earn 8 hours of community service. Contact the office for details.

4. Teddy Roosevelt Sanctuary & Audubon Center, Oyster Bay

516-922-3200 Volunteers needed to garden, research, trail leaders & trail tours, trail tours, art work displays, animal care, carpentry, planning & setting up special events. www.audubon.org/affiliate/ny/trs

5. Volunteers for Wildlife, Inc., (Caumsett State Park).

Contact Director Lisa McKellar at 631-423-0982, or visit www.volunteersforwildlife.org for more information.

This organization cares for a great variety of animals, including ducks, hawks, owls, turtles, snakes, and rabbits, to name just a few. Volunteers are involved in all aspects of wildlife rehabilitation, from helping out in the office to rescuing wildlife and caring for them in their wildlife clinic. **(Volunteers must be 16 years or older)**

Volunteer Opportunities:

- Must attend a 4 hour orientation
- Average of 4 hours a week volunteer time for a period of 6 months or more
- Shifts are from 8am-12 p.m., and 12noon – 4pm daily fall, winter and spring.
- Summer includes an additional shift of 4-8pm.
- If you are considering a career as a veterinarian, this is a special opportunity for you.

6. The Caumsett Foundation

This foundation benefits the needs of Caumsett Park grounds and restoration of its buildings. Contact Diane Bartel 516-799-7644

Volunteer Opportunities:

- Beach clean up,
- Help with gardening, weeding, raking, watering plants, clearing trails
- Clerical help with fundraising,
- Set up/break down of benefit events, parking attendants during events.

7. Pal-O-Mine Equestrian

829 Old Nichols Road, Islandia, NY 11749. Contact Director Lisa Gatti at 631-348-1389, or visit www.pal-o-mine.org for more information.

Pal-O-Mine is a non-profit horseback riding program dedicated to teaching riding to individuals with learning disabilities. Pal-O-Mine depends almost exclusively on volunteers, and funds donated go directly to support programs that help people with disabilities. **(Volunteers must be 16 years or older)**

Volunteer Opportunities:

- Volunteers help lead or sidewalk horses when an adult or child client is riding a horse. Volunteers also help care for the horses by feeding and grooming them, and by exercising them regularly.
- Answering the phone, preparing mailing lists, and other administrative duties are performed by volunteers.
- *PLEASE NOTE:* Pal-O-Mine requires volunteers to complete a 2 hour orientation, and 6 hours of training; therefore, they request that their volunteers commit to more than 15 hours of volunteer work. This is a great opportunity to learn all about horses while helping disabled people.

8. Little Shelter Animal Adoption Center

33 Warner Road, Huntington Contact Arlene Leone 631-368-8770 ext.206

www.littleshelter.com

A no kill shelter, finds homes for approximately 2000 pets each year. A not-for-profit, it is staffed primarily by volunteers. In addition to the love and care they give homeless pets they also take their caring on the road in their program called "Training Wheels." Volunteers go into lower economic areas in Suffolk County and care for dogs whose owners, while loving, are simply too overwhelmed to care properly for their pets. At present, Training Wheels' volunteers support over 70 Suffolk County families by feeding their dogs, and by providing all necessary medical care (including spaying and neutering) and outdoor shelter for their dogs.

Volunteer Opportunities:

- Start a drive for dog food, bones, pig ears. Ask a pet store if you could
- Set up a stand outside their store asking for donations.
- Students can use money raised via bake sales or car washes to purchase dog food directly. If a group of 25 students or more organize a food drive, Little Shelter will gladly give those students a tour of their facilities and/or come to the high school to discuss their humane education program.

9. Grateful Paw Cat Shelter

104 Deposit Road, East Northport, NY Contact 631-757-4517

Entirely volunteer run, no kill shelter for cats. The Grateful Paw Shelter is open Tuesday through Sunday, 1-4 p.m. (closed Monday). **(Volunteers must be 16 years or older)**

Volunteer Opportunities:

- The volunteers at Grateful Paw welcomes volunteers to come to the shelter to provide companionship, grooming and playful interaction for the cats who are housed in rooms, not cages. The shelter also encourages students and their families to "sponsor a cat" for a minimum donation of \$30.00. Great chance for cat lovers to get their fill!

Volunteer Web Sites

1. www.volunteermatch.org (plug in your zip code for opportunities in your area)
2. www.cgauxoysterbay.org The Coast Guard Auxillary has a base at the Waterfront Center in Oyster Bay. Looking for longer term community service, must provide background check, fingerprinting. Great for those interested in pursuing boating interests. (Volunteers needed to assist in boater education) 516-624-8724 Must be 17 and up.
3. www.habitat.org Rebuilding homes “Habitat for Humanity” click “get involved” and your zip code for a home near you.