

Commonly Used APE Assessment/Evaluation Tools

1. <http://www.pecentral.org/adapted/adaptedassessmentchart.html>

This is an excellent chart that outlines various assessments

2. Competency Test of Adapted Physical Education (CTAPE)

www.twu.edu/downloads/inspire/CTAPE_2008.pdf

- contains minimum standards for RPE in grades K – 10
- not biased against a racial or gender group
- fairly well balanced with regard to being challenging without being frustrating
- discriminates between children who have average motor skills and children who have significantly below average motor skills
- helps identify specific errors in each skill
- consists of six testing levels, each addressing the identified grade level minimum standards in the competency based curriculum for RPE. Chronological age is the determining factor in selecting the appropriate testing level.
 - I 6 years 0 months - 7 years 6 months
 - II 7 years 7 months - 8 years 11 months
 - III 9 years 0 months - 10 years 11 months
 - IV 11 years 0 months - 12 years 11 months
 - V 13 years 0 months - 14 years 11 months
 - VI 15 years and older

3. Body Skills - Motor Skills Inventory (modified) Out of print

Available for loan from the APE department at Charlotte-Mecklenburg Schools. 980-343-2684

4. Test of Gross Motor Development 2 (TGMD-2) Available from lending library

- Norm referenced measure of common gross motor skills
 - Run, gallop, hop, strike, kick, throw, etc...
- Used for students ages 3 through 10-11
- Comes with detailed illustrations of each task
- Additional scoring packets available for order (\$67.00/per packet)
- Differentiates between average and significantly below average gross motor skills
- <http://www.proedinc.com/customer/productView.aspx?ID=1776>

5. Developmental Programming For Infants and Young Children - Michigan MATP

6. Modified Motor Skills Inventory (have copy)

7. Motor Activities Training Program (MATP)- Skills Assessment

The MATP is a good, quick abilities checklist for students with severe limitations. It looks at sensory awareness, mobility, wheelchair use, dexterity, striking, and kicking.

The modified version is available for loan from the APE department at Charlotte-Mecklenburg Schools. 980-343-2684

8. LEA specific skills checklist

9. Bruininks-Oseretsky Test of Motor Proficiency (BOTMP)

Author: Robert Bruininks, ----Oseretsky

Purpose: Developmental motor skills

Age Range: 4.5 –14.5 years

Areas Tested: Balance, strength, coordination, running speed and agility, upper limb coordination (ball skills), dexterity, fine motor control, visual-motor

10. University of Virginia (with permission)

11. San Luis Obispo DS GMS
12. Sherril's check list
13. Region 10
14. PS-Social and recreation assessment
15. K-MS-Univ of Virginia
16. PS-McRel
17. FitnessGram
18. Essential Standards/Healthful Living <http://www.dpi.state.nc.us/acre/standards/new-standards/#healthful>
19. Observation/Description/stopwatch data from PE Class