

New Auburn Silver Lake



Promoting Lifelong Learning

WINTER/SPRING 2019

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Contact Community Education & Panther Field House

The GSL Community Education Office is located in the Panther Field House in Glencoe.

Office Hours: 8:00 a.m. - 4:30 p.m.

Community Education Main Phone: 320-864-2690

o Matt Muenchow 320-864-2696 o ReNae Jenson 320-864-2493 o Jane Goettl 320-510-2201 o Community Ed Activity Line 320-864-2487 o Panther Field House 320-864-2690

Website: www.gsl.k12.mn.us - Click on COMM ED/ECFE

Community Education Mission Statement:

The mission of Community Education is to engage people of all ages in creating a lifelong learning environment and provide opportunities for all community members to reach their full potential as an individual, as a family, and as public citizens.

Community Education Advisory Council Members

Jamie Alsleben Trevor Butcher Kirsten Dean Laura Donnay Jon Lemke

Nancy Mellesmoen

Rick Roepke Joel Voelz

Schedule Your Birthday Party!!

GSL Community Education and the Panther Field House offers birthday party packages! Come and use the space at one of our school buildings for an ultimate birthday party experience! You bring the decorations and other drinks/food, we supply the cake. To sign-up for a birthday party, please contact us at 320-864-2690. Party dates are available based on space availability. All packages are for 4 hours.

Party Package #1 Pool Party - \$150

Includes up to 15 children, 1 1/2 hour of pool time (one lifeguard) during the 4 hours of room time for cake, ice cream, gift opening, and games. Package also includes 1/4 sheet cake from Coborn's, 2 gallons of punch, balloon bouqet, and basic paper products (forks, plates, napkins, and cups).

Party Package #2 Gym Party - \$125

Includes up to 15 children 2 hours of gym time during the 4 hours of room time for cake, ice cream, gift opening, and games. Package also includes 1/4 sheet cake from Coborn's, 2 gallons of punch, balloon bouqet, and basic paper products (forks, plates, napkins, and cups).



Lap Swim

Lap swimming is a great way to add variety to your exercise routine and stay in shape. Swimming improves cardiovascular health. Please check the monthly schedule at the Panther Field House or by calling 320-864-2690.

Fee: \$3 for non-members or Free for Panther Field House members who have a full membership.

Open Swim

Jump in for some fun during open swim time. The time is an unstructured, casual swim time with no organized activities. You must have passed Level 2 swim or be accompanied by an adult. Please check the monthly schedule at the Panther Field House or by calling 320-864-2690.

Fee: \$3 for non-members
Free for Panther Field House members
who have a full membership.

Non-School Day Open Swim

This is a great opportunity to have fun with your friends and family. Participants must have passed Level 2 swim or be accompanied by an adult.

Fee: \$3/person or \$7/family

Daytime Water Walking

Class takes place in our heated indoor pool in shallow water. Instructors lead the class through a light-intensity cardio workout that consists of walking around in the water. Different types and styles of walking movements are performed such as forward, backward, and side-to-side. Please check the monthly schedule at the Panther Field House or by calling 320-864-2690. Fee: \$3 for non-members Free to PFH Members with full membership.

Daytime Water Exercise

This class is designed with the older adult in mind and combines a light to moderate aerobic workout with exercises in the shallow water to help increase endurance, core strength and flexibility. There is limited use of equipment. Please check the monthly schedule at the Panther Field House or by calling 320-864-2690.

Fee: \$3 for non-members

Free to PFH Members with full membership

ADULT BASIC EDUCATION

ELL/ESL, Basic Skills, and GED Preparation

Adult Basic Education (ABE) Learner Eligibility

Adult Basic Education means services or instruction below the post-secondary level for individuals:

- A) Who are at least 16 years old; and
- B) Who are not enrolled or required to be enrolled in secondary school under State law; and
- C) Who qualify under one or more of the following conditions:
- a. Lack sufficient mastery of basic educational skills that enable the individuals to function effectively in society; or
- b. Do not have a high school diploma or its recognized equivalent and have not achieved an equivalent level of education; or c. Are unable to speak, read, or write the English language.

ABE alumno de elegibilidad

Educación Básica de Adultos, los servicios o la instrucción por debajo del nivel postsecundaria para los individuos:

- A) ¿Quiénes son por lo menos 16 años de edad, y
- B) ¿Quién no están matriculados o con obligación de estar inscritos en la escuela secundaria en virtud de la legislación del Estado, y
- C) ¿Quién acogerse a una o más de las siguientes condiciones:
- a. Carecen de suficiente dominio de las competencias educativas básicas que permitan a las personas funcionar eficazmente en la sociedad, o
- b. ¿No tienes un diploma de escuela secundaria o un equivalente reconocido y no han logrado algun equivalente de la educación, o
- c. No tienen la enpacudad de loer, escribir o comuncarse en el idioma del inglés.

CLASS SCHEDULE

Students may attend any site within the consortium. Classes are on-going. Please contact the preferred site to become enrolled. Once a site is selected, the student must remain with that site until service is completed.

GLENCOE-SILVER LAKE - Lincoln Elementary School

Instructor: Nancy Mellesmoen 1621 East 16th Street, Glencoe

Thursdays & Thursdays - 6:30-9:00PM

Contact GSL Community Education at 320-864-2690

GED-i, online, GED Preparation (NEW)

Students in Minnesota may prepare for the GED battery of exams online with the support of an Adult Options In Education teacher. With the GED-i program, adult students who have online access, and are eligible for Adult Basic Education services, may choose to prepare for the GED exams at home, at their own pace. For more information about GED-i, send an email to: adminged.i@gmail.com

Adult Basic Education (ABE):

Strengthen your skills in: math, reading, writing and key boarding. Gain confidence in test taking, completing job applications, and resume writing.

Educación de Basica de Adultos: Refuerza sus habilidades en: Las matemáticas, Lectura, Escritura y teclado, Adquirir a comfianza para tomar examenes, Completando solicitudes de empleos, y escribir un curriculo.

GED-General Educational Development:

For those not currently enrolled in high school. FREE individualized instruction to prepare for the G.E.D. tests to earn a high school equivalency diploma.

El Desarrollo Educational GED-GENERAL:

Para personas no actualmente matriculadas en el instituto. Instruccion Gratuita individualizada la preparacion del G. E. D. las pruebas para obtener un diploma equivalente de escuela secundaria.

English as a Second Language:

If English is not your native language, ESL classes can help. Learn to understand, listen, speak, read, and write in English, and understand American Culture.

ESL-inglés como su Segunda Idioma:

Si inglés no es su primer idioma, las clases de ESL pueden ayudarle. A entender, escuchar, hablar, leer y escribir en inglés, y entender la Cultura norteamericana.

These classes are free and offered at convenient times for adult learners. Estas clases son gratuitas y se ofrecen en tiempos convenientes para los estudiantes que son adultos.

READERS' THEATRE

Everyone gets a part! Everybody has a good time! No memorizing, costumes or makeup! Learn to communicate powerfully with your voice, to have fun with a great writer or two, to develop the skills needed to go on to true stardom, or just to improve your speaking reading and public presence.

Instructor: Homeward Bound Theatre Company

Course: #3105

Date: Tuesday, February 25 Time: 6:00PM - 8:30PM

Location: GSL Community Room

Cost: \$35

DABBLING IN SONGWRITING

You'll learn how to take those melodies that play in your head and put them down on paper. You don't need to be able to play the piano or guitar to become a songwriter. No previous experience is necessary. You'll be having a fun time as you learn the basic "do's and don'ts" of beginning songwriting.

Instructor: Homeward Bound Theatre Company

Course: #3110

Date: Monday, March 16 Time: 6:00PM - 8:30 PM

Location: GSL Community Room

Cost: \$35

SPEAK WELL AND WIN!

Whether you are speaking before a large crowd, a committee or your employer, this class will sharpen your presentation skills. You will learn breathing, projection, body movement and especially how to remain calm and in control.

Instructor: Homeward Bound Theatre Company

Course: #3115

Date: Tuesday, April 21 Time: 6:00PM -8:30PM

Location: GSL Community Room

Cost: \$35

Panther Field House

Visit our website at www.gsl.k12.mn.us Click on Comm Ed then on Panther Field House

Membership Includes

- * Indoor Walking
- * Batting Cage
- * Racquetball
- Lap Swim
- * Open Swim
- * Free Weights
- * Aquacise Classes
- * Aerobics Classes
- * Stair Climbers
- * Treadmills
- * Stationary Bikes
- * Ellipticals
- * Circuit Equipment And Much More!!

Membership rates are as low as \$.83/month if you have one of the following insurance groups: Medica Health Partners Preferred One **UCare** SilverSneakers Silver and Fit

Stop by for more information on insurance benefits.

ADULT ENRICHMENT

One-on-One Computer Skills

You will have 100% of the instructor's attention to assist you with whatever computer needs you have. Spend 1 1/2 hours or 2 - 45 minute sessions with a highly qualified trainer that will focus on your specific needs. Some examples of possible topics are: basic computer skills, emailing, software applications such as Word or Excel, and so much more. Prior to your tutoring session, the instructor will call you to discuss your individual needs so they are prepared to work with you. Please bring your own laptop or device to use at the session. Once registered Community Education will connect you with the teacher to arrange a schedule.

Course: # 546 Fee: \$70

Medicare Basics Part A-D

Is Medicare in your near future? Do you have questions about what it covers? If you plan to enroll within the next year, this class has the answers for you!

Registration Deadline: 2/11/2020

Course: # 583

Dates: Tuesday, 2/18/2020 Time: 6:30PM -7:30 PM Location: Panther Field House

Community Rm

Fee: \$5

Caregiver Support Group

Caregiver support groups are a safe place for caregivers to discuss their experiences and share resources. Groups also provide caregivers with information training and tools, and assist caregivers in building a supportive network.

Caregiver support groups meet monthly for one hour. All caregivers are welcome and invited to attend as they are available. For general inquiries about Lutheran Social Service of Minnesota Caregiver Support & Respite Services, call 1.800.488.4146.

CPR and First Aid - Adults

This class will cover adult, infant, and child CPR and AED. This course uses more technical terminology and has a multiple choice exam at the end. This certification is valid for two years.

Instructor: Kirsten Dean

Fee: \$54

Course #: 2151A

Date: Monday, 2/17/2020 Times: 5:00PM-9:00PM

Location: Panther Field House

Community Rm

ADULT ENRICHMENT

First Time Home Buyer Class

Looking to buy a home for the first time? Don't learn the hard way; take our First Time Home Buyer Class! This class will teach you the basics you need to know before buying a home, including everything from pre-qualification to closing the deal. We'll cover topics such as: what mortgage is right for you, what affects your interest rate, what's in the purchase agreement, the importance of a home inspection.

Registration Deadline: 1/7/2020

Course: # 472

Dates: Tuesday, 1/14/2020 Time: 6:00PM -7:30PM

Location: Panther Field House

Community Rm

Fee: \$15

Understanding Your Smart Phone

Your phone is smarter than you may think! This class will help you get a head start when using a new device you aren't familiar with. It will teach you simple applications that will make your life easier and introduce just a handful of the thousands of useful apps out there for you. Build your confidence with the basics of using a smartphone so you can continue to get more and more from your technology.

Registration Deadline: 3/10/2020

Course: # 472

Dates: Tuesday, 3/17/2020 Time: 11:00AM-12:00PM Location: Panther Field House

Community Rm

Fee: \$15

Driver Discount

4 Hour Refresher Class

This refresher class is for those who have taken the full 8- Hour course. A refresher course is required every 3 years in order to maintain an insurance discount.

Instructor: Steve Soefker

Course #: 711 – January Date: Wednesday, 1/15/2020 Time: 9:00AM-1:00PM

Location: Panther Field House Community Rm

Fee: \$22

Course #: 711 – February Date: Wednesday, 2/12/2020 Time: 5:30PM-9:30PM

Location: Panther Field House Community Rm

Fee: \$22

Course #: 711 – March Date: Wednesday, 3/18/2020 Time: 9:00AM-1:00PM

Location: Panther Field House Community Rm

Fee: \$22

Course #: 711 – April

Date: Wednesday, 4/15/2020 Time: 1:00PM-5:00PM

Location: Panther Field House Community Rm

Fee: \$22

Course #: 711 – May

Date: Wednesday, 5/13/2020 Time: 5:30PM-9:30PM

Location: Panther Field House Community Rm

Fee: \$22

Course #: 711 - June

Date: Wednesday, 6/10/2020 Time: 9:00AM-1:00PM

Location: Panther Field House Community Rm

Fee: \$22

ADULT RECREATION

SILVER LAKE FITNESS

Indoor Walking

Did you know that regular brisk walking can help you:

- Maintain a healthy weight.
- •Prevent or manage various conditions, including heart disease, high blood pressure and type 2 diabetes.
- •Strengthen your bones and muscles.
- •Improve your mood.
- •Improve your balance and coordination.

Meet your friends and walk in a safe and warm location!

Dates: Sundays, 1/19/2020-2/23/2020

Time: 3:00PM-5:00PM

Location: Lakeside Elem School

Fee: Free to Panther Field House Members or \$2 per person,

\$7 per family. Payable at the door.

Open Gym

Enjoy some time in the gym this winter. Shoot some hoops, run off some energy or simply just spend some time as a family.

Dates: Sundays, 1/19/2020-2/23/2020

Time: 3:00-5:00 PM Location: Lakeside Gym

Fee: Free to Panther Field House Members or \$2 per person,

\$7 per family. Payable at the door.

Karate (Ages 7 and Above)

Martial Arts have long been recognized for its benefits to its practitioner. Better physical and mental health, improved character and self-confidence that comes with physical effort with a purpose. The Shotokan style of Karate brings with it the traditions of Okinawa and Japan as well as modern approaches to learning and character development. Classes involve physical conditioning, learning blocks, strikes and kicks and the proper use of those elements. Students will have the opportunity to participate in tournaments and in the region. Karate is an on-going activity. New students are invited to join

January 6, 2020.

Instructor: Sensei Lisa Bohnert

Course #: 0008

Dates: Mondays & Thursdays beginning January 6, 2020.

Location: Lincoln Elementary Gym

Beginners: 6:30PM-7:30PM Advanced: 6:30-8:30 PM Fee: \$30/month/individual or \$50/monthly/family

Adult Fitness Classes

Are you trying to improve your health? Come participate in our group exercise classes. We offer classes for all ability levels!

\$3.00 per class

*Check out our monthly specials

*Kettle Bells

*Full Body Workout

*Strength, Core and More

*Boot Camp

*High Intensity Interval

Training (HIIT)

*Step Aerobics

*Silver Sneakers

*Water Walking

*Water Exercise

and so much more!

Become a PFH member to save money and utilize your insurance benefits.

ADULT RECREATION

Pickleball Leage

A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn. Come join our recreational doubles/single league on Wednesday mornings from 9:00AM-11:00AM.

Equipment is available.

Course: #2160

Dates: Wednesdays/Fridays Time: 9:00AM-11:00AM

Fee: FREE full PFH Members \$20 - non PFH members** \$3 per individual session

Location: PFH Gym 2

**Contact Community Ed for specific dates for \$20 pass

SilverSneakers Fitness

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles and Silver Sneakers balls are offered for resistance. A chair is available if needed for seated or standing support

Dates: Tuesdays & Thursdays

Time: 9:00AM-10:00AM

Fee: FREE Full PFH members

\$3 - non PFH members Location: Panther Field House

PANTHER FIELD HOUSE & MCLEOD COUNTY CHRONICLE PRESENT "40 Day Fitness Challenge"

Dates: 1/7/2020-2/25/2020

Teams of 2 people – minimum of 10 teams

Course: #1550

Registration Deadline:

Cost: \$25 per person, includes access to the Panther

Field House during the competition

\$5 per person if already a member of the Panther

Field House

Weigh-Ins:

*Private weigh-ins will be on the following dates 7:00AM -6:00PM

January 14 January 28

February 11

February 25

While we measure weight and pounds lost each week, the competitive number is the percent of weight lost per team.

Prizes:

1st place: \$50 cash per team member

2nd place: \$20 gift certificate to the PFH per team

member

3rd place: 3 month subscription to the McLeod County Chronicle

**A certificate for dinner for 2 and a show at Chanhassen Dinner Theatres will be awarded to the top female and top male loser.

Additional Fitness Classes are offered through the Panther Field House.

Classes are free with a full membership or \$3/class for non-members.

Classes Include: Kettle Bells, Boot Camp Strength, Core and More!

PANTHER ADVENTURE CLUB

School Age Care



What is "PAC" (Panther Adventure Club) all about.....

Our program is designed to meet the needs of students in a variety of ways. We offer elementary age students a variety of activities ranging from: gym time, art, craft & science and quiet, down time with board games and puzzles. On full release days we often take field trips to local attractions, swim at the pool, Glencoe Library, and other exciting places. Everything your child needs to have fun, in a safe and wellsupervised environment, with caring and professional staff.

Whether you need care in the morning or after school every day, or you are looking for some options for your child, the Panther Adventure Club program is here for you!

Caring / Professional Staff

•Special Events / Programs

•Fun & Educational Activities

Quality Care

Afternoon Snack/Breakfast

Location: Lincoln Elementary

1621East 16th Street, Glencoe

Phone: 320-510-0116

Hours of Operation:

6:30-8:15 AM Monday through Friday (Before school) 3:10-6:00 PM Monday through Friday (After school) 6:30-6:00 PM Non-School Days - As scheduled

Transportation:

Morning PAC program – Transportation to school from the PAC site is provided

Afternoon PAC program – Transportation from your child's school to the PAC site is provided.

Transportation times will coincide with the regularly scheduled bus routes for your child's school. Drop off and pick-up are at Lincoln Elementary.

Meals: Breakfast is included with the AM program and is optional.

Afternoon snack is included with the PM program and is optional. Lunch <u>IS NOT</u> provided on full release days.

Dates: School Year program ends Thursday, May 28. The 2020

Summer Program will begin on Friday, May 29

Please note all dates are subject to change, as the GSL

school calendar changes.

Non-school days when PAC is open for Full release days if

care is needed:

December 23,26,27,30 & 31

February 17 March 2 April 9, 13 & 14

Days when PAC is closed:

December 24 & 25 January 1 April 10 May 25

Fees: Weekly fee for school year participation both morning and

after noon care is \$55 per child.

Daily morning fee is \$4.50 and daily afternoon fee is

\$7 per child.

Non-school is \$26 per child.

Fees are based on the schedule you provide. Students who miss due to illness or other reasons are still responsible for their full, weekly tuition.

Registrations: Registration Fee of \$10.00 per child needs to be paid

prior to child attending the program.

- Registration/Activity fees are nonrefundable.

SPECIAL EVENTS & TRIPS

Lowery Nature Center

Snowshoeing is winter hiking. Lash on a pair of these woven frames and you've commandeered the great outdoors. If tall twisted trees and lake views are up your alley, take a tromp along the 1.4-mile Maple Trail loop. Between jaunts through the woods, you'll have the chance to take in views at two overlooks. Toward the end of the loop, a boardwalk through frozen wetlands gives you a view of the forest's edge. Keep a lookout for birds heading toward Lowry's buzzing feeders! Once we have wrapped up our snowshoeing hike, we will head over to Winchester and Rye in Victoria for lunch to end the trip. Snowshow rental is available for \$5. Lunch is not included in fee.

Registration Deadline: 1/28/2020

Course: #769 Fee: \$35

Date: Tuesday, February 18, 2020

Departing Panther Field House at 9:00AM

Estimated Return 2:45PM

Bell Museum and Planetarium

Visit Minnesota's official natural history museum and planetarium. This museum features a digital planetarium, high-tech exhibits, our famous wildlife dioramas, outdoor learning experiences and more.

Explore the far reaches of the universe in the Whitney and Elizabeth MacMillan Planetarium, see a glimpse of the diversity of life on Earth and throughout Minnesota, travel back in time to meet a woolly mammoth, and learn about the University of Minnesota researchers imagining a better future.

Fee includes motor coach transportation and entrance fees. Does not include lunch. Food Trucks available at the museum for lunch.

Registration Deadline: 1/2/2020

Course: #774

Fee: \$47

Date: Thursday, 1/30/2020

Departing Panther Field House at 8:30AM

Estimated Return 4:45 PM

SPAM® Museum & Mower County Historical Society

Our day will begin with a trip to the SPAM Museum and Vistor Center. The SPAM® Museum is stuffed with interactive exhibits that bring the iconic history of the SPAM® Brand to life like you've never seen it before! Go behind the scenes and behind the can for an experience adults and kids will savor. Participants are invited to grab a bite to eat in Austin or bring their lunch. After lunch we visit the Mower County Historical Center to explore on our own.

Registration Deadline: 2/13/2020

Course: #770

Date: Thursday, 3/12/2020

Departing Panther Field House at 8:00AM

Estimated Return 5:00PM

Fee: \$35

YOUTH ENRICHMENT

Babysitting Training Course

This is your chance to become a trained babysitter. We will cover appropriate games and activities, telephone common sense, basic first aid, good decision making skills, and much more. Students should bring a doll to class. Participants must be 11 years old by the start of the class.

Registration Deadline: April 7

Course: #2510

Instructor: Kirsten Dean Date: Tuesday, 4/14/2020 Times: 12:30PM-3:30 PM

Location: GSL Community Room

Fee: \$35

Home Alone

(Grades K-8)

This class will cover the basics of staying home alone and coming and going home safely. Topics of discussion include appliance safety, responsibilities, house rules, first aid and more. Students will feel confident and educated to stay home after attending this class. Question and answer time provided. Students will leave with take home materials.

Registration Deadline: February 10

Course: # 432 Fee: \$15

Date: Monday, 2/17/2020 Time: 12:30 PM-3:30 PM

Location: GSL Community Room

Private Tutoring

One-on-one instruction in the areas of math and reading. This is a great opportunity to get an extra boost or additional support for students. Sign-up for as many sessions as you would like. Once registered Community Education will connect you with

the teacher to arrange a schedule.

Course: # 491 Fee: \$25 per hour

Date & Times: As scheduled

Balloon Rocket Car Racing Fun (Grades K-6)

America's Fun Science and "Dr. Fun" present an introduction to basic rocket theory, wheel and axle design and construction in a fun, hands-on setting. Learn about Newton's Third Law and its application to balloon rocket car design as you assemble your own colorful rocket car and race to the finish! Then take your Balloon Rocket Car home to impress friends and family. (Note: uses

latex balloons.)

Instructor: America's Fun Science.

Registration Deadline: February 10

Course: #2510

Dates: Monday, 3/2/2020 Times: 9:30AM-10:30AM

Location: GSL Community Room

Fee: \$20

"Bots Good" Maze Fun (Grades K-3)

Fun way to gain a solid theoretical understanding of electrical circuits and magnetism! "Dr. Fun" from America's Fun Science presents a hands-on, electrical robotics class featuring Bee-Bot®. This is a great STEM introduction to coding experience. Learn to program your Bee-Bot to navigate a maze using up to 40 different commands! And make a simple LED "throwie" to take home. Challenging and fun!

Instructor: America's Fun Science
Registration Deadline: February 10

Course: #2511

Dates: Monday, 3/2/2020 Times: 10:45AM-11:45 AM

Location: GSL Community Room

Fee: \$20

YOUTH ENRICHMENT

Advanced Rocket Design (Grades 3-6)

Engage in hands-on activities that teach and reinforce the basics of Newton's third law of motion. "Dr. Fun" from America's Fun Science will show each student how to build a reusable, individualized outdoor rocket with parachute to take home for hours of fun with friends and family. This STEM activity will cover the basics of rocket design and construction using recycled materials.

Instructor: America's Fun Science

Registration Deadline: February 10

Course: #2512

Dates: Monday, 3/2/2020 Times: 1:30PM-2:30PM

Location: GSL Community Room

Fee: \$22

Harry Potter Potions (Grades K-6)

In this class you will learn simple Hogwarts' magic, no trip to Diagon Alley required. Harry's, Hermione's and Ron's will have a blast brewing these mystical mixtures. Students are welcome to bring a snack.

Registration Deadline: February 3

Class #2573

Date: Monday, 2/17/2020 Times: 1:00PM-2:30PM

Location: Panther Field House

Fee: \$19

Geometric Canvas Art (Grades K-8)

Students will create a masterpiece using the simple medium of paint. Students will design their own masterpiece using their choice of colors. All supplies will be provided. Each student will create one large canvas design. No experience necessary!!

Registration Deadline: February 10.

Course: #2251

Fee: \$19

Date: Monday, 2/17/2020 Time: 9:00AM-10:30AM

Location: Panther Field House

Art Club

Grades 2-6

During Art Club, students will create individual and group art projects. Projects will include working in clay, making plaster crafts, drawing and painting. Parents will need to pick up students at the end of class at Lincoln Elementary school.

Registration Deadline:

January 28

Instructor: Andrea Wigern

Course: #1007

Dates: Tuesdays 2/4/2020-

3/31/2020 No class 2/11

Times: 3:15PM- 4:45PM

Location: Lincoln Elementary Art

Room #207 Fee: \$75

Slime Time (Grades 3-6)

Come explore the messier side of art in this fun-filled class. We will roll up our sleeves, and make a mess as we mix up a batch of some of the most popular types. Making a mess is the best, especially when you leave the mess with us!

Registration Deadline: January 30.

Course: #2259 Fee: \$19

Date: Thursday, 2/6/2020 Time: 3:15PM-4:30PM

Location: Panther Field House

YOUTH ENRICHMENT

WHERE THE WILD THINGS ARE

Grades K-3

Creative dramatics and movement with fun and focus; theatre games; and pantomime. Learn elements of theatre. Develop individual imagination and group cooperation acting out of children's literature. "Caps for Sale", "Three Billy Goats Gruff", "Goldilocks and the Three Bears", "The Three Little Pigs" & Maurice Sendak's "Where the Wild Things Are".

Instructor: Homeward Bound Theatre Company

Registration Deadline: January 9, 2020

Course: #812

Date: Tuesdays, 4/21/2020 - 5/5/2020

Time: 3:30PM - 5:00PM

Location: GSL Community Room

Fee: \$39

SHEL'S ADVENTURES

Grades 3-6

"Listen to the MUSTN'TS, child, Listen to the DON'TS, Listen to the SHOULDN'T, The IMPOSSIBLES, the WON'TS. Listen to the NEVER HAVES, Then listen close to me—Anything can happen, child, ANYTHING can be." Shel Silverstein's much loved book "Where the Sidewalk Ends" comes to life as you rehearse and perform selections like "Sarah Silvia Cynthia Stout", "Hug O' War" & "Listen to the Mustn'ts" for family and friends! Instructor: Homeward Bound

Theatre Company

Registration Deadline: February 4, 2020

Course: #837

Date: Tuesdays, 2/11/2020 - 2/25/2020

Time: 3:30PM - 5:00PM

Location: GSL Community Room

Fee: \$43

BEAT GOES ON

Grades K-3

By the use of rhythm instruments, hand clapping, musical games and songs you'll be introduced to the rhythmic side of music. You'll leave this class with your toes tapping.

Instructor: Homeward Bound
Theatre Company

Registration Deadline: March 2, 2020

Course: #841

Dates: Mondays, 3/9/2020-3/16/2020

Time: 3:30PM - 5:00PM

Location: GSL Community Room

Cost: \$39

Pantherette Dance Grades 1-6

Join the fun at GSL's Dance Team Dance Clinic, Tuesday, February 11. This camp will include dance instruction, clinic T-Shirt, and supper. GSL Dance team members will teach age appropriate routine. No dance experience is necessary. Registration is limited, so register early! Participants should wear black stretchy pants and tennis shoes.

Registration Deadline: January 20, 2020

Course: #2631

Date: Tuesday, 2/11/2020

Time: 4:30PM

Location: Meet in the GSL Commons Area (Former GSL High School Cafeteria)
Fee: \$28 (includes t-shirt and supper)

**Parents/Guardians will have to pay admission to watch their child perform at half time.

Strength, Core and More for KIDS (Grades 6-8)

This is a be ready for anything type of class! Participants will work on overall strength, balance, agility and flexibility while using a variety of equipment and body weight exercises. This class is for beginners to advanced.

Instructor: Susie Hedtke Time: 3:20PM-4:00PM

Course: #4047

Location: Panther Field House

Fee: \$12

Dates: Thursdays, 2/6-2/27 (3 sessions-No class on 2/13)

Kids Bootcamp Grades K-6

The goal of this class is to get kids moving and to have fun doing it! Class will consist of sports drills, calisthenics, fitness games and more! Please bring a water bottle and come ready to work!

Grades K-2

Instructor: Susie Hedtke Time: 3:15PM-4:00PM

Location: Panther Field House

Session 1 Tuesdays, 1/7/2020-1/28/2020

Course: #4045A No class 1/21 Fee: \$12/session

Session 2 Tuesdays, 2/4/2020-2/25/2020

Course: #4045B Fee: \$15/session

Session 3 Tuesdays, 3/3/2020-3/24/2020

Course: #4045C Fee: \$15/session

Grades 3-6

Instructor: Susie Hedtke Time: 3:15PM-4:00PM

Location: Panther Field House

Session 1 Thursdays, 1/9/2020-1/30/2020

Course: #4048A Fee: \$15/session

Session 2 Thursdays, 3/5/2020-3/26/2020

Course: #4048B Fee: \$15/session

Am I in?

Yes! We will notify you only if your class selection is full or cancelled. You will receive an email confirmation only if you provided an email address on your registration.

Basketball

Panther Basketball 10,000 Shot Club Grades K-12

The GSL Panther Basketball 10,000 Shot Program is a chance for you to improve your shooting skills giving you a goal you can achieve. Attempting 10,000 quality shot attempts is all it takes to

become a member of the club. Challenge yourself or challenge your friends, but get out there and get it done. Once you register, you will be provided with the forms necessary to complete the program.

Course: #1702

Dates: Register anytime, must complete the

program by September 30, 2020

Fee: FREE

Ages 4-6 Skills and Drills Basketball Camp

Join the fun at this basketball camp for ages 4-6 boys and girls! Kids will learn and practice fundamental skills of basketball! Instructions on shooting, dribbling and passing skills will be taught along with fun games and basketball drills. Come join the fun in this camp!

Registration Deadline: February 25, 2020

Course: #4601

Dates: Tuesdays, 3/3/2020-3/24/2020

Time: 6:00 PM-7:00PM Location: Lincoln Elementary

Fee: \$19

Youth Basketball Camp (Grades K-6)

Join Head Coach Jeff Monahan to learn defensive and offensive techniques. This camp will focus on footwork, ball handlings, and shooting strategies to help you improve your game.

Registration Deadline: March 17, 2020

Grades 1-3 Course: # 4579A

Dates: Tuesday 3/24 and Wednesday 3/25

Time: 3:30PM-5:30PM

Location: Lakeside Elementary Gym

Fee: \$29

Grades 4-6 Course: # 4579B

Dates: Tuesday 3/31 and Wednesday 4/1

Time: 3:30PM-5:30PM

Location: Lakeside Elementary Gym

Fee: \$29

Mark your calendar and register by the noted deadline to ensure you have a space in the class or activity.

Softball Camp - Grades 1-8

This camp will teach young players the fundamentals that they will use as they progress in the GSL softball program. It teaches the techniques of hitting, fielding, and pitching. This camp is instructed by GSL Head Coach Steve Davis along with other GSL softball coaches and varsity players. Campers receive one on one instruction. This is a great opportunity for young players to receive great instruction prior to their season. This camp does not include a shirt.

Registration Deadline: March 2, 2020

Course: #4618

Dates: Monday, Tuesday, Thursday 3/9/2020-3/12/2020

Times:5:30PM - 7:00PM

Location: GSL Junior - Senior High School Gym Purple

Fee: \$39

Referees & Umpires Needed

GSL Community Education supplies baseball umpires for many youth. If you know the sport and are ready to learn, we will help you become trained. Your help is needed for games from early May until the middle of July. Referees are paid for officiating. If you are interested, please contact Community Education at 320-864-2690

BASEBALL HATS

Hats are only included in the Crow River League Registration Fee (1 per player). If you would like to purchase a hat for yourself or a younger player, this is your opportunity.

BLACK ADJUSTABLE BASEBALL HAT

Hats will be solid black adjustable with the Panther "P" in silver on the front.

Please indicate hat size when ordering small/medium or large/x-large

Registration deadline to order is May 1, 2020

Courses: #0037 Fee: \$10

GRAY & WHITE FITTED BASEBALL HAT

Fitted white and gray hat with Panther "P" on the front. Pelase indicate hat size when ordering x-small/small (6 5/8 - 7), small/medium (7 - 7 1/4) or

large/xtra large (7 1/4 - 7 5/8)

Registration deadline to order hats is March 15, 2020

Course: #0038 Fee: \$20

2020 Baseball

Youth T-Ball (Ages 4-6 with Adult)

T-Ball is a perfect way to introduce children to the skills and fundamentals of baseball and softball! Parent/guardian participation is required. Our focus is on skills, instruction, proper technique and fun. Participants practice is one night a week in either Plato or Glencoe.

Registration Deadline:5/8/2020

Course: #8100A – Tuesday Glencoe

Time: 5:30PM-6:15PM

Dates: Tuesdays, 6/9/2020-7/21/2020

No T-Ball June 30

Fee: \$12

Course: #8100B - Tuesday Glencoe

Time: 6:30PM-7:15PM

Dates: Tuesdays, 6/9/2020-7/21/2020

No T-Ball June 30

Fee: \$12

Kindergarten Baseball

This program will teach, review and build on the skills of each player. Player must have completed grade K. This is an in-house league that plays other GSL teams. Practice one night a week with a game the other night. Teams will play on the fields north of the GSL High School and the Plato Fields.

Registration Deadline: 5/8/2020

Course: #8150

Dates: Mondays & Wednesdays, 6/8/2020 to 7/15/2020

*No practice or games the week of June 29

Time: 6:00PM-7:30PM

Locations: Plato or GSL High School Fields Fee: \$25 (\$7 additional for optional last name

on the back of the shirt)

Grades 1-2 Baseball

This program will teach, review and build on the skills of each player. Player must have completed grade 1 or 2. This is a league that plays other GSL teams and a few other towns in the area including Silver Lake, Lester Prairie, Winsted, etc. Practice one night a week with a game the other night. Teams will play on the fields north of the GSL High School and the Plato Fields. Volunteer coaches are needed to help. If you are able to help please indicate it on your registration form

Registration Deadline: 5/4/2020

Course: #8200

Dates: Mondays & Wednesdays, 6/8/2020 to 7/15/2020

*No practice or games the week of June 29

Time: 6:00-7:00 PM

Locations: Plato Fields or fields behind the GSL High School

Fee: \$25 (\$7 additional for optional last name on

the back of the shirt)

Grades 3-6 Evening Recreational Baseball & Softball

This program teaches skills in a recreational setting. Practices and games are teachable moments. Volunteer coaches are needed to help coach the team(s). Teams will play games against other teams such as Waconia, NYA, Hutchinson, etc. Grade 3-4 is machine pitched and Grade 5-6 is player pitched. Teams will play on the fields north of the GSL High School and the Plato Fields. Fee includes jersey rental, \$20 refund will be given if returned by 8/1/2020.

Registration Deadline: March 15, 2020 BASEBALL

Course: #4770 – 3/4 Baseball Fee: \$65

#4770 – 5/6 Baseball Fee: \$75

Dates: Tuesdays & Thursdays, 5/5/2020 to mid-July

*No practice or games the week of June 29

Time: 6:00-7:30 PM

SOFTBALL

Course: #4345 – 3/4 Softball Fee: \$65 #4346 – 5/6 Softball Fee: \$75

Dates: Mondays & Wednesdays, 5/4/2020 to mid-July

*No practice or games the week of June 29

Time: 6:00-7:30 PM

Baseball Camp (Grades 1-6)

This camp will teach young players the fundamentals that they will use as they progress in the GSL baseball program. It teaches the technique of hitting, fielding, and pitching. This camp is instructed by GSL Head Coach Dean Schwirtz along with other GSL baseball coaches and varsity players. Campers receive small group instruction. This is a great opportunity for young players to receive great instruction prior to their season. This camp does not include a shirt.

Course: #Grades 1-3 Course: #Grades 4-6

Dates: 3/10/2020 and 3/12/2020 Dates: 3/9/2020, 3/11/2020 and 3/12/2020

Time: 3:30 - 4:45PM Times: 3:30 - 5:00 PM

Fee: \$15 Fee: \$25

Location: GSL Junior/Senior High School Purple Gym/FH

Crow River Youth Baseball - Grade 4-10

This is our most competitive baseball league. Players will register and play in their current grade. Playing time follows the league rules and is equal.

- Grades 4-6 will practice 1-2 times per week until games start in May, then occasional practice may be added by the coach(es).
- Grade 7 and above will begin play once the school baseball season concludes in May, with an occasional practice as scheduled.

All participants will be expected to participate in at least two weekend tournaments throughout the summer. All participants will go through a tryout process to determine appropriate team placement. Tryout date will be held on Sunday, March 15 starting at 5:00PM (alternative date Wednesday, March 18 starting at 6:00 p.m.) in the GSL High School Gym. Any player who does not attend a tryout or the alternative date will be placed on the "B" team if space allows. NO EXCEPTIONS!

- *There will be an attempt to have an "A" team for each level with a max of 12 players, an additional "B" team with a max of 12 players will also be added when possible.
- *No refunds will be issued after the tryout date unless a player is unable to be placed on a team, medical reasons, or it is determined this league is not appropriate for the player.
- *Students who open enroll and/or live in GSL will be allowed to play on the "A" team, individuals who do not will be placed on the "B" team if space allows. In the event there are not enough GSL players in a given age group to field an "A," out of district players will be accepted if they have completed a tryout.
- *Tryouts will be conducted by the group of previous coaches of all ages, parent volunteers, and some of the GSL High School Baseball Coaching staff. Tryouts will be closed for public viewing. *This league is run with volunteer coaches, anyone interested in helping coach should contact Community Education at 320-864-2696.

REGISTRATION DEADLINE: March 1, 2020

Course :#4700 – 10 yr old league - 4th Grade #4700 – 11 yr old league - 5th Grade #4700 – 12 yr old league - 6th Grade #4700 – 13 yr old league - 7th Grade #4700 – 15/16 yr old league - 9th & 10th Grade

*Date of birth is required when registering

Practice dates depend on volunteer coach availability. Games are typically held Tuesday and Thursday evenings.

Location: Plato Fields, Vollmer Field, Plato Blue Jay Field, etc.

Grades 4 & 5 - Fee: \$119 (Jersey cost not included in fee. Cost TBD)
Grade 6 & Above - Fee: \$149 (Jersey cost not included in fee. Cost TBD)

Gymnastics

Due to the popularity and demand for our gymnastics classes. Priority for registration will be given to the GSL resident families and students who open enroll to GSL. GSL families registrations will only be taken over the phone until January 2. Out of district families will not be accepted until the online registration opens for all starting January 2. Registrations will be taken on a first come, first serve basis.

Panther Toddles Tumblers (Parent/Child Class)

A class for our littlest gymnasts with the assistance of parent involvement. The class will involve instruction from a coach who will set up fun activities to do in the gym. This class is for ages 18 months-3 years old. This class meets once a week for 30 minutes in a six week session.

Panther Tumblers

Beginning recreational gymnastics with an emphasis on listening skills and learning about the different skills and vocabulary of the equipment in the gym. This class is for ages 3 years old - 4 years old. This class meets once a week for 30 minutes in a six week session.

Level 1 - Beginners

This class is for students who have passed out of Tumblers or are atleast 5 years old and have no prior gymnastic experience. We will learn skills on bars, beam, floor and vault. On bars we will work on swinging skills and pullovers. On beam we will work on balance and basic walking and jumping skills. On floor we will introduce forward and backward rolls, cart wheels and handstands. This class meets once a week for 45 minutes, in a six week session.

Level 2 - Intermediate

This class is for students that have passed Level 1, or have had prior gymnastic experience. Students will work on some of the same skills as level 1 but with more difficult skills added.

Level 3 - Advanced

This class is for students that have successfully passed level 2, or have had prior gymnastic experience. We will be perfecting skills learned in Level 1 and Level 2.

Level 4 - Pre-Team

This class is for students that have successfully passed level 3, and want to continue developing their gymnastics skills but are not ready to move to Panther Paw Team.

Private Gymnastics One-on-One Training Sessions

Are you looking to stick a particular skill? This is your opportunity to get individualized training with one of our adult coaches. One hour sessions are \$25. Simply register by calling 320-864-2690. Our staff will connect you with a coach to set-up the scheduled training session(s) based on gym availablity.

Do you have gymnastics experience and looking for a great job working with kids? Community Education is hiring additional instructors. Please contact Matt at 320-864-2696.

Monday Night Session 1 - All Classes Held in Gym 3 at the Field House Dates: 1/6, 1/13, 1/20, 1/27, 2/3, & 2/10

6:00PM-6:30PM Parent/Child	6:00PM-6:30PM Tumblers	6:00PM-6:45PM Level One
#4010M	#4020M	#4120M
6:30-7:30 PM Level Two	6:30-7:30 PM Level Three	6:45-7:45 PM Level Four
#4220M	#4320M	#4420M

Monday Night Session 2 - All Classes Held in Gym 3 at the Field House Dates: 3/9, 3/16, 3/23, 3/30, 4/6, & 4/20

6:00PM-6:30PM Parent/Child	6:00PM-6:30PM Tumblers	6:00PM-6:45PM Level One
#4011M	#4021M	#4121M
6:30PM-7:30PM Level Two	6:30PM-7:30PM Level Three	6:45PM-7:45PM Level Four
#4221M	#4321M	#4421M

Wednesday Night Session 2 - Classes Held in Gym 3 at the Field House Dates: 3/11, 3/18, 3/25, 4/1, 4/8, & 4/15

6:00PM-6:30PM Parent/Child	6:00PM-6:30PM Tumblers	6:00PM-6:45PM Level One
#4011W	#4021W	#4121W
6:30PM-7:30PM Level Two	6:30PM-7:30PM Level Three	6:45PM-7:45PM Level Four
#4221W	#4322W	#4421W

Gymnastic Class Pricing:

Parent/Child - \$30 per season

Panther Tumblers - Age 3-5: \$30per season

Level 1 - Beginners - Age 5 and Above: \$45 per season

Level 2 - Intermediate: \$60 per season Level 3 - Advanced: \$60 per season Level 4 - Pre-Team: \$60 per season



Karate, Soccer, & Strength

Karate

Little Kickers (Ages 5 & 6)

Learn the basics of Shotokan Karate while having fun and burning some extra energy. This class is designed to provide youngsters with exposure to the Martial Arts. Students will learn proper form that can be used as preparation for future Martial Arts classes. Wear comfortable play clothes.

Instructor: Sensei Lisa Bohnert

Course #: 2315

Dates: Mondays beginning 1/6/2020

Times: 5:30PM-6:15PM

Location: Lincoln Elementary Gym

Fee: \$20/month/individual or

\$35/month/family

**Karate is an on-going activity. New

students are invited to join

Monday, January 8.

Beginners & Advanced (Ages 7+)

Martial Arts have long been recognized for its benefits to its practitioner. Better physical and mental health, improved character and self-confidence that comes with physical effort with a purpose. The Shotokan style of Karate brings with it the traditions of Okinawa and Japan as well as modern approaches to learning and character development. Classes involve physical conditioning, learning blocks, strikes and kicks and the proper use of those elements. Students will have the opportunity to participate in tournaments in the region.

Instructor: Sensei Lisa Bohnert

Course #: 0008

Dates: Mondays & Thursdays beginning

January 6, 2020

Location: Lincoln Elementary Gym

Beginners: 6:30PM-7:30PM Advanced: 6:30PM-8:30 PM Fee: \$30/month/individual or

\$50/monthly/family

**Karate is an on-going activity. New students are invited to join January 6

Soccer (Grade K-6)

Instructional soccer for boys and girls. All players will have the opportunity to learn and develop individual and team soccer skills. Drills and real game situations will help you appreciate the world's most popular sport. Practices will be on Thursday evenings and games will be played in Saturday mornings. Games will be played against other local teams - NYA, Hutchinson, GFW, Waconia, and more. Game schedule will be released at a later date. Please note Saturday games will not always be played in Glencoe, but are typically in the 9am-noon time frame.

Registration Deadline: February 27, 2020Practice dates: Thursdays, 3/26/2020-5/14/2020

Grades K-3 at 5:30 – 6:30 PM Grades 4-6 at 5:30 – 7:00 PM

Game dates: Saturday, 4/4/2020-5/16/2020

Grade K-1: Class # 4800B or 4800G Grade 2-3: Class # 4802B or 4802G Grade 4-6: Class # 4804B or 4804G B = Boys G = Girls in class number. Location: Fields behind GSL H/S

Fee: \$19/student - additional uniform fee if needed.

Uniform Fee: \$30/uniform

Pre-School Soccer (Ages 3-6 with Adult)

This parent/child class will introduce your child to the game of soccer. Fun games will be used to teach basic skills. Adults should come ready to participate with their child. Please bring a water bottle.

Registration Deadline: March 31, 2020

Course: # 2202 Fee: \$15 Dates: Tuesdays, 4/7/2020-4/28/2020

Times: 6:00 -7:00 PM

Location: Lincoln Elementary Gym

Registration and Scholarship Information on Page 23

REGISTRATION INFORMATION

Register Today!

- Online Registration (Credit Card Only) www.gsl.k12.mn.us Click on COMM ED/ECFE
- Walk-in Registration 1621 East 16th Street, Glencoe. Please enter at the Main Entrance on the North Side of the building.
- Mail-in Registration

 Mail completed form and payment to 1621 East 16th Street, Glencoe, MN 55336
- Phone Registration (Credit Card Only) Simply call 320-864-2690.

Registrations are taken on a first-come, first-served basis until a class is full. You can register until the class begins, as long as there is room.

Class Confirmations

Consider yourself registered for the class. You will be contacted only if the class is full or cancelled. If you provide an e-mail address, you will receive an electronic confirmation of your registration.

Scholarships:

Fees for Community Education classes may be reduced if you are a District 2859 resident. For families that qualify based on the free/reduce lunch criteria, each child may receive 50% off one class or activity for each brochure. Some activities are not eligible for the fee reduction.

Refunds:

- If we cancel a class due to low enrollment, you will be notified and your money will be refunded in full.
- Course fees will not be prorated or discounted for partial attendance.
- All requests for refunds prior to the start of the class will be subject to a \$5 administrative charge.
- NO REFUNDS can be issued after the registration deadline, if not noted, seven days prior to the start of the class.

Late Fees:

A \$10 late fee will be assessed for registrations after the registration deadline.

Deadline: Unless otherwise noted, the registration deadline is seven days prior to the start of the class

Inclement Weather:

All Community Education Activities are automatically cancelled when the Glencoe-Silver Lake School is closed due to inclement weather. Please call the GSL Community Education Activity Line 320-864-2487 to find out if activities are cancelled due to weather. No individual calls will be made.

Participant Name(s):		Participant Gender: M	
ı Participant C	oate of Birth	Current Grade:	
ı Parent/Guar	dian:		
Address:		City:_	Zip:
 Home Phone	e:	Cell Phone:	
E-mail:	Course Title		
Course #	Course Title	Shirt Size Fe	ee
[] I would b [] I DO NOT Payment:C	e willing to help as a volunt want photos taken of myself ash /Check / Credit Card:_	reer coach or assistant coach. For my student for the use of CE r _Visa /Mastercard /Discover Exp. Date: 3 Digit Cod	marketing.



Thank you to all of our Volunteer Coaches. We appreciate the time and talents you share with our community. Please take a moment to say Thank You to the volunteers who help with your child's activities.

Are you looking for childcare?

Panther Adventure Club (PAC)

Students currently in Kindergarten through 6th grade

**Part-time and Full-time options to meet your needs!!

Please check out page 10 for more information or call Jane at 320-864-2693

Please call the GSL
Community Education
Activity Line at
320-864-2487 to find out if
your child's activity has
been canceled.

Instructors Wanted

- We are always looking for new classes
 and camps! If you have a skill set to
 coach or teach a class, please contact
- Community Education at 320-864-2690 for more details!