COLOR RUN ON A BUDGET

"I LOVE TO RUN, BUT I KNOW THAT NOT EVERYONE ELSE DOES. SO I WANT TO SHOW THEM THAT RUNNING CAN BE A FUN AND A WONDERFUL EXPERIENCE"

CHAVI MUNIZ

WHAT'S YOUR PURPOSE OR HAVING A COLOR RUN

FUNDRAISER: WANT TO RAISE SOME EXTRA MONEY FOR YOUR PROGRAM

OR

EXERCISE: TO GET OTHER EXERCISING WHILE HAVING FUN.

OR

BOTH

DISTANCE AND LOCATION

HOW LONG WILL YOUR EVENT BE 1 MILE, 3.1 OR BOTH.

* WHERE WILL YOU HAVE YOUR EVENT AT? SCHOOL, AROUND A TRACK, OR AT A LOCAL PARK.

OURS 1 A MILE FUN RUN AND A 3.1 RACE AT OUR

SCHOOL.



FUN RUN EXPENSES

- * POWDER: \$300 FOR 100 POUNDS FROM PEACOCK POWDER. IF YOU ORDER IS OVER \$300 YOU GET FREE SHIPPING peacockpowder.com
- * ON THE GO CUPS from Kroger: \$3 for 50 CUPS x 5. Perfect for containing and tossing the right amount of powder in the air before your race.
- * Fasmov squeezable bottles from Amazon (10 Pack): \$10 x 3. Perfect for easy spraying.
- * 100 10x13 Envelopes for packets from Office Depot: \$22 x2
- * TOTAL:\$389

* T-shirts: We paid \$5.50 per shirt for 200 shirts but you may be able to find a cheaper price somewhere else. Try to get as many runners as possible to pay before your put in your order. Most places need at least a week before your race day if they are local.

Additional Expenses for a 5k

- * BIB Numbers: you don't need bib numbers for a fun run. It's a "FUN RUN". Only timed 5k's need Bib numbers. Road ID has them for \$10 for 100. Sometimes they will give you your first order free. Or you could just write numbers on the runners hands with sharpie.
- * Our awards were top 3 overall and first place in age group. \$300 I use a local place LEXTRO. PTO pays for them. I've seen some meets make their own awards out of painted rocks. Maybe your art teacher can have a class create awards for your race.
- * Spray Paint for arrows: \$60 or you could use cones with arrows on them.
- * Timing system \$50. I used webscorer.com PRO APP. I got screwed over by a pro timing team last year who said they would give me a deal and ended up charging us \$780.

RESPONSIBILITIES

You are going to need help

- * Our event supports all of fine arts (PE, Music, Art, Library and Chinese so we have a part in putting the event on.
- * My responsibilities included:
 - * 1. Setting up the course: start, finish, flags, arrows, mowing and weedeating.
 - * 2. Filling up cups, condiment containers with powder (with and kids helped)
 - * 3. Entering 5k runners into Webscorer
 - * 4. Organizing participants into spreadsheet.
 - * 5. Ordering T-shirts, bib numbers and powder
 - * 6. Promoting Event on Facebook and RunSignup
 - * 7. Editing Paper registration
 - * 8. Recruit sponsors.

Others Responsibilities

* Librarian:

- 1.Prepared a registration form on google docs https://forms.gle/kcgNMgCAVLG10BWy8
- 2.Prepared and filled race packets with BIB #s and shirts with the help of 5th graders
- 3.Helped with onsite registration
- * 4. Helped fill cups with powder

Music teacher:

- 1. Labeled awards
- 2. Set up sound for vent
- 3. Put together a playlist
- 4. Worked onsite registration

Art teacher:

- 1. Created signs for event
- 2. Worked registration table
- 3. Face painted at event

Chinese teacher:

1. Took pictures at event

Other responsibilities Continued

- * In exchange for using our inflatables at their graduation 5th grade teachers responsibilities include:
 - 1. Spotting
 - 2. Passing out water

3. Throwing powder at runners (4 powder

throwing stations)





OTHER IMPORTANT JOBS YOU WILL NEED VOLUNTEERS FOR

- * Spotters: tell runners which direction to run.
- * Chute workers: help runners as they finish.
- * Head timer: Most important job in a 5k, timing each runner as they finish
- * Finish recorder: records the runners BIB # as they finish
- * Results person: figures out who wins each age group
 - * Extras
- * Inflatable worker: supervise inflatables
- * Photographer: takes pictures of event

THE TOSS SHOT

* Before the Race give every runner a cup filled with powder. Line them up and on the count of 3 have everyone toss their powder into the air.



Extras

- * A playlist
- * A band
- * Inflatables
- * Food
- * Water and bananas
- * Face painting

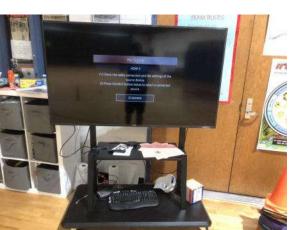






OUR PURCHASES

- * With our fundraising we have been able to purchase:
- * 56 inch Smart TV and Cart
- * Microphones
- Insolation boards for backdrops in shows
- * Inflatables for Field Day, 5th Grade Graduation and any Celebration Day







Make your COLOR RUN and event they will always remember.









COOL STORY

A few days before the race our Librarian is packing shirts into race envelopes and tells me that a Marvin Clarke has double registered and asks if he we need two shirts. I told her that Marvin registered on RunSignup from Philadelphia, so he probably just wanted to make a donation and would not should up to our little race in Kentucky.

30 minutes later I get a message on our race's FB messenger from Marvin that he would be coming to our race as part of his 50 5ks in 50 states challenge. So I went downstairs and left Mrs Candy know that Marvin would be coming and that he only needed 1 shirt.

After having a gastric sleeve surgery Marvin has improved his life by exercising and eating healthy. He was a great example of how exercising and eating healthier can change your life. The kids loved that he chose our 5k out of all the other 5ks in the state of Kentucky. They all cheered him as he crossed the finish line and even gave him a new nickname: Marvelous Marvin.

You can follow his story on Instagram at mcl1155 and maybe even invite him to your 5k.





Thanks for Viewing

* If you have questions you can reach at Chavi.muniz@woodford.kyschools.us or on Facebook.