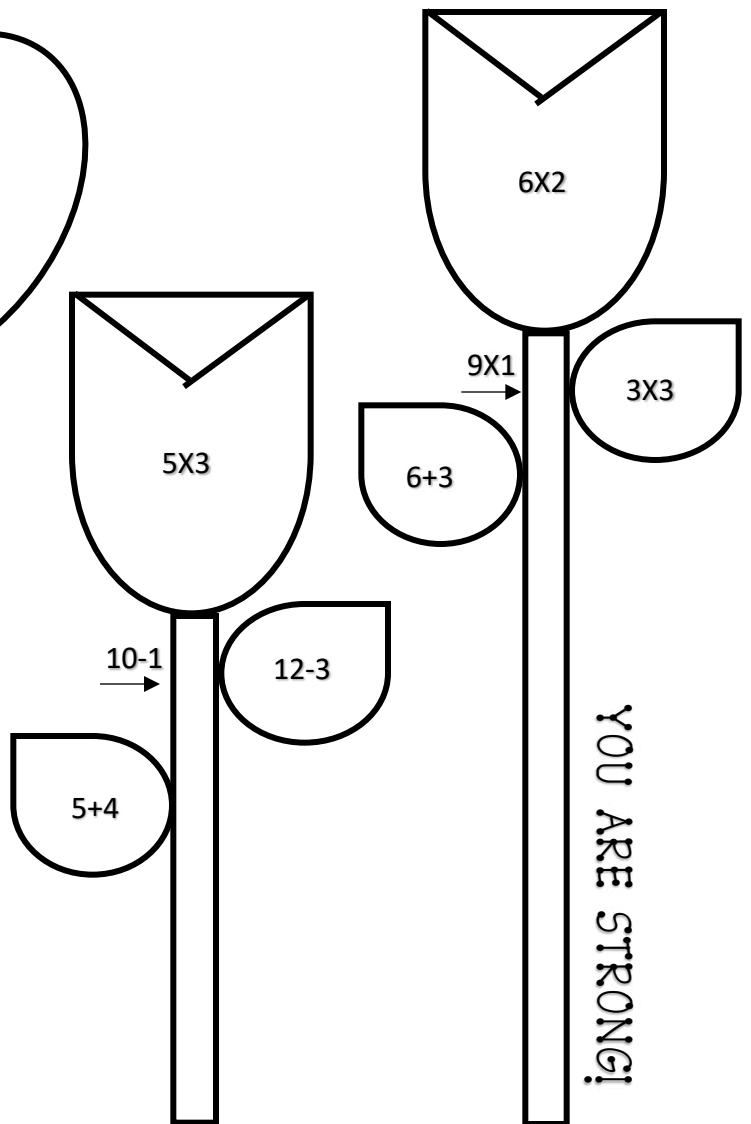
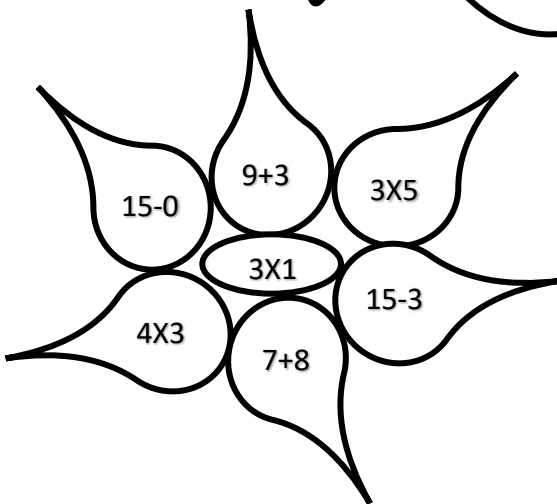
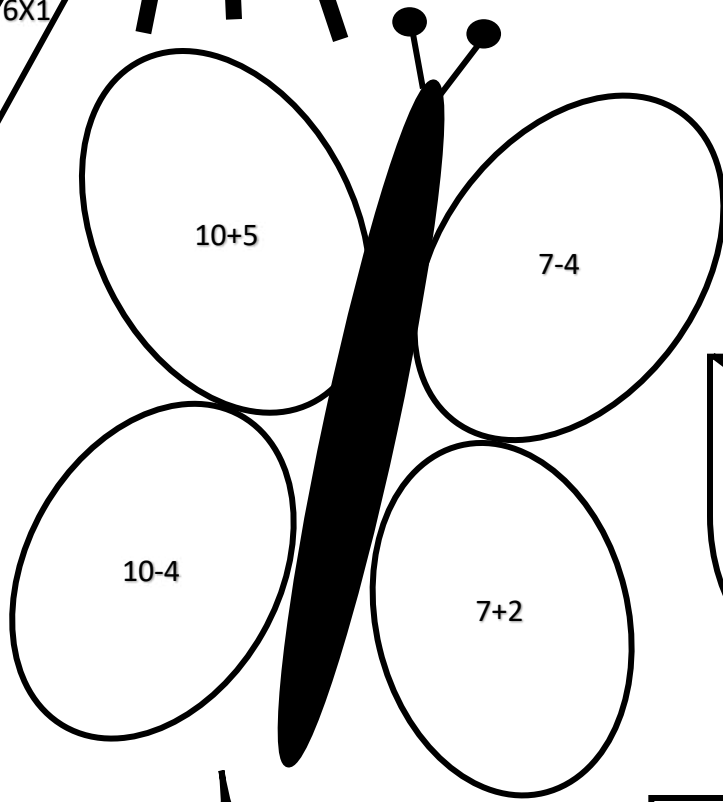
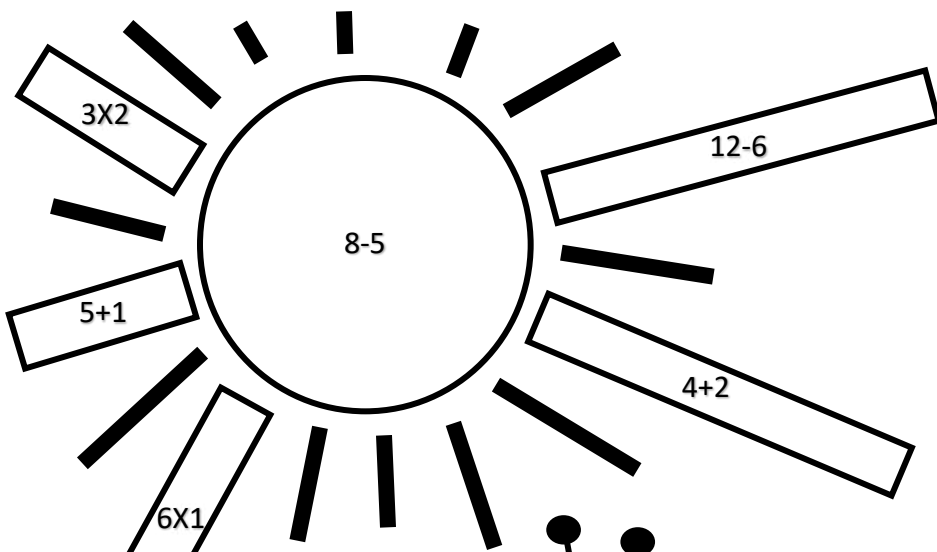


SPRING INTO FITNESS



***In each space, complete the math, color the shape, and perform the exercise to match!**

REPEAT to complete your picture and your workout!

YELLOW	3	FORWARD ROLLS
ORANGE	6	LUNGES
GREEN	9	SQUATS
RED	12	HIGH KNEES
PURPLE	15	SECONDS OF A YOGA TREE POSE