

Here are some health resources/links I have gathered over these months. These are ideal for those of us that will be in the homerooms. I have been told in the past that we can't be loud and "bounce" around because it is too disturbing to surround rooms. Feel free to add to it.

<https://kidshealth.org/>
<https://www.choosemyplate.gov/>
<https://www.cosmickids.com/>
<https://www.gonoodle.com/>
<https://www.gonoodle.com/plus>
<https://www.cdc.gov/healthyschools/bam/teachers.htm>
<https://everfi.com/k-12/teachers/>
<https://www.teacherspayteachers.com/>
<https://www.facebook.com/K5HPE/>

Going to use those slides with a bones song video and a large plastic skeleton that I'll put bone names on with an adjective. Example: radical radius, ultimate ulna, etc. I'll give the students a paper to also write down the names as we move along with the slides. Just save a copy to your Google Docs and edit as you need.

<https://docs.google.com/presentation/d/1a1I7d8nQME2YV1mza0BVV1S912A4sdqFfmRIA-IFTb4/edit?usp=sharing>

Cups

<https://docs.google.com/presentation/d/1Z2xwSKjls0uihuJaQqIHJ5EP34NaCpj0QWP-IN4mcdQ/edit?usp=sharing>

Juggle

balloons

food BINGO

<https://www.orientaltrading.com/food-recognition-premium-bingo-game-a2-13719379.fltr?keyword=Food+bingo&directSearch=true>

Prizes:

<https://www.orientaltrading.com/buy-all-and-save-fun-fruits-stationery-a2-13753311.fltr?keyword=Fruit>

spelling fitness

Zumba

<https://go.brainpop.com/schools/>

Distance Learning links

https://docs.google.com/document/d/1f-tGekLcnHwr-QI0PeIWwhS61AJ5i_PzPEScuNwzkXY/edit?usp=sharing

[E-Learning Links](#)

K5HPE

https://www.youtube.com/channel/UC31oikoN5_YVpqVcRsJ1ekw/videos

Bone BINGO

<https://docs.google.com/document/d/1cWn1TxfCgKmiR5UAckc8B-kr69PSliwgvo22TtdsiUw/edit?usp=drivesdk>

Body BINGO

<https://docs.google.com/document/d/1viRkBJXOGWeH4IJWMcWGT4-VMFuydc4LFvyBtmQpGIk/edit?usp=drivesdk>

Card Fitness

https://docs.google.com/presentation/d/11iX6OKy60prbR2nyD_wTmIym1KbmzBCuYPiagi_ZRIk/edit?usp=sharing

Get Moving

<https://www.reallygoodstuff.com/get-moving-sticks/p/165636>

Yoga Chips

<https://www.reallygoodstuff.com/yoga-chips/p/164849/>