City of Fridley Parks & Recreation Department



<u>Recreation Opportunities for Creative Kids in the Summer</u>
Full days of continuous recreation and enrichment activities for up to 10 weeks this summer.



For youth who have completed grades K-7

7:00 a.m. - 5:30 p.m. • Monday - Friday • June 12 - August 18, 2017 \$135 per week • Daily Fee: \$35

Fridley Community Center & Commons Park

-ridley Community Center & Commons Park 6085 - 7th Street NE, Fridley, MN 55432

Lots of NEW Classes!

Pokemon Movie Making * Painting * Flag Rugby * Pickleball * Rocketry Fencing * Soccer * Clay * Lacrosse * Archery * and many more!

For more information call 763-572-3570 or visit our website at www.fridleymn.gov



Frequently Asked Questions...

- 1. **Do I have to register for the entire summer?** No, you may register for any or all of the weeks advertised.
- 2. Can I register for all weeks and pay for one at a time? Yes, when you register you only need to pay for the first week (plus a \$50 cancellation deposit per child) and then payment is due for additional sessions one week in advance on Mondays by 4:30 p.m. See page 12 for Cancellation Policy.
- 3. Are Wednesday Trip fees included in my ROCKS fee? Yes, trips and special events are included in the ROCKS weekly fee. Separate registration is only needed if you register daily.
- 4. **Can I register by phone?**Due to the complexity of the ROCKS registration, we ask that all completed ROCKS registrations be submitted by mail, e-mail, FAX or in person.
- 5. Can my child bring a guest once in awhile? Yes, participants may bring a guest at a cost of \$35 per day, per guest. Please notify the Recreation office ahead of time. (Note: no guests on Wednesdays, children may sign up for the trips or special events separately.)
- 6. Can I drop off my child before 7:00 a.m. if I am comfortable leaving them alone. No, it is the policy of the Fridley Community Center that all children on the property must be supervised by an adult.
- 7. Can I pick my child up earlier than 4:30 p.m.? Yes, you may visit or pick up your child anytime throughout the day. Just be sure to watch the activity schedule so you know where to find them. It is also required for you to sign out your child with Recreation staff.
- 8. What if I'm late to pick my child?

 It is expected that all children are picked up by 5:30 p.m. and we budget our staff accordingly. A late fee of \$5 per child in increments of 5 minutes past the assigned pick-up time will be charged.
- 9. *Is there fee assistance for low income families?* Yes, fee assistance is available to Fridley residents who meet the MN School District Free or Reduced Lunch Program guidelines. Call the Recreation office at 763-572-3570 for more information.
- 10. If I don't make a payment by the Monday deadline what will happen? If payment is not received, by Monday at 4:30 p.m. a \$10 late fee will be charged to your total for each day it is late through Wednesday (see page 12).
- 11. What is the deadline to register for a particular week of ROCKS? Registrations and payment must be received by Wednesday of the preceding week.

ROCKS Daily Schedule - M, Tu, Th, F

7:00 - 8:20 a.m. Arrival & Hang-out

Parents/Guardians check in participants at the East entrance of the Fridley Community Center. Then participants head downstairs to the Zone where they can play games, read a book, watch a cartoon and have a morning snack with the ROCKS staff.

8:20 a.m. Gather

Participants will gather on the Zone Dance Floor where ROCKS instructors will take roll call for their classes.

8:30 - 9:30 a.m. Session 1 9:40 - 10:40 a.m. Session 2 10:50 - 11:50 a.m. Session 3

Choose from 2 different classes or a free time* during each session (pg. 3-9).

11:50 - 12:00 p.m. Gather & Walk to Commons Park.

12:00 - 1:00 p.m. Lunch & Recess

Children will bring their own lunch and eat at the picnic tables or on the grass at Commons Park and then have free time to play on the playground.

1:00-4:30 p.m. Afternoon Programs (details on pg.11) Playground Program (Gr. K-3) at Commons Park: We'll spend the afternoon outdoors enjoying theme based activities including: games, stories and crafts.

Chill Zone (Gr. 4-7) at the Zone & outside the FCC: The afternoon will be filled with games, projects and adventure.

4:30 - 4:45 p.m. Gather & Walk to FCC

4:45 - 5:30 p.m. Hang-out and Pick-up

Participants will wind down in the Zone. Parents/ Guardians are asked to come downstairs to sign their child out at the end of the day.

*Free Time Description: Unstructured play time in the ZONE. Children will have the opportunity to play board games, air hockey, foosball or billiards, read a book, color, make a craft and more.

- 12. If my plans change after I have registered, can I cancel and get a refund if I prepaid? Yes, however, notification of cancellation must be made to the Recreation office -- not the ROCKS staff. Listed below are the guidelines:
 - Notice of cancellation must be made by the Wednesday preceding the week you are cancelling.
 - If the cancellation is made after Wednesday of the preceding week you will forfeit your \$50 cancellation deposit.

Please see page 12 for further information on the Financial Agreement/Cancellation Policy.



General Information

The classes listed on the following pages (3-9) will be held at the Fridley Community Center and Commons Park facilities. All participants of these classes are to meet the Recreation staff at the east entrance of the Fridley Community Center and will return there at the completion of the activity. Participants will be escorted to and from the class site by Recreation staff each day. Grades listed apply to the 2016-2017 school year (grade completed). Each class will meet **Monday**, **Tuesday**, **Thursday** and **Friday** – not **Wednesdays**. Wednesdays are field trip/special event days, which are included in the ROCKS weekly fee (see page 10). For all day ROCKS participants, the class fees are included in your weekly ROCKS payment -- when registering for individual classes, pay the advertised fees (listed within the class descriptions).

Registration

ROCKS all day registration and begins on Monday, March 27th. Registration for individual classes begins on Friday, April 3rd. You may register ONLINE for individual classes, but ROCKS all day registrations can only be submitted to the recreation office by e-mail, mail, FAX or in person. See page 11 for more registration details.

Arts & Crafts

Clay

Come play with clay! You'll learn building and shaping techniques using a variety of clay. Some will be baked and some will air dry. You will paint and decorate your creations and creatures too. Min/max: 6/14. **Fee: \$22**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393103-1A	K-1	Jun 12, 13, 15, 16	8:30 - 9:30	1
393103-2B	2-3	Jun 12, 13, 15, 16	9:40 - 10:40	1
393103-3C	4-7	Jun 12, 13, 15, 16	10:50 - 11:50	1

Collage & Mosaic

Make little pieces into works of art! We'll be using magazine clippings, all types of paper and more to create awesome collages. In addition, we'll build cool patterns with tiles and gems to make a great mosaic. Min/max: 6/14. **Fee: \$23**



Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393205-3A	K-1	Jun 19, 20, 22, 23	10:50 - 11:50	2
393205-3B	2-3	Jun 19, 20, 22, 23	10:50 - 11:50	2
393205-2C	4-7	Jun 19, 20, 22, 23	9:40 - 10:40	2

Glitter & Glam

Do you like things that sparkle? In this class we'll make a variety of projects covered in glitter, sequins, gems and more. Get ready to shine! Min/max: 6/14. **Fee: \$16**

Activity #	Gr.	Dates	<u>Time</u>	Week
393207-2A	K-1	Jun 19, 20, 22, 23	9:40 - 10:40	2
393207-2B	2-3	Jun 19, 20, 22, 23	9:40 - 10:40	2
393011-3C	4-7	Aug 14, 15, 17, 18	10:50 - 11:50	10

Bead & Tape Creations

We will make a variety of projects using all types of beads and even make our own. We will also be using duct tape and masking tape to make cool art works and useful items! Min/max: 6/14. **Fee: \$21**

Activity #	Gr.	Dates	<u>Time</u>	Week
393305-2A	K-1	Jun 26, 27, 29, 30	9:40 - 10:40	3
393305-1B	2-3	Jun 26, 27, 29, 30	8:30 - 9:30	3
393305-2C	4-7	Jun 26, 27, 29, 30	9:40 - 10:40	3

"We've tried summer classes
through other organizations and this
has been the best by far. It is really nice that
there are so many activities to do throughout
the week and the staff was great!"
- ROCKS Parent/Guardian

Printmaking

You'll get plenty of hands-on experience with a variety of printmaking forms in this class. We will learn the monotype process, as well as relief printmaking methods such as collographs, glue relief and Styrofoam prints. Min/max: 6/14. **Fee: \$18**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393402-1A	K-1	Jul 5, 6, 7	8:30 - 9:30	4
393402-1B	2-3	Jul 5, 6, 7	8:30 - 9:30	4

Design Time

Does your room need a make-over? Join us to learn some cool decorating tips and spruce up your pad. We'll create lightswitch plates, pillows and an awesome design plan. Get ready for a great room that expresses YOU! **Fee: \$18**

Activity #	Gr.	<u>Dates</u>	<u>Time</u>	Week
393410-2C	4-7	Jul 5, 6, 7	9:40 - 10:40	4

Wearable Art

We will decorate all kinds of clothing articles using a variety of techniques and paints. Bring a paint shirt. All supplies are included. Min/max: 6/14. **Fee: \$24**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393502-1A	K-1	Jul 10, 11, 13, 14	8:30 - 9:30	5
393502-2B	2-3	Jul 10, 11, 13, 14	9:40 - 10:40	5

T-shirt Art

Gather up your old t-shirts and join us to make some awesome accessories! We'll be making bags, headbands, scarves and more. Get ready to see your old t-shirts in a whole new way! Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393512-3C	4-7	.Iul 10 11 13 14	10:50 - 11:50	5

Arts & Crafts (cont.)

Compelling Comics

Marvel Heroes, Superheroes, Avengers, Heroic Robots! Bring your imagination and list of super powers to this creative comic book class. Who will you introduce to the world? Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393511-2C	4-7	Jul 10, 11, 13, 14	9:40 - 10:40	5

3D Art

Get your creative juices flowing in this 3-dimensional class. We'll use many different media such as clay, wood and wire to build awesome sculptures. Imaginations will be needed for creating in the 3rd dimension. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393604-2A	K-1	Jul 17, 18, 20, 21	9:40 - 10:40	6
393604-1B	2-3	Jul 17, 18, 20, 21	8:30 - 9:30	6
393604-2C	4-7	Jul 17, 18, 20, 21	9:40 - 10:40	6

Painting

First we'll learn a bit about painting, shading, dimension and color. Then we'll paint with a variety of paints and techniques. This class is sure to be an artist's cup of tea! Please bring a paint shirt. Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393705-2A	K-1	Jul 24, 25, 27, 28	9:40 - 10:40	7
393705-2B	2-3	Jul 24, 25, 27, 28	9:40 - 10:40	7
393705-3C	4-7	Jul 24, 25, 27, 28	10:50 - 11:50	7

Tweedle-D-Needle

Pick up a needle and thread because it's time to sew and tell! In this class we'll learn the basics of stitching and make cool crafts out of fabric. Older students will also learn how to knit and crochet. Don't miss it because we're going to have sew much fun! Min/max: 6/14. **Fee: \$21**

Activity #	Gr.	<u>Dates</u>	<u>Time</u>	Week
393706-3A	K-1	Jul 24, 25, 27, 28	10:50 - 11:50	7
393706-3B	2-3	Jul 24, 25, 27, 28	10:50 - 11:50	7

Recyclable Art

We will create beautiful art projects out of found objects like milk containers, newspapers and more! Bring your imagination and junk to class as we may be able to use it in our creations! Min/max: 6/14. **Fee: \$21**

Activity #	Gr.	<u>Dates</u>	<u>Time</u>	Week
393805-2A	K-1	Jul 31, Aug 1, 3, 4	9:40 - 10:40	8
393805-1B	2-3	Jul 31, Aug 1, 3, 4	8:30 - 9:30	8
393805-2C	4-7	Jul 31, Aug 1, 3, 4	9:40 - 10:40	8

Paracord Projects

Paracord is a lightweight nylon rope which can be turned into bracelets, belts, lanyards, and other creative and cool projects! Min/max: 6/14. **Fee: \$22**

Activity #	Gr.	Dates	<u>Time</u>	Week
393911-3C	4-7	Aug 7, 8, 10, 11	10:50 - 11:50	9

Photography and Scrapbooking

Learn how to take good keepsake pictures and then how to display them in your albums. All supplies are provided including cameras and film. Min/max: 6/14. **Fee: \$23**

Activity #	<u>Gr.</u>	Dates	<u>Time</u>	Week
393904-2A	K-1	Aug 7, 8, 10, 11	9:40 - 10:40	9
393904-1B	2-3	Aug 7, 8, 10, 11	8:30 - 9:30	9

Drawing & Paper Projects

How about fine-tuning all that doodling? Learn the basics of drawing using pencils, charcoal, colored pencils and pastels. We'll also be making a variety of cool projects out of paper! From beads to origami; we'll be cutting, folding and decorating our cool creations. Min/max: 6/14. **Fee: \$21**

Activity #	Gr.	Dates	<u>Time</u>	Week
393007-3A	K-1	Aug 14, 15, 17, 18	10:50 - 11:50	10
393007-3B	2-3	Aug 14, 15, 17, 18	10:50 - 11:50	10
393007-2C	4-7	Aug 14, 15, 17, 18	9:40 - 10:40	10

Sports & Games

Ready Set Recess

Join us to learn some exciting games that will make every recess a blast! We'll learn the traditional four square, hopscotch, hacky sack and jump rope games. In addition, we'll teach you how to adapt fun yard games like bocce ball and bean bags so you can play them at the playground. Min/max: 6/16. **Fee: \$18**

Activity #	Gr.	<u>Dates</u>	<u>Time</u>	Week
393102-1A	K-1	Jun 12, 13, 15, 16	8:30 - 9:30	1
393102-3B	2-3	Jun 12, 13, 15, 16	10:50 - 11:50	1

Classes are held Monday, Tuesday, Thursday and Friday – not Wednesdays.

Participants will meet at the Fridley Community Center, 6085 - 7th St. (East Entrance).



Track & Field

Run, jump, shot put and more! This is a great opportunity to get outside and participate in some Olympic Events. Min/max: 8/16. **Fee: \$18**

Activity #	Gr.	Dates	<u>Time</u>	Week
393206-3A	K-1	Jun 19, 20, 22, 23	10:50 - 11:50	2
393108-1B	2-3	Jun 12, 13, 15, 16	8:30 - 9:30	1
393108-2C	4-7	Jun 12, 13, 15, 16	9:40 - 10:40	1

Sports & Games (cont.)

"Loved the staff, I am impressed that you find such great people that have a genuine passion for the kids" - ROCKS Parent/Guardian

Dodgeball

There are a variety of ways to play Dodgeball and we'll try four different versions. We will basic skills, rules and game strategy with an emphasis on sportsmanship, teamwork and fun! Soft foam 'Gator Skin' balls will be used. Min/max: 8/16. **Fee: \$18**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393104-2A	K-1	Jun 12, 13, 15, 16	9:40 - 10:40	1
393208-2B	2-3	Jun 19, 20, 22, 23	9:40 - 10:40	2
393308-2C	4-7	Jun 26, 27, 29, 30	9:40 - 10:40	3

Pickleball

Come try out one of the fastest growing paddle sports in the U.S! Pickleball is a cross between badminton, tennis and ping-pong. Rules & basic fundamentals will be covered in a kid friendly environment. Min/max: 6/8. **Fee: \$18**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393202-1A	K-1	Jun 19, 20, 22, 23	8:30 - 9:30	2
393202-3B	2-3	Jun 19, 20, 22, 23	10:50 - 11:50	2
393202-2C	4-7	Jun 19, 20, 22, 23	9:40 - 10:40	2

Cheerleading

Students will learn basic cheers, sideline cheering and partner stunts, as well as all the basic floor and tumbling skills. Exercises are used to increase balance, coordination and muscle control. Min/max: 8/16. **Fee: \$20**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393302-1A	K-1	Jun 26, 27, 29, 30	8:30 - 9:30	3
393302-2B	2-3	Jun 26, 27, 29, 30	9:40 - 10:40	3
393302-3C	4-7	Jun 26, 27, 29, 30	10:50 - 11:50	3

Flag Football

Develop throwing, catching, running, kicking and play strategy. Daily drills and game play will encourage skill development. Min/max: 8/16. **Fee: \$18**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393304-2A	K-1	Jun 26, 27, 29, 30	9:40 - 10:40	3
393304-3B	2-3	Jun 26, 27, 29, 30	10:50 - 11:50	3
393209-3C	4-7	Jun 19, 20, 22, 23	10:50 - 11:50	2

Tennis Lessons

Game rules, serve, hitting, volley, forehand and backhand strokes will be taught. Students should bring their own racquet. Min/max: 6/8. **Fee: \$18**

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Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393306-3A	K-1	Jun 26, 27, 29, 30	10:50 - 11:50	3
393707-3A	K-1	Jul 24, 25, 27, 28	10:50 - 11:50	7
393306-1B	2-3	Jun 26, 27, 29, 30	8:30 - 9:30	3
393608-1B	2-3	Jul 17, 18, 20, 21	8:30 - 9:30	6
393107-3C	4-7	Jun 12, 13, 15, 16	10:50 - 11:50	1
393608-3C	4-7	Jul 17, 18, 20, 21	10:50 - 11:50	6
393608-1B 393107-3C	2-3 4-7	Jul 17, 18, 20, 21 Jun 12, 13, 15, 16	8:30 - 9:30 10:50 - 11:50	6 1

Scavenger Hunt Extravaganza

In this class fun is where you find it! Participants will get a chance to decipher clues and explore the world around them. In addition, children will create their own scavenger hunts as well. Min/max: 6/16. **Fee: \$14**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393407-3A	K-1	Jul 5, 6, 7	10:50 - 11:50	4
393407-2B	2-3	Jul 5, 6, 7	9:40 - 10:40	4

Fitness Fun

Jump up, touch your toes, spin around all to the beat of some cool music. We will get energized as we work out using a variety of different fitness style including yoga, aerobics, kickboxing and more! We will also create fitness plans and learn about different activities you can do at home to stay



active. Min/max: 6/12. Fee: \$14.

Activity #	Gr.	Dates	<u>Time</u>	Week		
393403-1A	K-1	Jul 5, 6, 7	8:30 - 9:30	4		
393403-3B	2-3	Jul 5, 6, 7	10:50 - 11:50	4		
393403-2C	4-7	Jul 5, 6, 7	9:40 - 10:40	4		

Archery

This popular class is back! Kids will be excited to learn this lifetime sport. They will learn how to use the equipment safely and skillfully. Skills such as position, draw, follow thru and shooting will be covered. All equipment is provided, beginner recurve bows are used. Min/max: 8/12.

Fee: \$18 (Week 4 Fee: \$14)

Activity #	Gr.	Dates	Time	Week
393405-2A	K-1	Jul 5, 6, 7	9:40 - 10:40	4
393905-2A	K-1	Aug 7, 8, 10, 11	9:40 - 10:40	9
393405-1B	2-3	Jul 5, 6, 7	8:30 - 9:30	4
393905-1B	2-3	Aug 7, 8, 10, 11	8:30 - 9:30	9
393405-3C	4-7	Jul 5, 6, 7	10:50 - 11:50	4
393905-3C	4-7	Aug 7, 8, 10, 11	10:50 - 11:50	9

Basketball

Shooting, dribbling, passing, along with teamwork and good sportsmanship is the focus of this class. We will play games while working on skills each day. Min/max: 6/16. **Fee: \$18 (Week 4 Fee: \$14)**

6/16. Fee: \$18 (Week 4 Fee: \$14)

<u>Activity # Gr. Dates Time</u>

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393704-2A	K-1	Jul 24, 25, 27, 28	9:40 - 10:40	7
393908-2B	2-3	Aug 7, 8, 10, 11	9:40 - 10:40	9
393408-2C	4-7	Jul 5, 6, 7	9:40 - 10:40	4

Sidewalk Games

Hopscotch, hacky sack, 4 square, jump roping and chalk art are the old favorites, come and learn some new ones also. Min/max: 6/16. **Fee: \$18**

Activity#	<u>Gr.</u>	Dates	Time	Week
393505-2A	K-1	Jul 10, 11, 13, 14	9:40 - 10:40	5

Week

Sports & Games (cont.)

Lacrosse

Learn one of the fastest growing team sports in the United States! Lacrosse is a combination of basketball, soccer and hockey. Instruction will be provided by Lacrosse Unlimited coaches. Team play and sportsmanship will be emphasized. Min/max: 10/30. **Fee: \$30**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393503-1A	K-1	Jul 10, 11, 13, 14	8:30 - 9:30	5
393503-3B	2-3	Jul 10, 11, 13, 14	10:50 - 11:50	5
393503-2C	4-7	Jul 10, 11, 13, 14	9:40 - 10:40	5

Baseball & Wiffleball

Basic skills of baseball and wiffleball will be covered, including hitting, fielding, throwing, base running, game rules and strategy. Children should bring their own glove if possible. Min/max: 8/16. **Fee: \$18**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393509-3C	4-7	Jul 10, 11, 13, 14	10:50 - 11:50	5

Floor Hockey

Basic skills, rules and game strategy will be worked on for a portion of each day. Games will be the focus of the remaining class time. Sticks, pucks, balls, and goals will be provided. Sportsmanship and teamwork will be emphasized. Min/max: 8/16. **Fee: \$18**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393005-2A	K-1	Aug 14, 15, 17, 18	9:40 - 10:40	10
393508-2B	2-3	Jul 10, 11, 13, 14	9:40 - 10:40	5
393808-2C	4-7	Jul 31, Aug 1, 3, 4	9:40 - 10:40	8

Musketeers Fencing

Children will learn real fencing skills while having fun in our special Musketeers Fencing Class! This program introduces children to the fundamentals of fencing with the foil weapon. Classes are performed in



a non threatening environment with an emphasis on skill building, concentration, self discipline and fun. Classes are designed to enhance motor skill, social and perceptual growth by teaching safe, age appropriate foil fencing skills to each child. Fencing can help children improve concentration and develop self-control through fun and organized activities. Min/max: 6/16. **Fee: \$42**

Activity #	Gr.	Dates	Time	Week
393605-2A	K-1	Jul 17, 18, 20, 21	9:40 - 10:40	6
393605-2B	2-3	Jul 17, 18, 20, 21	9:40 - 10:40	6
393605-2C	4-7	Jul 17, 18, 20, 21	9:40 - 10:40	6

Outdoor Games

Burn some energy during this class! We will play a variety of games including: tag, medic, trench, kickball, ultimate and more! Don't forget to wear your running shoes and dress for the weather. Min/max: 6/16. **Fee: \$18**

Activity #		<u>Dates</u>		Week
393606-3A	K-1	Jul 17, 18, 20, 21	10:50 - 11:50	6

"My kids had a lot of fun doing all of the classes - I don't think there was anything they didn't like!"
- ROCKS Parent/Guardian

Karate and Self Defense

Learn the basics of Karate, while developing self-confidence and discipline. In this fun class participants will work to improve overall physical condition by increasing flexibility and endurance. Instructed by Professional Karate Studios. Min/max: 6/12. **Fee: \$35**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393702-1A	K-1	Jul 24, 25, 27, 28	8:30 - 9:30	7
393702-3B	2-3	Jul 24, 25, 27, 28	10:50 - 11:50	7
393702-2C	4-7	Jul 24, 25, 27, 28	9:40 - 10:40	7

Golf Camp

Learn to golf at a real course designed with youth in mind! This camp will be held at the National Sports Center's new Tournament Greens: National Youth Golf Center! NSC staff will provide instruction and equipment. Children will learn not only the fundamental skills of the game (grip, stance, swing, ball contact, putting, chipping and driving), but also the rules and etiquette of golf. The emphasis is on fun and participation. Meet at the Fridley Community Center; transportation will be provided by Fridley Recreation. Min/max: 8/10. **Fee: \$40**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393705-1B	2-3	Jul 24, 25, 27, 28	8:30 - 10:40	7
393909-1C	4-7	Aug 7, 8, 10, 11	8:30 - 10:40	9

American Flag Rugby (non-contact)

This camp is designed to introduce the young athlete to the sport of Flag Rugby through skill development and small group games. It is a coed, non-contact "touch" form of rugby using flags. Skills including running, kicking, passing, space strategy, teamwork, and self-confidence are developed. This is Flag Rugby at its simplest, the rugby version of T-Ball. Strictly for fun with lots of games and ball chasing exercises. Min/max: 10/30. **Fee: \$30**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393803-1A	K-1	Jul 31, Aug 1, 3, 4	8:30 - 9:30	8
393803-2B	2-3	Jul 31, Aug 1, 3, 4	9:40 - 10:40	8
393803-3C	4-7	Jul 31, Aug 1, 3, 4	10:50 - 11:50	8

Soccer

Many games and activities will be used to develop dribbling, passing and scoring skills. Techniques, sportsmanship and teamwork will be emphasized during daily game playing. Min/max: 6/16. **Fee: \$18**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393804-2A	K-1	Jul 31, Aug 1, 3, 4	9:40 - 10:40	8
393804-3B	2-3	Jul 31, Aug 1, 3, 4	10:50 - 11:50	8
393709-3C	4-7	Jul 24, 25, 27, 28	10:50 - 11:50	7

Sports & Games (cont.)

Yoga

In this introductory program, you will learn a variety of poses and how to connect them through breathing, alignment and mindfulness. This class caters to each age group using a variety of stories and games for younger students. Min/max: 6/12. **Fee: \$18**

Activity#	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393902-1A	K-1	Aug 7, 8, 10, 11	8:30 - 9:30	9
393902-3B	2-3	Aug 7, 8, 10, 11	10:50 - 11:50	9
393902-2C	4-7	Aug 7, 8, 10, 11	9:40 - 10:40	9

Sand Volleyball

We're headed over to the sand volleyball courts at Commons Park for some outdoor fun! Basic volleyball skills will be taught: serve, bump and set. We'll also play some fun beach ball games as well. Min/max: 6/16. **Fee: \$18**

Activity #	<u>Gr.</u>	Dates	<u>Time</u>	Week
393009-2C	4-7	Aug 14, 15, 17, 18	9:40 - 10:40	10

Sport Sampler

Participants will have fun learning the fundamentals of a variety of sports including: floor hockey, basketball, bowling, soccer, kickball and more! Min/max: 6/16. **Fee: \$18**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393907-3A	K-1	Aug 7, 8, 10, 11	10:50 - 11:50	9
393008-1B	2-3	Aug 14, 15, 17, 18	8:30 - 9:30	10
393008-3C	4-7	Aug 14, 15, 17, 18	10:50 - 11:50	10

T-ball & Kickball

Bring your ball glove as we will head to the field for some practice. We will work on throwing, running the bases, batting and fielding. This class will focus on fun and is appropriate for all skill levels. Min/max: 6/16. Fee: \$18

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Activity#	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week	
-		Aug 14, 15, 17, 18	10:50 - 11:50	10	
393006-2B	2-3	Aug 14, 15, 17, 18	9:40 - 10:40	10	

Science & Nature

Rocketry

This action-packed week focuses on rockets and the physics of flight. Learn why propulsion, stability, control and design are essential for successful rocket launches. Build your own fascinating rockets and launch a variety of rockets throughout the week. Instructed by Mad Science. Min/max: 10/18. **Fee: \$34**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393204-2A	K-1	Jun 19, 20, 22, 23	9:40 - 10:40	2
393204-1B	2-3	Jun 19, 20, 22, 23	8:30 - 9:30	2
393204-3C	4-7	Jun 19, 20, 22, 23	10:50 - 11:50	2

Our Earth

Join us as we learn about our world; from the core to the atmosphere. We'll explore all the things that make our earth great and what we can do to help keep it clean and beautiful. Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393303-1A	K-1	Jun 26, 27, 29, 30	8:30 - 9:30	3
393303-2B	2-3	Jun 26, 27, 29, 30	9:40 - 10:40	3

Wilderness Survivor

Could you survive on your own in the wilderness? Learn and test your survival skills of teamwork, map & compass reading, shelter building, finding food and fire starting. Get ready for a challenge! Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393309-3C	4-7	Jun 26, 27, 29, 30	10:50 - 11:50	3

The Buzz on Bugs

Have you ever wondered how crickets make music or why bees are so sweet? Join us to learn this and more. We will have lots of fun ant-ivities! Please leave your fly swatters at home. Min/max: 6/14. **Fee: \$16**

Activity #	<u>Gr.</u>	Dates	<u>Time</u>	<u>Week</u>
393406-3A	K-1	Jul 5, 6, 7	10:50 - 11:50	4
393406-3B	2-3	Jul 5, 6, 7	10:50 - 11:50	4

Feathered Friends

It's time to spread your wings and get crazy about your feathered friends! This class is sure to be exciting as we take a sneak peak into the lives of birds. We'll play games and create projects as we learn tons fun facts. Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393504-2A	K-1	Jul 10, 11, 13, 14	9:40 - 10:40	5
393504-1B	2-3	Jul 10, 11, 13, 14	8:30 - 9:30	5

Silly Science

Discover the world of silly science through exciting experiments and intriguing creations. We will use household items and create interesting recipes. Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	Dates	<u>Time</u>	Week
393603-1A	K-1	Jul 17, 18, 20, 21	8:30 - 9:30	6
393603-2B	2-3	Jul 17, 18, 20, 21	9:40 - 10:40	6

Clever Chemistry

Discover chemicals and experiment with reactions. Mix different chemicals to create things that you can use and eat. Make sidewalk chalk, tootsie rolls, bath fizzers and crystals. Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393609-3C	4-7	Jul 17, 18, 20, 21	10:50 - 11:50	6

Create an Animal

From Lizards to Koala Bears: learn about a variety of animals and how they adapt to their environments. Throughout this class we will use our imaginations to combine characteristics from different animals and create our very own species. Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393703-1A	K-1	Jul 24, 25, 27, 28	8:30 - 9:30	7
393703-1B	2-3	Jul 24, 25, 27, 28	8:30 - 9:30	7

Science & Nature (cont.)

Pet Care

Do you love animals? Are you dreaming of owning a pet? Join us to learn about the wide variety of animals that you could have as a pet and how to care for them. Live animals will be part of this class. Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393708-2C	4-7	Jul 24, 25, 27, 28	9:40 - 10:40	7

Space Explorers

Are you ready to explore the galaxy? In this class we're off to space to learn about stars, planets, moons, meteors and much more...3...2...1...BLAST OFF! Min/max: 6/14.

Fee: \$	21
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Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393806-3A	K-1	Jul 31, Aug 1, 3, 4	10:50 - 11:50	8
393806-3B	2-3	Jul 31, Aug 1, 3, 4	10:50 - 11:50	8

Backyard Habitats

Nature and wildlife are all around us. Learn about the creatures that are living in your backyard and how to make a safe home for them. Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393802-1A	K-1	Jul 31, Aug 1, 3, 4	8:30 - 9:30	8
393802-2B	2-3	Jul 31, Aug 1, 3, 4	9:40 - 10:40	8
393802-3C	4-7	Jul 31, Aug 1, 3, 4	10:50 - 11:50	8

Build It! - STEM

First we'll examine the strengths and weaknesses of a variety of structures and then experiment by building towers, boats, bridges and more. Get ready to be creative! Min/max: 6/14.



ree: \$21					
Activity #	Gr.	Dates	<u>Time</u>	Week	
393906-3A	K-1	Aug 7, 8, 10, 11	10:50 - 11:50	9	
393906-3B	2-3	Aug 7, 8, 10, 11	10:50 - 11:50	9	
393906-2C	4-7	Aug 7, 8, 10, 11	9:40 - 10:40	9	

Intro To Coding

Create YOUR OWN VIDEO GAME! Students will create their own video games in this cool class! Add challenges and levels of difficulty, then share by e-mail or post on the web to challenge family and friends. Students will practice math, logic, and programming and put their video game talents to work! Bring a jump drive to the last day of class or files can be e-mailed to parents. Class instructed by Computer Explorers. Min/max: 8/24. **Fee: \$36**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393002-1A	K-1	Aug 14, 15, 17, 18	8:30 - 9:30	10
393002-2B	2-3	Aug 14, 15, 17, 18	9:40 - 10:40	10
393002-3C	4-7	Aug 14, 15, 17, 18	10:50 - 11:50	10

Performing Arts

Pokemon Movie Making

Pick your favorite characters to star in a stop motion animated POKEMON mini-movie! Actions Figures, Props, and backdrops will be available for filming in class. Handle all the technical details including using a digital movie camera, filming scenes, stop-motion animation, digital editing and adding finishing special effects and transitions to the movie. Final projects will be e-mailed to parents, or students may bring a USB jump drive. Class instructed by Computer Explorers. Min/max: 8/24. **Fee:\$38**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393107-3A	K-1	Jun 12, 13, 15, 16	10:50 - 11:50	1
393107-1B	2-3	Jun 12, 13, 15, 16	8:30 - 9:30	1
393107-2C	4-7	Jun 12, 13, 15, 16	9:40 - 10:40	1

Puppetry

Create your own show with puppets that you create! You will also have a chance to use the Fridley Recreation puppet collection to create and perform a show. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393607-3A	K-1	Jul 17, 18, 20, 21	10:50 - 11:50	6
393607-3B	2-3	Jul 17, 18, 20, 21	10:50 - 11:50	6

Dance

Learn the basics of dance and create fun routines to awesome music. Participants should wear loose, comfortable clothing and tennis shoes. An informal performance will be held after the last class. **Fee: \$18**

Activity #	Gr.	<u>Dates</u>	1
393105-2A	K-1	Jun 12, 13, 15, 16	9:40
393105-2B	2-3	Jun 12, 13, 15, 16	9:40
393105-3C	4-7	Jun 12, 13, 15, 16	10:5



<u>Time</u>	Week
9:40 - 10:40	1
9:40 - 10:40	1
10.50 - 11.50	1

Theater Games

Enjoy being the center of attention? Dream about performing on stage? Join us in this theater class. We will explore the art of acting through improvisational games, creating and performing skits, and much more! Come ready to explore your imagination! Min/max: 6/14. **Fee: \$20**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>week</u>
393004-2A	K-1	Aug 14, 15, 17, 18	9:40 - 10:40	10
393004-3B	2-3	Aug 14, 15, 17, 18	10:50 - 11:50	10

Make a Music Video

Lights, camera, action! We'll choose a song and then create costumes, scenes, choreography and more! Get ready to be a star! Children will receive a DVD of the video during the week following the class. Min/max: 8/20 Fee: \$22

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393807-3A	K-1	Jul 31, Aug 1, 3, 4	10:50 - 11:50	8
393807-1B	2-3	Jul 31, Aug 1, 3, 4	8:30 - 9:30	8
393807-2C	4-7	Jul 31, Aug 1, 3, 4	9:40 - 10:40	8

Enrichment

Passport to Adventure

Get ready for a whirlwind visit to four very different countries or continents. Explore customs, music, language, crafts and foods from familiar to exotic. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393106-3A	K-1	Jun 12, 13, 15, 16	10:50 - 11:50	1
393106-3B	2-3	Jun 12, 13, 15, 16	10:50 - 11:50	1

Plan A Trip

Dream of traveling to a far off place? In this class we'll teach you how to plan an exciting vacation. You'll create an awesome itinerary that you can keep and perhaps use to make your dreams a reality someday. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393109-2C	4-7	Jun 12, 13, 15, 16	9:40 - 10:40	1

Boys and Girls Club

Join us for some time with your pals! We'll be dividing the girls and the boys into two clubs. Get ready to discover your clubs common interests as we hang - both inside and out! We'll also create projects and play all of our favorite games. Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393203-1A	K-1	Jun 19, 20, 22, 23	8:30 - 9:30	2
393203-1B	2-3	Jun 19, 20, 22, 23	8:30 - 9:30	2
393003-1A	K-1	Aug 14, 15, 17, 18	8:30 - 9:30	10
393003-1B	2-3	Aug 14, 15, 17, 18	8:30 - 9:30	10

Book Club

We will read a variety of stories in this class and use learn what is beyond the words through games, crafts and discussion. Min/max: 6/14. **Fee: \$20**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>
393307-3A	K-1	Jun 26, 27, 29, 30	10:50 - 11:50	3
393307-3B	2-3	Jun 26, 27, 29, 30	10:50 - 11:50	3

Crazy About Cards

Shuffle, deal, match pairs, suits and face down. What? Card terms will be explained while playing some familiar old favorites as well as exploring new games together. **Fee: \$14**

Activity #	<u>Gr.</u>	•	Dates	Ü	<u>Time</u>	Week
393409-3C	4-7		Jul 5, 6,	7	10:50 - 11:50	4

Creative Cooking

Here's your chance to create some fun foods with lots of tasty ingredients. We will make some goodies to try in class and create a cookbook to bring home. **Fee: \$19**

Activity #	<u>Gr.</u>	Dates	<u>Time</u>	Week
393404-2A	K-1	Jul 5, 6, 7	9:40 - 10:40	4
393404-2B	2-3	Jul 5, 6, 7	9:40 - 10:40	4
393404-3C	4-7	Jul 5, 6, 7	10:50 - 11:50	4

Storybook Creations

Bring out the writer in you! Create your very own book that you can read to family and friends. Your finished book will be complete with illustrations. **Fee: \$21**

Activity #	Gr.	<u>Dates</u>	<u>Time</u>	Week
393507-3A	K-1	Jul 10, 11, 13, 14	10:50 - 11:50	5
393507-3B	2-3	Jul 10, 11, 13, 14	10:50 - 11:50	5

Party Planners

Learn how to put on your very own party! We'll be choosing a theme, making the food, setting the table, creating the atmosphere and serving the snacks! On the last day of class the students will host a their party! Min/max: 6/14.

Fee: \$23					
Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	<u>Week</u>	
393506-3A	K-1	Jul 10, 11, 13, 14	10:50 - 11:50	5	
393506-1B	2-3	Jul 10, 11, 13, 14	8:30 - 9:30	5	
393809-3C	4-7	Jul 31, Aug 1, 3, 4	10:50 - 11:50	8	



Super Hero You

It's a bird, it's a plane, it's SuperYOU! Invent your own superhero identity and choose your special power. In this fun class you'll create a costume and accessories to become SuperYOU. Min/max: 6/14. **Fee: \$21**

Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393602-1A	K-1	Jul 17, 18, 20, 21	8:30 - 9:30	6
393602-3B	2-3	Jul 17, 18, 20, 21	10:50 - 11:50	6

Slimy, Squishy, Sticky

In this class we will not only explore a variety of dough, but we will make our own slime that may be sticky or squishy. Get ready to be grossed out! Min/max: 6/14. **Fee: \$21**

Activity #	Gr.	Dates	Time	Week
393903-1A	K-1	Aug 7, 8, 10, 11	8:30 - 9:30	9
393903-2B	2-3	Aug 7, 8, 10, 11	9:40 - 10:40	9

Spa-Salon

Hair, nails, skin care, groovy beads, cool snacks and friendship will make up this awesome class. Min/max: 6/14. **Fee: \$21**

Activity #	Gr.	<u>Dates</u>	Time	Week
393912-3C	4-7	Aug 7, 8, 10, 11	10:50 - 11:50	9

Photo Slideshow

Gather your favorite photos and we'll learn how to put them in a cool slideshow with music. This is a great way to treasure your summer memories! Min/max: 6/14.

Fee: \$21				
Activity #	<u>Gr.</u>	<u>Dates</u>	<u>Time</u>	Week
393010-2C	4-7	Aug 14, 15, 17, 18	9:40 - 10:40	10

Wednesday Trips and Special Events



"The field trips are a great way to break up the week and get my son to places I am not able to get him to because of our busy schedule." - ROCKS Parent/Guardian

V	<u>Veek</u>	<u>Date</u>	<u>Grade</u>	Trip/Special Event	<u>Fee</u>	Activity #
	1	Jun 14	K-3	Nickelodeon Universe	\$44	393120-2
	1	Jun 14	4-7	Valleyfair	\$52	393121-2
	2	Jun 21	K-7	Grandslam	\$42	393220-2
	3	Jun 28	K-3	Log Rolling, Slacklining & Swimming	\$40	393320-2
	3	Jun 28	4-7	Jim Lupient Water Park	\$40	393321-2
	4	Jul 5	No trips,	ROCKS classes will be held Monday - We	dnesday.	
	5	Jul 12	K-7	Wet & Wild Water Party	\$25	393520-2
	6	Jul 19	K-3	Old Log Theatre	\$40	393620-2
	6	Jul 19	4-7	MN Lynx Game	\$43	393621-2
	7	Jul 26	K-7	Bunker Beach	\$40	393720-2
	8	Aug 2	K-7	Nickel Jamboree	\$25	393820-2
	9	Aug 9	K-3		\$40	393920-2
	9	Aug 9	4-7	Como Regional Pool	\$40	393921-2
	10	Aug 16	K-7	Wild Mountain Water Park	\$42	393020-2

Fees above cover the trip admission, transportation and supervision from 7:00 a.m. - 5:30~p.m. Trips are included in the ROCKS weekly fee.

Leaders in Training & Junior Leaders

Leaders in Training (UT)

(for youth completing grades 6-7)

Monday, Tuesday, Thursday and Friday

Do you love ROCKS and want to be a recreation leader? In this youth leadership program you'll learn valuable teamwork, child care, first aid, problem solving and leadership skills. In addition, we will cover basic professional development skills such as job hunting, completing job applications and interviewing. The **UT** team will also plan and execute a community service project. Upon completion of the **UT** program, participants will be eligible to apply and interview for a Junior Leader volunteer position in following summers. Following the



program (July 27 – August 14) there will be volunteer opportunities available for the **UT** graduates to begin to test their skills. Don't miss this great new program that will not only build your skills and confidence, but will be tons of fun!

If your child is enrolled in ROCKS during week's 2, 3, 5, 6, and 7 you may select the **UT** program on your registration form. Children can participate in one or all of the weeks and it will be included in your ROCKS fee. This program does not meet on Wednesdays.

 Activity #
 What
 Dates
 Time
 Fee

 393212-2C
 LIT Program
 June 19- July 28
 9:40 a.m. - 11:50 a.m.
 \$175

This program will not meet on Monday-Friday, July 3-8.



Junior Leaders (for youth completing grades 7 - 10)

Did you complete the LIT program last summer and are now interested in volunteering during Recreation Programs for Pre-school and Elementary Age Children? Please complete our Junior Leader application to be considered for a position. The application is online at www.fridleymn. gov or pick one up at the Recreation Office at the City Municipal Building, 6431 University Ave. NE, Fridley, MN 55432. Volunteer Opportunities will be available throughout the summer. Junior Leader Training will take place on Tuesday, June 13th from 9:00 - 11:30 a.m.

Junior Leader Applications are due by Friday, May 19th.

Afternoon Activities

Children registered for the all day ROCKS program will have lunch at Commons Park and then participate in the programs below from 1:00 - 4:30 p.m. A weekly schedule and activity details are given to participants in the ROCKS Update (weekly newsletter). Children can register for the afternoon Playground and Chill programs individually as well. Please go to our website at www.fridleymn.gov or call 763-572-3570 for more information.

Playground Program for children completing grades K-3

It's time to play! This is a recreational program designed to involve children in a variety of activities, which will promote the development of friendships, good sportsmanship, coordination, motivation and creativity! Each week a new theme will be presented with games, stories, crafts and imagination to provide a well-rounded experience for your child.

CHILL Program for children completing grades 4-7

This is a great place to meet new friends and hang out! We'll really enjoy all that summer has to offer in this program that is full of fun and adventure. Activities will include sports, crafts, games, swimming, billiards, foosball, air hockey, video games and more! Participants will have the opportunity to share their interests with the group and help to plan the schedule of activities as well.

Note: The Fridley Middle School Pool will be closed for the summer, so we will not be attending open swim this year.

Registration Info

To Register:

Please fill out all forms completely, incomplete forms will result in delayed registration. Additional forms can be found online at www.fridleymn.gov

- ☐ Fill out the *Program Registration Form* on page 13, please include all phone numbers of parents/guardians, emergency contact and authorized release contacts (you may use this form for more than one child). Please note: your child will only be released to those listed on the registration form. After the time of registration you may add someone to your authorized release contacts by calling the Recreation Department at 763-572-3570.
- ☐ Find the *ROCKS Registration Form* for your child on page 14 for those who have **completed** grades K-1, page 15 for those who have **completed** grades 2-3 and page 16 for those who have **completed** grades 4-7 (please fill out one of these forms for each child).
 - ☐ Check the box for the weeks your child will be attending on the far left side of the form. Choose the weekly (\$135) or daily (\$35/day) option.
 - **Weekly:** Check a first choice and a second choice for each class and/or free time listed below each time period (please only choose one free time each week). Wednesday trips and special events are included in the weekly fee.
 - □ **Daily:** Fill in the circle for the days your child will attend. If you would like to register for the Wednesday trips and special events please fill in the circle in column 2 for Wed (the cost is listed in the box as well). Your child will participate in the classes marked with an asterisk(*).
- ☐ Include payment and **sign the Financial Agreement/Cancellation Policy on page 12**. Full payment for the first week and your \$50.00 cancellation deposit is necessary to process your registration. If you would like us to automatically charge your credit card each week, please fill out the credit card authorization the bottom of page 12.
- ☐ Return your registration:

<u>Mail-In:</u> Mail your registration form with payment to City of Fridley Recreation Department, 6431 University Avenue NE, Fridley, MN 55432

Walk-In: Recreation Department office hours are M-F, 8 a.m. - 5 p.m.; located next to the Police Department in the Fridley Municipal Center.

FAX: Accepted with VISA or MasterCard payment. FAX to 763-502-4976.



Mark your calendar:

ROCKSOrientation

5:30 - 6:00 p.m. Wednesday, May 31

Fridley Community

Center

Feel free to call or e-mail the Recreation Department with questions.

763-572-3570

recreation@fridleymn.gov

Due to the complexity of the All Day ROCKS registration we do not except registrations by phone or online.

ROCKS FINANCIAL AGREEMENT/CANCELLATION POLICY

This agreement is made and entered into between the City of Fridle	
I/We agree to pay the applicable regifor under the following terms:	istration fees for the weeks I/we have registered my/our child(ren)
Please check one:	
☐ Carry a balance due and pay for each week separately through	out the summer.
 If you carry a balance: The first week that your child(ren) will attend must be paid at the time of registration. A cancellation policy will be enforced, which will require a \$50 deposit per child at the time of registration for those who are registering for multiple weeks on the weekly payment plan. This deposit will be applied to your final week's payment if all guidelines have been followed in the cancellation policy (see Cancellation). Your balance due may be paid in full at any time. It is your responsibility to maintain weekly payments for the remainder of the weeks, which are due by 4:30 p.m. on the Monday preceding the week of service. PAYMENT(S): You can sign up for automatic payments using your VISA or MasterCard. Payments will automatically be applied to your credit card by the Recreation Department on the Monday preceding the week of service. (Use form below.) If you do not sign up for the automatic payment plan and your payment is received after the due date (Monday of the preceding week) a \$10 	CANCELLATION: 1. You must give notice of cancellation for a given week to the Parks & Recreation office at 763-572-3570 or recreation@ci.fridley.mn.us by 4:30 p.m. Wednesday of the preceding week or you will forfeit the \$50 cancellation deposit. NOTE: Written notification preferred DO NOT give notice to the ROCKS staff. If you've paid for the week and cancel after the Wednesday deadline the \$50 cancellation fee will be subtracted from your refund. Participants who were cancelled from the program by the Parks & Recreation office by the Wednesday deadline due to no payment will not be assessed the \$50 fee. NOTE: Two automatic cancellations by the Recreation Office will result in removal from the ROCKS program for the remainder of the summer. To re-enroll your child you may register on a weekly basis or pay in full for all future enrollments. 2. If your child should arrive for the week that they were cancelled from due to lack of payment, they will not be allowed to participate. You will be immediately notified of this. 3. If you forfeit your \$50 cancellation deposit and would like to continue attending the ROCKS program an additional \$50 deposit is required.
 "Late Fee" will be applied to your total for each day it is late (thru Wednesday). 3. Payments not received by 4:30 p.m. Wednesday of the preceding week will result in the automatic cancellation of your child's enrollment for that week. 4. Payments are based on weekly enrollment. There will not be a deduction in fee if a child is absent any day(s). I have read the above terms and understand the financial commitment. 	OTHER: 1. A late pick-up fee of \$5 in increments of 5 minutes past the assigned pick-up time will be assessed per household.
Signature of Parent/Guardian 1	Relationship Date
Signature of Parent/Guardian 2	Relationship Date
•••••	<u>.</u>
Credit Card Paymen I authorize the Fridley Recreation Department to charge my credit Cards will be charged the Monday prior to the week of care. Weekly Child(ren)'s Name(s)	card on a weekly basis for my child's ROCKS program fees. Credit program costs are \$135 (\$80 for Week 4) per child. Daily Fee: \$35.
I agree that I will notify the Recreation Department to any chan understand that I may notify the Recreation Department of change	
□ VISA □ MasterCard	Expiration Date:
Print Name on Card: Signature	: Date:
Office Use Only:	~ - ·
Week 2 \$ Week 4 \$ Week 6 \$ Week 3 \$ Week 5 \$ Week 7 \$	S Week 8 \$ Week 10 \$ S Total Charged \$

Program Registration Form.

City of Fridley Parks & Recreation Department, 6431 University Avenue NE, Fridley, MN 55432

(763) 572-3570

	Amount Rev	vd \$	Scho	larship \$	Receiv	ved by	Last 4 dig	
OFFICE USE ONLY Receipt #	Y							
Registra	nt/Parent Signatu	re					Date	
, the undersigned, have read	I the above information per	taining to the F	Photo Release,	Transportation Rel	ease, Data Privacy	, Liability, Code	of Conduct (listed on pag	e 2).
gainst the agency providing This release does not apply to					suffered by myself	or my child at ar	ny activity sponsored by the	ese groups.
Liability Waiver n consideration of your acce								
not receive updated program	2						1 ,	- 5
In accordance with the MN (and/or your child on our region the public. While you may	stration form is considered	private. Privat	te data is availa	ble to you and to C	city staff who need	to have this info	rmation to perform their d	uties, but no
Data Privacy Warning			ŕ					
Transportation Release By signing below I authorize and claims for damages I ma				on Department and	or their contractor	s (i.e., bus compa	any) and waive and release	any rights
By signing below I authorize publications (brochure, web								ment
Photo Release								
lease list any info	rmation you feel ondition, IEP, etc.)	our staff s	hould be	made aware	of regarding	g special ne	eeds or medical c	ondition
cancellations: Relun	ds will be given for re		cancelled pr	ior to the start	of the class.		Total Enclosed	
	e will be no refunds fo			0		date.	Total Due	
Participant's First Name	Grade Completing	School		D.O.B.	Activi	ty Name	Activity #	Fee
Authorized Release 3			ome Phone	D.O.D.	I	Work/Cell Pho	Г	Г.
Authorized Release 2			ome Phone			Work/Cell Pho		
authorized Release 1		Но	ome Phone			Work/Cell Pho	one	
Emergency Contact			ome Phone			Work/Cell Pho		
-Mail Address			rent/Guardian	1 Cell		Parent/Guardia	an 2 Cell	
arent/Guardian 1			ome Phone			Work Phone Work Phone		
Address		Ci			State	I w 1 N	Zip	
Participant Last Name				Family Last N	1		1	

Child's Name:

$oldsymbol{\mathsf{L}}$ (Grade completed in the 2016-2017 school year) Registration Form--Grades K-1

Weekly: Check a first choice and a second choice for each class and/or free time listed below each time period (please only choose one free time each week). Directions: First check the box for Weekly or Daily registration for the dates you would like to enroll. (Wednesday trips & special events are listed on pg. 10.)

- Wednesday trips and special events are included in the weekly fee.
- Daily: Fill in the circle for the days your child will attend. If you would like to register for the Wednesday trips and special events please fill in the circle in column 2 for Wed (the cost is listed in the box as well). Your child will participate in the classes marked with an asterisk(*),

	Weekly/Daily	ily	8:30 - 9:	9:30 a.m.		9:40 - 10:	10:40 a.m.		10:50 - 11	11:50 a.m	
S I.,	Wk Dates Activity# 1 Jun 12 - 16 393100-A □ Weekly (\$135): Monday - Friday □ Daily (\$35): OM OTu OTh OF	Activity# 393100-A y - Friday 1 OTh OF	Activity Ready, Set, Recess Clay* O Wed 3931	Activity # 393102-1A 393103-1A 120-2 (\$44)	1st 2nd	Activity _ Dodgeball* Dance Free Time	Activity # 393104-2A 393105-2A 393101-2A	1st 2nd	Activity Passport to Adventure 393106-3A Pokemon Movie Making 393107-3A Free Time*	Activity # 393106-3A 393107-3A 393101-3A	1st 2nd
•	2 Jun 19 - 23 393200-A Weekly (\$135): Monday - Friday □ Daily (\$35): OM OTu OTh OF	393200-A y - Friday ı OTh OF	Pickleball Boys or Girls Club* O Wed 3933	393202-1A b* 393203-1A 393220-2 (\$42)	00_	Glitter Glam Rocketry Free Time*	393207-2A 393204-2A 393201-2A	000	Track & Field* Collage & Mosaic Free Time	393206-3A 393205-3A 393201-3A	
	3 Jun 26 - 30 393300-A ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	393300-A y - Friday ı OTh OF	Cheerleading Our Earth*	393302-1A 393303-1A 393320-2 (\$40)		Flag Football* Bead & Tape Creations Free Time	393304-2A 393305-2A 393301-2A	000	Tennis Book Club Free Time*	393306-3A 393307-3A 393301-3A	000
•	Jul 5 - 7 393400-A ☐ Weekly (\$80): Wednesday - Friday ☐ Daily (\$35): OW OTh OF	393400-A day - Friday n OF	Printmaking Fitness Fun*	393402-1A 393403-1A	 	Creative Cooking Archery Free Time*	393404-2A 393405-2A 393401-2A	000	The Buzz on Bugs* Scavenger Hunt Free Time	393406-3A 393407-3A 393401-3A	000
	5 Jul 10 - 14 393500-A Weekly (\$135): Monday - Friday □ Daily (\$35): OM OTu OTh OF	393500-A y - Friday ı OTh OF	Wearable Art* Lacrosse O Wed 393	393502-1A 393503-1A 393520-2 (\$25)		Feathered Friends Sidewalk Games* Free Time	393504-2A 393505-2A 393501-2A	000	Party Planners Storybook Creations Free Time*	393506-3A 393507-3A 393501-3A	000
	5 Uweekly (\$135): Monday - Friday □ Daily (\$35): OM OTu OTh OF	393600-A y - Friday ı OTh OF	Super Hero You Silly Science* O Wed 393	393602-1A 393603-1A 393620-2 (\$40)		3D Art Fencing Free Time*	393604-2A 393605-2A 393601-2A	000	Outdoor Games* Puppetry Free Time	393606-3A 393607-3A 393601-3A	000
•	7 Jul 24 - 28 393700-A ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	393700-A y - Friday ı OTh OF	Karate Create An Animal* O Wed 3937	393702-1A 393703-1A 720-2 (\$40)	00_	Basketball* Painting Free Time	393704-2A 393705-2A 393701-2A	000	Tweedle-D-Needle Tennis Free Time*	393706-3A 393707-3A 393701-3A	000
	8 Jul 31 - Aug 4 393800-A ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	393800-A y - Friday ı OTh OF	Backyard Habitats* 393802-1A Flag Rugby 393820-2 (\$25)	393802-1A 393803-1A 820-2 (\$25)		Soccer* Recyclable Art Free Time	393804-2A 393805-2A 393801-2A	000	Make A Music Video Space Explorers Free Time*	393807-3A 393806-3A 393801-3A	000
J .	9 Aug 7 - 11 393900-A ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	393900-A y - Friday ı OTh OF	Yoga Slimy Squishy Sticky* O Wed 393	393902-1A :ky* 393903-1A 393920-2 (\$40)	00	Photo & Scrap Archery Free Time*	393904-2A 393905-2A 393901-2A	000	Build Itl - STEM Sport Sampler* Free Time	393906-3A 393907-3A 393901-3A	000
7	10 Aug 14 - 18 393000-A ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	393000-A y - Friday ı OTh OF	Intro To Coding Boys or Girls Club* O Wed 393 **Childr	393002-1A 393003-1A 393020-2 (\$42) ildren registered	or the	ng 393002-1A Image Theater Games 393004-2A Image Theatly program will be participating in the classes noted with an asterisk (*).	393004-2A 393005-2A 393001-2A rrticipating in	the class	T-ball & Kickball* Drawing & Paper Art Free Time ses noted with an aster	393006-3A 393007-3A 393001-3A isk(*).	000 000

Child's Name:

Registration Form--Grades 2-3 (Grade completed in the 2016-2017 school year)

Weekly: Check a first choice and a second choice for each class and/or free time listed below each time period (please only choose one free time each week). **Directions:** First check the box for Weekly or Daily registration for the dates you would like to enroll. (Wednesday trips & special events are listed on pg. 10.)

Daily: Fill in the circle for the days your child will attend. If you would like to register for the Wednesday trips and special events please fill in the circle in Wednesday trips and special events are included in the weekly fee.

column 2 for Wed (the cost is listed in the box as well). Your child will participate in the classes marked with an asterisk(*)

Weekly/Daily	8:30 - 9:30 a.m.	9:40 - 10	10:40 a.m.	10:50 - 11	11:50 a.m.
Wk Dates Activity# 1 Jun 12 - 16 393100-B □ Weekly (\$135): Monday - Friday □ Daily (\$35): OM OTU OTh OF	Activity Activity # 1st Track & Field* 393108-1B □ Pokemon Movie Making 393107-1B □ □ O Wed 393120-2 (\$44) □	Activity _ Dance ☐ Clay* Free Time	Activity # 1st 2nd 393105-2B □ □ 393103-2B □ □ 393101-2B □ □	Activity Ready, Set, Recess Passport To Adventure Free Time*	Activity # 1st 2md 393102-3B
2 Jun 19 - 23 393200-B Weekly (\$135): Monday - Friday Daily (\$35): OM OTU OTh OF	Boys or Girls Club* 393203-1B Rocketry	□ Dodgeball* □ Glitter Glam Free Time	393208-2B	Pickleball Collage & Mosaic Free Time*	393202-3B
3 Jun 26 - 30 393300-B	Tennis 393306-1B Bead & Tape Creations*393305-1B O Wed 393320-2 (\$40)	Cheerleading Our Earth Free Time*	393302-2B	Book Club Flag Football* Free Time	393307-3B
Jul 5 - 7 393400-B ☐ Weekly (\$80): Wednesday - Friday ☐ Daily (\$35): OW OTh OF	Archery 393405-1B ☐ Printmaking* 393402-1B ☐	Scavenger Hunt* Creative Cooking Free Time	393407-2B	The Buzz on Bugs Fitness Fun Free Time*	393406-3B
5 Jul 10 - 14 393500-B Weekly (\$135): Monday - Friday Daily (\$35): OM OTu OTh OF	Feathered Friends* 393504-1B Party Planners	Floor Hockey* Wearable Art Free Time	393508-2B	Storybook Creations Lacrosse Free Time*	393507-3B
5	Tennis 393608-1B 3D Art* 393604-1B 🗋 O Wed 393620-2 (\$40)	Silly Science* Fencing Free Time	393603-2B	Puppetry Superhero You Free Time*	393607-3B
7 Jul 24 - 28 393700-B ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	Create An Animal* 393703-1B	□ Painting* □ Golf (Continued) Free Time	393705-2B	Tweedle-D-Needle Karate Free Time*	393706-3B
8 Jul 31 - Aug 4 393800-B ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	Recyclable Art* 393805-1B ☐ Make A Music Video 393807-1B ☐ ☐ O Wed 393820-2 (\$25)	Flag Rugby Backyard Habitats Free Time*	393803-2B	Space Explorers Soccer* Free Time	393806-3B
9 Aug 7 - 11 393900-B ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	Photo & Scrap* 393904-1B	Slimy Squishy Sticky Basketball* Free Time	393903-2B	Build Itl - STEM Yoga Free Time*	393906-3B
10 Aug 14 - 18 393000-B ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTU OTh OF	Boys or Girls Club 393003-1B	Intro To Coding 393002-2B T-ball & Kickball 393006-2B Free Time* 393001-2B The negation of all the negations of all the negation of all the negations of all the negatio	9	Drawing & Paper Art* Theater Games Free Time	Art* 393007-3B

Children registered for the daily program will be participating in the classes noted with an asterisk().

Child's Name:

Registration Form--Grades 4-7 (Grade completed in the 2016-2017 school year)

Weekly: Check a first choice and a second choice for each class and/or free time listed below each time period (please only choose one free time each week). Directions: First check the box for Weekly or Daily registration for the dates you would like to enroll. (Wednesday trips & special events are listed on pg. 10.)

- Wednesday trips and special events are included in the weekly fee.
- Daily: Fill in the circle for the days your child will attend. If you would like to register for the Wednesday trips and special events please fill in the circle in column 2 for Wed (the cost is listed in the box as well). Your child will participate in the classes marked with an asterisk(*)

	Weekly/Daily	ily	8:30 - 6:30	30 a.m.		9:40 - 10:40 a.m.	40 a.m		10:50 - 11	11:50 a.m.	•
Wk	Dates	Activity#	Activity	Activity #	$1^{\text{st}} 2^{\text{nd}}$	Activity	Activity #	1st 2nd	Activity	Activity #	$1^{\text{st}} 2^{\text{nd}}$
	Jun 12 - 16 393100-C ■ Weekly (\$135): Monday - Friday ■ Daily (\$35): OM OTu OTh OF	393100-C y - Friday 1 OTh OF	e* 393121-2	393101-1C (\$52)		Track & Field* 393108-2C Pokemon Movie Making 393107-2C Plan A Trip 393109-2C	393108-2C 393107-2C 393109-2C	000	Dance Clay* Tennis	393105-3C 393103-3C 393110-3C	000
N	Jun 19 - 23 393200-C ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	393200-C y - Friday 1 OTh OF	Free Time* O Wed 393220-2 (\$	393201-1C (\$42) Gr. 6-7 Only		Collage & Mosaic* Pickleball	393205-2C 393202-2C 393210-2C	000	Flag Football* 393209. Rocketry 393204 LIT - Team Building (continued)	393209-3C 393204-3C ntinued)	00
е П	Jun 26 - 30 393300-C ☐ Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	393300-C y - Friday 1 OTh OF	Free Time* O Wed 393321-2 (393301-1C (\$40) Gr. 6-7 Only		Dodgeball* Bead & Tape Creations -LIT - Leadership	393308-2C 393305-2C 393310-2C	000	Cheerleading 393; Wilderness Survivor* 393; LIT - Leadership (continued)	393302-3C 393309-3C nued)	00
4	Jul 5 - 7 393400-C ■ Weekly (\$80): Wednesday - Friday ■ Daily (\$35): OW OTh OF	393400-C inesday - Friday OTh OF	Free Time*	393401-1C	0	Basketball* Fitness Fun Design Time	393408-2C 393403-2C 393410-2C	000	Crazy About Cards* Archery Creative Cooking	393409-3C 393405-3C 393404-3C	000
ro	Jul 10 - 14 393500-C Weekly (\$135): Monday - Friday □ Daily (\$35): OM OTu OTh OF	393500-C y - Friday ı OTh OF	Free Time* O Wed 393520-2 (393501-1C (\$25) Gr. 6-7 Only		Compelling Comics* Lacrosse - LTT - Childcare	393511-2C 393503-2C 393510-2C	000	Baseball & Wiffleball* 39; T-shirt Art LIT - Childcare (continued)	393509-3C 393512-3C 1ed)	00 00
o O O	Jul 17 - 21 393600-C Weekly (\$135): Monday - Friday □ Daily (\$35): OM OTu OTh OF	393600-C y - Friday ı OTh OF	Free Time* O Wed 393621-2 (393601-1C (\$43) Gr. 6-7 Only		Fencing 3D Art* ►LIT - Job Readiness	393605-2C 393604-2C 393610-2C	000	Clever Chemistry 393609 Tennis* 393608 LIT - Job Readiness (continued)	393609-3C 393608-3C ntinued)	oo
6	Jul 24 - 28 393700-C Weekly (\$135): Monday - Friday ☐ Daily (\$35): OM OTu OTh OF	393700-C y - Friday ı OTh OF	Free Time* O Wed 393720-2 (6)	393701-1C (\$40) Gr. 6-7 Only		Pet Care* Karate ►LIT - Volunteerism	393708-2C 393702-2C 393310-2C	000	Soccer* Painting 39370 LIT - Volunteerism (continued)	393709-3C 393705-3C ttinued)	00 00
∞ □□	Jul 31 - Aug 4 393800-C Weekly (\$135): Monday - Friday Daily (\$35): OM OTu OTh OF	393800-C y - Friday ı OTh OF	Free Time* O Wed 393820-2 (393801-1C		Floor Hockey* Make A Music Video Recyclable Art	393808-2C 393807-2C 393805-2C	000	Backyard Habitats Flag Rugby* Party Planners	393802-3C 393803-3C 393809-3C	000
6	Aug 7 - 11 393900-C ■ Weekly (\$135): Monday - Friday ■ Daily (\$35): OM OTu OTh OF	393900-C y - Friday ı OTh OF	Free Time* Golf (2 hours) O Wed 393921-2 (6	393901-1C 393909-1C (\$40)	00	Golf (continued) Yoga Build It! - SETM*	393902-2C 393906-2C	000	Paracord Projects* Spa-Salon Archery	393911-3C 393912-3C 393905-3C	000
<u>≃</u> □□	Aug 14 - 18 393000-C ■ Weekly (\$135): Monday - Friday ■ Daily (\$35): OM OTu OTh OF	393000-C y - Friday ı OTh OF	Free Time* O Wed 393020-2 (393001-1C (\$42)	0	Sand Volleyball Photo Slideshow Drawing & Paper Art*	393009-2C 393010-2C 393007-2C	000	Glitter & Glam Sport Sampler* Intro To Coding	393011-3C 393008-3C 393002-3C	000
			*Childre	en registered	for the a	*Children registered for the daily program will be participating in the classes noted with an asterisk(*).	rticipating in	n the cla	sses noted with an aster	risk(*).	