

Personal Reflections

What is the Best Piece of Advice You Have Ever Received?

<https://www.youtube.com/watch?v=FLVK3cAl4G4>

Write About a Time You Demonstrated Grit

<https://www.youtube.com/watch?v=SflW5OlQnV4&t=2s>

Create a Plan to Manage Test Stress:

<https://www.youtube.com/watch?v=WvDzVZn01Qk>

Choose 5 Adjectives to Describe Yourself

<https://www.youtube.com/watch?v=GrovHm3TBF0>

How Should You Handle a Bully?

<https://www.youtube.com/watch?v=OZmCdZrComQ>

How Can You Demonstrate Leadership?

https://www.youtube.com/watch?v=Ow8PdxC_Xvw&t=29s

Define what Success Means to You

<https://www.youtube.com/watch?v=NpbZTlvdLuY&t=5s>

Create a Plan to Manage Test Stress

<https://www.youtube.com/watch?v=WvDzVZn01Qk>

How do you deal with pressure or stressful situations?

<https://www.youtube.com/watch?v=1c48tly0RxI>

Where do you see yourself in 5 years?

https://www.youtube.com/watch?v=_6vp7v8l51c

Write about a challenge or conflict you've faced.

<https://www.youtube.com/watch?v=L-tG-1Y2wXk&t=19s>

What is your greatest weakness?

<https://www.youtube.com/watch?v=W-a99uFz4uw>

What is your greatest strength?

<https://www.youtube.com/watch?v=NAK1bdC8KNw&t=1s>

Write about a random act of kindness.

Video Link: <https://www.youtube.com/watch?v=JWhbATiBkqg>

Tell me a little bit about yourself.

Video Link: <https://www.youtube.com/watch?v=vHcsIHCv1Ao&t=1s>

Describe a time you demonstrated leadership skills.

Video Link: <https://www.youtube.com/watch?v=2IJ3p2gMhqk>

Describe your creative side.

Video Link: <https://www.youtube.com/watch?v=2CJqD3i9Bog>

Turn your greatest accomplishment into a story.

Video Link: <https://www.youtube.com/watch?v=wWTLu7M2PGI>

Can you give step-by-step advice on how to handle peer pressure?

<https://www.youtube.com/watch?v=iiiokKVmR-U>

Write about a time you were embarrassed.

https://www.youtube.com/watch?v=N-8_V_VsiYM&t=8s

Write one aspiration of yours.

<https://www.youtube.com/watch?v=myMt8hijyNUM>

Write one thing you are optimistic about.

<https://www.youtube.com/watch?v=1EZgJIVk9xQ>

Write about a view that captivated you.

<https://www.youtube.com/watch?v=rY3YieZobDc&t=1s>

Choose a quote on calmness.

https://www.youtube.com/watch?v=6JE_Exsk3Xc&t=16s

What makes you come alive?

<https://www.youtube.com/watch?v=h7o0sIVeyZc>

What are THREE things you are grateful for?

<https://www.youtube.com/watch?v=dypmnhTpNyY>

Describe your hometown.

<https://www.youtube.com/watch?v=rBIsBizLAss>

Write about a song that uplifts you.

<https://www.youtube.com/watch?v=Hqk11uQouEY>

Explain Courage to a six-year old.

<https://www.youtube.com/watch?v=JmEwIMv1Y38>

Tweet your life story.

<https://www.youtube.com/watch?v=upagI9b3jRA>

Three things you would do if fear was not a barrier.

<https://www.youtube.com/watch?v=uqvmgebenGE>

How do you handle a bad day?

<https://www.youtube.com/watch?v=cv7f4UQrP3Y&t=9s>

What do you love about yourself?

https://www.youtube.com/watch?v=LYVFax_64Ac

Become a better student by eliminating one bad habit.

<https://www.youtube.com/watch?v=oD3m3x-Lfhc>