

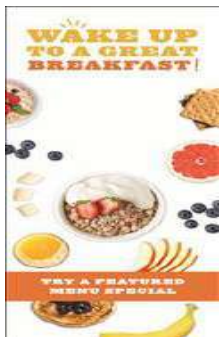
Look What's Cooking in 2019!

The North Reading Public Schools and the Food Services provider, Chartwells, are pleased to announce a number of new initiatives to be introduced across the school district in January 2019.

In addition, below you will read about some additional new initiatives that have been implemented recently.



Nutrislice Web/Phone App – District-wide – Nutrislice is the mobile *Menu/Nutrition* resource for students/parents as well as school wellness professionals. In addition to menus by school, Nutrislice also features nutritional information, allergen sorting, and carbohydrate counts. Click on the Nutrislice logo to view your school menus!



School Breakfast Program –High School/Middle School - Since Main Street is the cool place to hang before classes begin, we brought the café style breakfast station to the students via a mobile breakfast cart! Breakfast is an important component to help jump start their day of learning. Special thanks to NRPS Director of Finance and Operations Mr. Michael Connelly for writing a grant that provided the funding to purchase the mobile breakfast cart.

Breakfast Pilot Program - Batchelder Elementary School – Our elementary breakfast program at this location continues to grow, and we hope to expand this important service to all of the elementary schools throughout the district.

"Wild Greens" Salad Bar –High School – The students and administration spoke and we listened. Students expressed their interest for a self-serve salad bar during a focus group session. Based on this information, we implemented our "Wild Greens" station concept within the café. After several months of implementation, this station continues to be a popular choice among both students and staff!

After School Snack Bar – High School/Middle School– Students today are spending more time at school involved in extra-curricular activities such as athletics, music, drama, and study groups. Understanding the importance of nutrition and fueling strong minds and bodies, we are now offering this service so students have access to nutritious options for their extended days.

Improved Café Environment –High School – By adding counter height tables and comfortable seating as well as technology such as charging stations, a large screen smart TV, and music, we have created an inviting and comfortable space for students to enjoy while studying or just catching up with friends before the start of school.

wild greens

snackbar:)

New for 2019...

Health and Nutrition Initiatives

After the winter break, some exciting new dining and nutrition initiatives will be introduced at our schools that will benefit our students and school community.



Encouraging Nutritious Eating Habits – Extending the classroom education into the cafeteria – Chartwells philosophy is to nourish the bodies, mind,s and spirits of our students and pave the way for a lifetime of success and well-being. We will continue to achieve this through nutrition education and encouraging nutritious eating habits both in and out of school through a variety of initiatives.

Added Variety and Meatless Menu options – District-wide –Look for more meatless alternative options on our menus at all schools! These will include salads at our Wild Greens station concept with plant based proteins, black bean burgers at our grill stations, as well as other nutritious and student-approved meatless options.

Extra Extra - Unlimited Fruits and Veggies! – District-wide - Increased education and marketing of our unlimited fruits and vegetable side dishes available with each meal. Options include fresh fruits and vegetables (many locally sourced), composed salad, and other nutritious options!

Menu Additions Based on Trial- To introduce new menu additions and recipes, we will allow students to sample items and provide feedback, thus allowing for more student choices in what is being offered.

Discovery Kitchen Classroom Education - Elementary Level – To promote nutritious eating at the elementary level, we will be promoting our Discovery Kitchen monthly food focus education.

Added Retail Snack Items – We will look to add an additional variety of snack bars and beverages that meet or exceed USDA and State Regulations. We will utilize vendor relations to sample products when possible.



Enjoy the Holidays and we will see you in January!!!!