



# 11.1 Notes



## ■ Vibrations and Waves



■ A repeated motion, such as an acrobat swinging, is called a periodic motion.



■ As you know, a spring always pushes or pulls a mass back toward its original position. This is called the **restoring force**.



■ Any periodic motion that is the result of a restoring force is called **simple harmonic motion**.



# Hooke's Law

- Spring force =  $-(\text{spring constant} \times \text{displacement})$
- The negative sign signifies that the direction of the spring force is always opposite the mass's displacement.
- The value of the spring constant is a measure of the stiffness of the spring. The greater the  $k$ , the greater the force needed to stretch or compress the spring.
- SI units of  $k$  are N/m



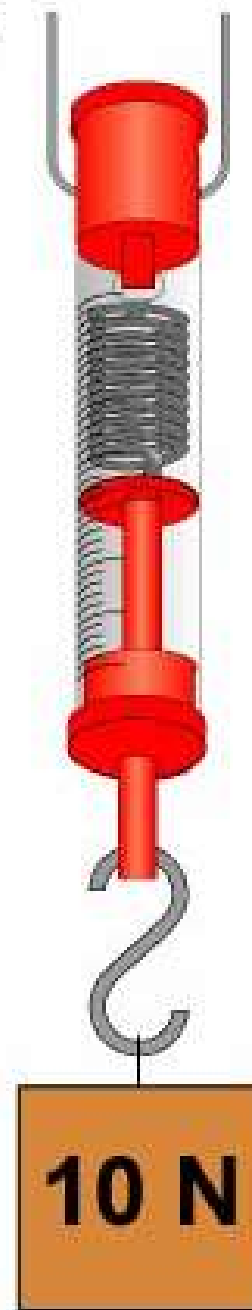
# Hooke's Law

*Force*  
(newtons)

*Extension or  
compression*  
(meters)

$$F = -kx$$

*Spring constant*  
(newtons/meters)





$$\text{Spring force} = -(K x)$$

- Suppose a spring with a mass of 50 kg is stretched vertically 30 cm. What is the spring constant in this case?



# Velocity and Acceleration

- Imagine you have a spring with a weight connected at the end. We lay the spring and weight flat on a table and pull the weight back and release.
- When the spring is at the equilibrium position, velocity reaches a maximum.
- At maximum displacement, the spring force and acceleration reach a maximum.





Maximum Displacement =  
Greatest spring force and  
greatest acceleration

At Equilibrium =  
Greatest Velocity



Equilibrium (If spring was never pulled  
and was just lying on the table)



Maximum Displacement =  
Greatest spring force and  
greatest acceleration

# Simple Pendulum

- A simple pendulum consists of a mass called a bob, which is attached to a fixed string.
- When working with a simple pendulum, we assume the mass of the bob is concentrated at a point and the mass of the string is negligible.
- Also, we disregard friction and air resistance.







# Chapter 11-2



## ■ Harmonic Motion



- The maximum displacement from the equilibrium position is called **amplitude**.
- For a mass spring system, the amplitude is the maximum distance stretched or compressed.



- The period is the time it takes for a complete cycle.
- Period units = seconds
- Period =  $1/\text{Frequency}$



■ **Frequency** is the number of complete cycles in a unit of time.

■ Frequency units = **Hertz** (Hz)


■ Frequency (f) =  $1/\text{Period (T)}$





■ The period depends on string length and free-fall acceleration (gravity).

■  $\text{Period} = 2\pi \sqrt{L/g}$



# Period = $2\pi \sqrt{L/g}$

- A trapeze artist swings with a period of 5 s. Calculate the length of the cables supporting the trapeze.



- Mass and amplitude don't affect the period of a pendulum.
- This is similar to objects in free fall, which all have the same acceleration (gravity).



■ Period of a mass spring system depends on mass and spring constant.

■  $\text{Period} = 2\pi \sqrt{m/k}$





# Period = $2\pi \sqrt{m/k}$

- A spring of spring constant 30 N/m is attached to a 3 kg mass. Find the period and frequency.



# Assignment

■ 11.1 and  
11.2

Worksheets