

Welcome to Coach Chapman's PE classroom! I'm so excited to be a part of your fitness journey! This year my focus is for you to embrace a healthy, balanced lifestyle to improve your overall mental and physical health! We CAN and WILL do it together! Click on images to find links to youtube videos for a variety of fitness exercises.

# GYM:TIME



## Agenda

- Rules
- About Me
- About You – Let's Have some Fun!
- School Policy
- This Week at a Glance
- Q & A (I'll do my best! #we'reallinthis together)
- Try out Newrow (if we have some time)
- IOL – Introductory Online Learning Course





# working from home



## Student tips for successful **VIDEO CALLS**



1



Check in with your teacher. Gather your materials.

2



Be on time. Check in thru the chat when you arrive.

3



Stay engaged (nod or thumbs up) if others are talking.

4



Mute your mic if you're not speaking.

5



Use the chat or raise hand to share ?s/ideas.

6



Wait for teacher to call on you or unmute your mic.

7



Take notes in a doc or on paper for reference.

8



If using video, look at the camera, not the screen.

Text by Karly Moura @KarlyMoura. Infographic by Matt Miller @jmmiller. Icons by The Noun Project.

Unique  
New Ritual  
and Routine





Go ON...





# MSO CLASS ATTENDANCE

Students will be counted in attendance to class if they log into their teacher's live sessions.

At the Secondary level (6-12) students will log into their teacher's live session at the beginning of each class period/block.

Students must enable the camera function on their computers so that the teacher can identify them and take attendance. Students who log into K12 to do their daily assignments, but do not log into the live sessions with their teachers are considered absent to class

# Attendance Uniformity

---

Everyone must adhere to the attendance protocols



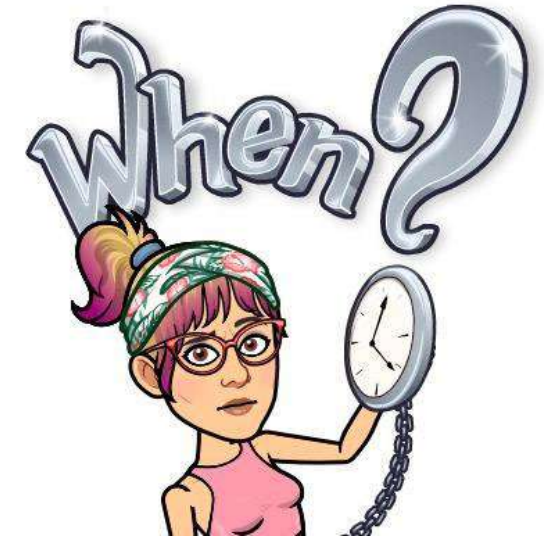
```
graph TD; A[Everyone must adhere to the attendance protocols] --> B[Students must turn the camera on their computer during attendance and class. Their faces must appear clear and accurate on the screen. This must take place during each scheduled class]; B --> C[Students may use a background such as green screen, however, the background screen must be conducive to the high moral standards of iTech and the Miami-Dade County Public School System]; C --> D[Students must be in uniform and ready each scheduled class session.];
```

Students must turn the camera on their computer during attendance and class. Their faces must appear clear and accurate on the screen. This must take place during each scheduled class

Students may use a background such as green screen, however, the background screen must be conducive to the high moral standards of iTech and the Miami-Dade County Public School System

Students must be in uniform and ready each scheduled class session.

Period 1/2	8:30 AM - 10:06 AM	96 minutes (90 Minutes + 6 for HR)
Passing/Brain Break	10:06 AM - 10:14 AM	8 minutes
Period 3/4	10:14 AM - 11:44 PM	90 minutes
Lunch	11:44 PM - 12:14 PM	30 minutes
Passing/Brain Break	12:14 PM - 12:22 PM	8 minutes
Period 5/6	12:22 PM - 1:52 PM	90 minutes
Passing/Brain Break	1:52 PM - 2:00 PM	8 minutes
Period 7/8	2:00 PM - 3:30 PM	90 Minutes





What is the  
schedule?

Odd Days –  
1,3,5,7

Even Days –  
2,4,6,8

July 2020					August 2020					September 2020									
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F					
		1	2	<del>3</del>	3	4	5	6	7	<del>7</del>	1	2	3	4					
6	7	8	9	10	10	11	<del>12</del>	<del>13</del>	<del>14</del>	<del>14</del>	8	9	10	11					
13	14	15	16	17	<del>17</del>	<del>18</del>	<del>19</del>	<del>20</del>	<del>21</del>	14	15	16	17	18					
20	21	22	23	24	<del>24</del>	<del>25</del>	<del>26</del>	<del>27</del>	<del>28</del>	21	22	23	24	25					
27	28	29	30	31						<del>28</del>	29	30							
October 2020					November 2020					December 2020									
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F					
			1	2	2	<del>3</del>	4	5	6		1	2	3	4					
5	6	7	8	9	9	10	<del>11</del>	12	13	7	8	9	10	11					
12	13	14	15	16	16	17	18	19	20	14	15	16	17	18					
19	20	21		<del>23</del>	23	24	<del>25</del>	<del>26</del>	<del>27</del>	<del>21</del>	<del>22</del>	<del>23</del>	<del>24</del>	<del>25</del>					
	27	28	29	30	30					<del>28</del>	<del>29</del>	<del>30</del>	<del>31</del>						
January 2021					February 2021					March 2021									
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F					
				<del>1</del>	1	2	3	4	5	1	2	3	4	5					
4	5	6	7	8	8	9	10	11	12	8	9	10	11	12					
11	12	13	14	15	<del>15</del>	16	17	18	19	15	16	17	18	19					
<del>18</del>	19	20	21		22	23	24	25	26	22	23	24		<del>26</del>					
	26	27	28	29						<del>29</del>	<del>30</del>	<del>31</del>							
April 2021					May 2021					June 2021									
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F					
			<del>1</del>	<del>2</del>	3	4	5	6	7		1	2	3	4					
	6	7	8	9	10	11	12	13	14	7	8		<del>10</del>	11					
12	13	14	15	16	17	18	19	20	21	14	15	16	17	18					
19	20	21	22	23	24	25	26	27	28	21	22	23	24	25					
26	27	28	29	30	<del>31</del>					28	29	30							
	New Teachers Report					Recess Day				Days in Grading Period									
	Teacher Planning Day					Beg/End of Grading Period													
	Teacher Planning Day - (No Opt)					Legal Holiday													
	District-wide Professional Development Day					Available to opt													
	A Day					Teacher Planning Day available to opt				1- 37									
	B Day									2- 49									
										3- 43									
										4- 47									

For information on employee opt days, please refer to back of calendar.

For information on employee opt days, please refer to back of calendar.

## We are a Uniform School

Mon-Thur: Oxford

Friday: Polo

PE – You Must Dress Out for PE (C)

- Holsen Inc.  
1176 NW 163rd Drive
- Miami, FL 33169-  
Phone Number: 305-769-2459
- Or any vendor that you choose  
to purchase from.
- Students in PE must dress Out  
(Letter C)





# Progressive Discipline Plan



## Offense Number

1<sup>st</sup>  
3<sup>rd</sup>  
4<sup>th</sup>  
6<sup>th</sup>  
8<sup>th</sup>  
10<sup>th</sup>

## Outcome

Warning- 1<sup>st</sup> week of school  
Parent Contact  
Removal from class session  
Probation Letter/ Behavior Contract  
Virtual Parent Conference with Administration  
Possible suspension from school

## Tardy to Class/School

**Excessive tardy to class will result in additional disciplinary action of general disruptive behavior.**

## Attendance to School

### Absence Number

5th  
7th  
8<sup>th</sup>  
10 or more

### Outcome

Parent Contact and Attendance Letter  
Virtual Parent Conference, Attendance Contract  
Contact School Police for Home Visit (Wellness Check)  
Referral to the Attendance Committee

**Probation:** Students are placed on probation if they receive a 2.4 or lower in a given nine week period. The first probation students are monitored by Student Services and have a parent conference. The second probation will result in a recommendation to return to your home school.

***Any students who have been referred to the Student Success Center, has 10 or more absences and/or 20 or more days tardy/ will not be allowed to participate in extra-curricular activities.***

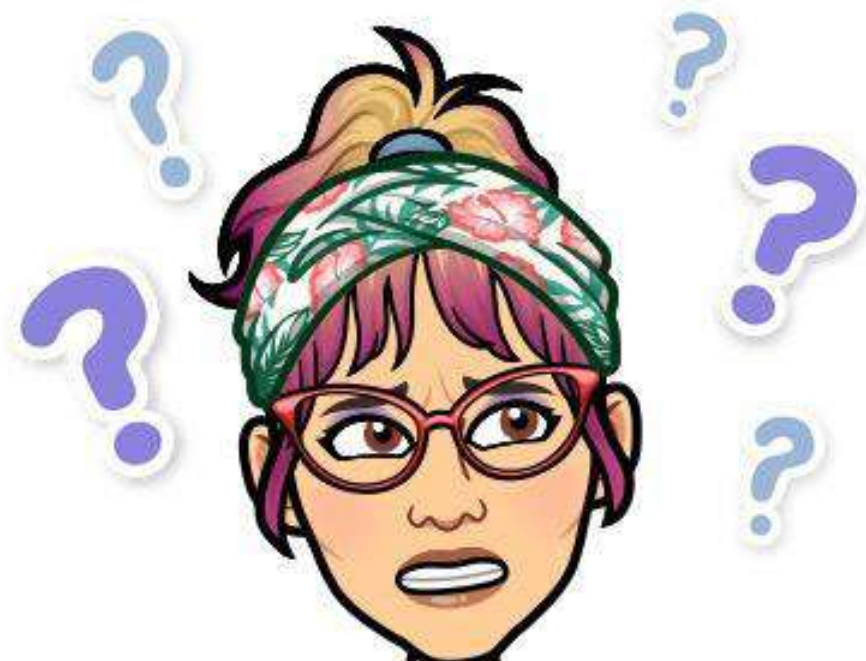
The plan of action taken for all other violations will be in accordance to the Miami-Dade County Public Schools Code of Student Conduct. Adhering to the consequences mentioned above, understand that any direct or indirect violation will revoke a student's magnet status. A student whose magnet status is revoked will return to their home school.



# WE GOT THIS!



#WE'REALLINTHISTOGETHER



I'm LoSt

# GO ON...



This week you will  
be doing an  
introductory course  
on how to use K12