

















<p>Chance</p> <p>Dribble 50 times counting by ones.</p> 	<p>Chance</p> <p>Volley a balloon underhand for 2 minutes.</p> 	<p>Chance</p> <p>Play catch with a partner. Toss underhand.</p> 	<p>Chance</p> <p>Play catch with a partner.</p> 
<p>Chance</p> <p>Dribble 20 times counting by tens.</p> 	<p>Chance</p> <p>Strike a balloon upward with a disc 30 times.</p> 	<p>Chance</p> <p>Toss and catch to yourself using the disc.</p> 	<p>Chance</p> <p>Toss and catch to a partner using the disc.</p> 
<p>Chance</p> <p>Kick against a wall or to friend 30 times, counting out loud.</p> 	<p>Chance</p> <p>Volley a balloon with a family member for 5 minutes.</p> 	<p>Chance</p> <p>Practice tossing underhand to a target like a basket.</p> 	<p>Chance</p> <p>Practice balancing on your head, shoulder and elbow.</p> 
<p>Chance</p> <p>Jump rope forward 30 times.</p> 	<p>Chance</p> <p>Jump rope backwards 30 times.</p> 	<p>Chance</p> <p>Jump rope for 10 minutes.</p> 	<p>Chance</p> <p>Jump rope for 5 minutes and count your jumps.</p> 

4th & 5th Grade- Cut Chance cards and place them on the game board.