Chance Chance Chance Chance Volley a balloon Play catch with a Dribble 50 times Play catch with a underhand for 3 partner. Toss counting by ones. partner. underhand. minutes. Chance Chance Chance Chance Toss and catch to a Strike a balloon Dribble 20 times Toss and catch to upward with a disc partner using the counting by fives. yourself using the disc. 30 times. disc. Chance Chance Chance Chance Kick against a wall or Volley a balloon with Practice tossing Practice balancing on to friend 30 times, underhand to a target a family member for your head, shoulder like a basket. 5 minutes. and elbow. Chance Chance Chance Chance Jump rope Jump rope for 10 Jump rope for 3 Jump rope forward backwards 20 times. minutes and count 20 times. minutes. your jumps.

2nd & 3rd Grade- Cut Chance cards and place them on the game board.