

Ch 4 Worksheet

Write the correct answer in the middle column.

Definition	Correct answer	Possible answers
1. movement, motion	_____	-cele
2. hernia	_____	fasci/o
3. fibrous connective tissue	_____	fibr/o
4. fascia	_____	-ia
5. condition	_____	kinesi/o

Write the correct answer in the middle column.

Definition	Correct answer	Possible answers
6. tone, tension, stretching	_____	my/o
7. tendon	_____	-rrhexis
8. rupture	_____	tax/o
9. muscle	_____	tend/o
10. coordination	_____	ton/o

Write the correct answer in the middle column.

Definition	Correct answer	Possible answers
6. cross-wise	_____	lateralis
7. ring-like	_____	oblique
8. slanted at an angle	_____	rectus
9. straight	_____	sphincter
10. toward the side	_____	transverse

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Select the correct answer and write it on the line provided.

11. The term meaning the rupture of a muscle is _____.

myocele

myorrhaphy

myorrhexis

myotomy

12. The term meaning the breaking down of muscle tissue is _____.

myoclonus

myolysis

myomalacia

myoparesis

13. The term meaning abnormally decreased motor function or activity is _____.

hyperkinesis

hypertonia

hypokinesis

hypotonia

14. The term that describes the study of muscular activity and the resulting movement of body parts is _____.

ergonomics

kinesiology

pathophysiology

physiology

15. The term meaning distortion or impairment of voluntary movement is _____.

bradykinesia

dyskinesia

hyperkinesia

hypokinesia

16. The term meaning abnormal softening of a muscle is _____.

myomalacia

myorrhexis

mysclerosis

myositis

17. The term meaning the surgical repair of a tendon is _____.

tenectomy

tenodesis

tenolysis

tenoplasty

18. The term meaning pain in a tendon is _____.

tenodesis

tenodynia

tenolysis

tenonectomy

19. A flat, fibrous sheet of connective tissue that attaches a muscle to a bone or to other tissues is a/an _____.

aponeurosis

fascia

fibrous sheath

ligament

20. A narrow band of nonelastic, fibrous tissue that attaches a muscle to a bone is called a/an _____.

aponeurosis

fascia

ligament

tendon

Ch 4 Worksheet

Define the following Pathologies on a piece of notebook paper and staple to the back of the packet

Fasciitis

Hyperkinesia

Tendinitis

Myoclonus

Tenalgia

Myasthenia Gravis

Adhesion

Muscular Dystrophy

Muscle Atrophy

Fibromyalgia Syndrome

Myalgia

Impingement Syndrome

Myolysis

Carpal Tunnel Syndrome

Polymyositis

Cervical Radiculopathy

Myorrhesis

Epicondylitis

Myosclerosis

Plantar Fasciitis

Hernia

Sprain

Myocele

Strain

Atonic

Myoparesis

Myotonia

Hemiparesis

Ataxia

Paralysis

Intermittent Claudication

Paraplegia

Spasmodic Torticollis

Bradykinesia

LABELING EXERCISES

Identify the movements in the accompanying figures by writing the correct term (from the following list) on the line provided.

- | | |
|-----------------|-------------------|
| • abduction | • flexion |
| • adduction | • plantar flexion |
| • circumduction | • pronation |
| • dorsiflexion | • rotation |
| • extension | • supination |

21 (4.91) _____

22 (4.92) _____

23 (4.96) _____

24 (4.97) _____

25 (4.93) _____

26 (4.94) _____

27 (4.98) _____

28 (4.99) _____

29 (4.95) _____

30 (4.100) _____

