

Ch. 4 Test Review

Human Needs

- Name 4 physiological needs that must be met to maintain STABILITY.
 - A
 - B
 - C
 - D

ANSWER

- Biological needs
- Safety needs
- Sensory needs
- Motor activity

Human Needs

- Name 4 of the biological needs
 - A
 - B
 - C
 - D

ANSWER

- Food
- Water
- Air
- Elimination
- Sleep

HUMAN NEEDS

- List 4 psychological (brain) needs
 - A
 - B
 - C
 - D

ANSWER

- Adequacy and security
- Social approval
- Self esteem
- Order and meaning in life
- Self growth (learning)

Defense Mechanisms

What defense mechanism is being described in the following

- Mary arranges her hair exactly as her favorite teacher.
- I couldn't afford the dress, but I bought it because it will cost more tomorrow.

Cont...

- 3. Jim's dad yells at him, and Jim gets really mad at you.
- 4. Jerry took his anger out on the basketball.
- 5. I wanted to play the piano but didn't do well, but I did do outstanding work in biology.

ANSWERS

- 1. Identification
- 2. Rationalization
- 3. Projection
- 4. Sublimation
- 5. Compensation

True or False

- Understanding defense mechanisms helps you to better understand people
- Many people do NOT use defense mechanisms
- As a healthcare worker, it is important to realize that people use defense mechanisms to protect themselves.

- If all psychological needs are met, you can assume that all physiological needs are also met.
- When individuals enter the hospital, they experience a change in routine
- Studies show that pets do not have an effect on the body

ANSWERS

- True
- False
- True
- True
- True
- False

Case Studies

- Mr. Levine is going for surgery in the morning. He is frightened and thinks he might die.

What basic need is threatened?

ANSWER

- Safety and security

Case Studies

- Mrs. White is an elderly lady who lives alone. Her daughter found her very confused. She had not had anything to eat or drink for two days.
 - What basic need does this represent?

ANSWER

- Biological

Case Studies

- Ms. Garcia had a stroke one year ago. She is unable to read, taste, or hear well. She also has severe loss of sensation in her hands.
 - What basic need is threatened?

ANSWER

- Sensory

Case Studies

- Mr. Desqi has a severe droop in his left eyelid and stutters. People always make fun of him, and have trouble understanding him. He was a public speaker before all this happened.
 - What basic need is threatened.

ANSWER

- Self esteem and adequacy

Case Studies

- Mary Kandel's small daughter has asthma and is in the hospital. Mary has several children at home and feels torn about where she should spend her time. Everything feels out of control.
 - What basic need is threatened?

ANSWER

- Order and Meaning in Life