

| Course Title | Course Description |
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| Art (I-IV) | Description: Students will create weekly hands-on art projects, experimenting with a variety of mediums from graphite and paint to clay and wire. Students will practice creative thinking and problem-solving. Student academic grades are earned through daily participation and weekly projects. This course is recommended for students interested in the arts. Coursework available: 4 years (Freshman-Senior) |
| Band (I-IV) | Description: Students in Central Lake High School Band are provided opportunities to explore, develop and refine their talents as musicians in a nurturing well-rounded performance-based environment. This elective is recommended for students interested in learning musical instruments. Coursework available: 4 years (Freshman-Senior) |
| Current Events | Description: This class is designed to provide students with the opportunity to discuss, understand, and explore local, national, political, economic and social issues in a respectful, meaningful, and active way. Throughout the term, students will stay up to date on current issues and trends. Because the subject of this class is "contemporary," topics will vary considerably depending on the current news cycle. Students will be challenged to defend their opinions on many different issues. This course is offered for one semester each school year. Coursework available: 3 years (Sophomore-Senior) |
| Global Studies | Description: Global studies focus on the analysis of events, activities, ideas, trends, processes and phenomena that appear across national boundaries and cultural regions. Students that enjoy Current Events are encouraged to take this course, expanding the concept of Current Events to the national and global level. This course is offered for one semester each school year. Coursework available: 3 years (Sophomore-Senior) |
| Advanced Fitness (I-IV) | Description: This class will concentrate solely on Strength Training and Physical Fitness using the Bigger, Faster, Stronger program. Participants should be self-motivated with goals of improving muscular strength, cardiovascular fitness, and overall athleticism. Students should be prepared to engage in a vigorous training program that includes, but is not limited to: static and dynamic flexibility training, speed and sprint training, plyometric training, and strength training. Students will also be exposed to basic concepts of human anatomy and physiology. This class does not focus on recreational sports and team games, rather on the improvement of one's overall personal fitness level. Coursework available: 4 years (Freshman-Senior) |
| Teacher Academy (I-II) | Description: Students will be working in a classroom setting and have the opportunity to work directly with students. Settings can include: Daycare, PreSchool, Kindergarten-5th Grade, or 6th-8th grade. Activities vary from assisting with teacher prep work, or, leading activities and working one-on-one with students. Participating classrooms vary year to year. Students meet once a week during seminar with their advisor and are in the classroom everyday. Students interested in a hands-on educational experience would be excellent candidates for this course. Coursework available: 2 years (Junior-Senior) |
| Senior Capstone (Required for all Seniors) | Description: Students in this class will cover a variety of personal and professional topics in an effort to prepare students for life after graduation. Topics include the following: College applications, FAFSA, Scholarships, Resumes, Cover Letters, Sending Professional Emails, Creating a Professional Email Account, Career Exploration, Interviewing, Managing Stress, Goal Setting, Time Management, Sleep, Exercise, Risk Behaviors, Cooking Skills, Following a Recipe, Kitchen and Food Safety, Cleaning/Laundry, Nutrition, Budget, Taxes, Health Insurance, Credit Cards, Loans, Housing, Change a flat tire, Checking fluids, Pumping Gas, Oil Changes, Handling a car accident, First Aid, Scheduling Appointments, Medications, Medical History, Etiquette, Manners, Setting Boundaries, Healthy Relationships, etc. Coursework available: 1 year (Senior) |
| Writing for Publication (I-III) | Description: Each student member of the "yearbook staff" will be assigned to a specific portion of the yearbook. Additionally, each staff member will be asked to attend, photograph, and document various sporting events, clubs meetings, and performances throughout the year. Each staff member will also assist in the detailed work of editing, proofing, and organizing. Coursework available: 3 years (Sophomore-Senior) |
| Health Occupations | Description: Students will be on site at Meadowbrook as an introductory healthcare experience and working towards gaining experience/training towards a CNA. A general, introductory, undifferentiated, or joint program in health services occupations that prepares individuals for either entry into specialized training programs or for a variety of concentrations in the allied health area. Includes instruction in the basic sciences, research and clinical procedures, and aspects of the subject matter related to various health occupations. Recommended for: students interested in a career in the health field Coursework available: 2 years (Junior-Senior) |
| Introduction to Power Equipment | Description: Students in this class will be engaged in hands-on experience to power equipment. This course offers skill-based learning with an introduction to small engines This program prepares individuals to apply technical knowledge and skills to repair, service, and maintain small internal combustion engines used on portable power equipment such as lawnmowers, chain saws, rotary tillers, and snowmobiles. Recommended for: students interested in a career related to small engine repair and building. Coursework available: 4 years (Freshman-Senior) |
| Introduction to Public Safety | Description: This program prepares individuals to apply theories and practices of organization management and criminal justice to the administration of public law enforcement agencies and operations. Includes instruction in law enforcement history and theory, operational command leadership, administration of public police organizations, labor relations, incident response strategies, legal and regulatory responsibilities, budgeting, public relations, and organizational leadership. Recommended for: students interested in law enforcement and public safety Coursework available: 1 year (Sophomore-Senior) |

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| Natural Resources and Conservation (NEW for Fall 2023) | <p>Description: A program that focuses on the studies and activities relating to the natural environment and its conservation, use, and improvement. It includes instruction in subjects such as climate, air, soil, water, land, fish and wildlife, and plant resources, basic principles of environmental science and natural resources management, and the recreational and economic uses of renewable and nonrenewable natural resources.</p> <p>Recommended for: students interested in work with the Department of Natural Resources and other related fields</p> <p>Coursework available: 2 years (Freshman-Senior)</p> |
| | <p>The goal of this course is to develop listening, speaking, reading and writing skills necessary for meaningful communication in both spoken and written Spanish. It is also designed to develop an appreciation and understanding of that cultural heritage and that special quality which is the Spanish-speaking world. Recommended for students who are willing to consistently and daily apply themselves in class, as learning a foreign language is a repetitive and cumulative process.</p> |
| Business Administration Management | <p>Description: Business Administration and Management. This program prepares individuals to plan, manage, supervise, and market business operations, products, and services. Includes instruction in business administration, information management, human resource management, business law, ethics, business communications utilizing application software, preparing and delivering presentations, planning and organizing projects, and decision making in a business environment.</p> <p>Recommended for: students interested in work in the field of business, finance and accounting</p> <p>Coursework available: 1 year (Freshman-Senior)</p> |
| Building Trades | <p>Description: Students enrolled in this course will have hands-on experience building a house. Students will have the opportunity to learn the basics of carpentry in both a small and large scale experience. Recommended for: students interested in construction trades and construction management> Coursework available: 3 years (Sophomore-Senior)</p> |
| Middle School Art | <p>Middle school art class is an opportunity for students to explore their creative talents and to express themselves in introductory hands-on art projects. Students will have a unique opportunity to tap into their imagination and express themselves through a variety of mediums.</p> |
| Middle School STEM | <p>This course is an excellent opportunity to strengthen and integrate knowledge and skills in the core learning areas of Science, Technology, Engineering, Arts and Mathematics, while exploring interdisciplinary STEM education. This course is intended to be a hands-on, problem-based and skill-application learning experience.</p> |
| Middle School Health & Phys Ed | <p>Students enrolled in PE/Health will spend a portion of the course focused on physical fitness in a gym setting and the other portion in the classroom with classroom instruction focused on the Michigan Model for Health (https://www.michiganmodelforhealth.org/), teaching students the knowledge and skills they need to build and maintain healthy behaviors and lifestyles. The MMH grade level curriculum spirals in its depth as students progress from year-to-year through the curriculum, K-12. Each grade level unit covers topic areas of: social emotional health, nutrition and physical activity, Safety, Alcohol, Tobacco & Other Drugs, Personal Health and Wellness. As the district prepares to move forward with the MMH, parents are encouraged to visit the Michigan Department of Education website for more specific information</p> |
| MS Natural Resources | <p>Natural Resources is a new course at the high school level and middle school students will get a brief experience as part of their rotation. This course provides an overview of natural resources in our surrounding areas and preparation for careers in natural resources and conservation management through hands-on activities and learning.</p> |