



Central Academy of Technology & Arts

Cougar Chronicle

Volume 9

Issue 4

August 12, 2021



Instagram

Dear CATA Family,

The Seniors Sunrise Celebration and Parking Spot Painting information are on Page 6. Information on Senior Shirts and Signs are on page 8. More New Family Information is on page 10.

The annual PTSO **Invest In Excellence Campaign** is underway: This campaign is a simple, one-time straightforward way for individuals and businesses to invest in the excellence of CATA. 100% of the money donated is invested in CATA. You are making an investment in your child's future. The campaign runs year-round. **Invest in Excellence donation includes PTSO Membership. Please see page three for details and the giving form.**

Bus information will be sent out the week before school begins. We need to know details about your student's transportation status for the 21-22 school year. We understand that things may change as the year goes on, however, this information will be very helpful for the beginning of the year. Please [click here](#) and fill out this form if a bus is needed. All students must wear a mask when riding on a UCPS school or activity bus. This is federal law.

AP Summer Assignments and reading: Please click [here](#) to for a list of the assignments

New Class Offerings: Please [click here](#) if you would like to take the following courses: Remember the Holocaust, AP World History, AP Human Geography, or AP Stats. If you indicate you would like to take the class (and we have enough interest), then we will try to fit it in your schedule. You may read course descriptions in the UCPS Program of Studies by [clicking here](#).

Seniors and Senior Parents, Class of 2022 Information about your senior portraits: Seniors, it's time to get your senior portraits and yearbook photo taken! Go online to cady.com/book22 to schedule your session! CADY has a studio at Crown Point Plaza in Matthews where your photos are taken. Every senior needs to get a picture taken with CADY so they will be in the yearbook. **Please see detailed information on page 9 about Class of 2022 Senior Portraits.**

Parking Passes— Parking passes went on sale today: **Thursday, 8/12 for seniors only, Friday, 8/13 for Juniors only, Monday, 8/16 for Sophomores only, and Tuesday 8/17 first come, first served.** The process for purchasing parking passes will be on the online platform "**FamilyID**" again this year (the same system as athletic paper work). An account will need to be created if you do not already have one. A link to the application is on the CATA website. Parking passes MAY NOT be purchased by any student who owes outstanding fees. Any student who does not follow the guidelines above will have their application moved to the correct day. After completion of the application, CATA will review your submission. The student will then receive a spot number and a link to pay for the pass once the application has been approved via the email provided in the registration form. Passes are \$45. Link for the application: <https://bit.ly/3s9faWh> Link for the parking spot map: <https://bit.ly/3xFlsOK>; Link for the Senior Paint Approval Form and Instructions: <https://bit.ly/37AtYUy> .

Athletic Passes are on sale
[Click HERE](#)

Student Pass – Good All Year –
All Sports - \$40.00
Parent Pass – Good All Year –
All Sports - \$100.00
Season Pass (Fall/Winter/
Spring) – **Parents** - \$50.00

Cost if you do not get a Pass

JV Football - \$30.00 (5 Home
Games - \$6.00 each)
Soccer – \$72.00 (12 Home Game
- \$6.00 each)
Volleyball - \$84.00 (14 Home
Games - \$6.00 each)
Fall Sports Total - \$186.00 for
all events

Spirit Wear Buy ONLINE

Link: <https://bit.ly/37BUL2N>

Go to the website link for long and short
sleeve shirts, tank tops, polo shirts, caps,
visors, masks, stadium seats, lanyards
hoodies, sweatshirts, shorts, and joggers



**Click on
the AD to
purchase**

**CENTRAL ACADEMY
OF TECHNOLOGY & ARTS**

MORE INFORMATION ON PAGE 2.....

More Important Information from Page 1

Student Schedules will be distributed by UCPS email for 10-12 grade students in Power School on Monday, August 16. We are going to open PowerSchool for the students to log in and see their schedules. Freshmen will receive a copy of their schedule at orientation on August 17. There is detailed information about schedules on **page 3. Schedule Corrections:** Students will fill out the appropriate online form for a schedule change in August once it is released by guidance after the final schedules are released. **Please follow our procedures for schedules on page 4.**

New to UCPS Freshman Student Orientation is on Tuesday, August 17 for ALL new NINTH grade students who are new to UCPS at 10:00 AM in the media center. After this event the freshmen will go to the Freshman Orientation from 11-1. New to UCPS Freshman parents may choose to drop in to the gym from 10 to 10:30 to meet our PTSO parents and some staff members. PTSO parents and staff will be available to answer questions and discuss both the high school and academy studies with you. **New to UCPS Students will receive Chromebooks and technology information at this time.**

Freshman Orientation is on Tuesday, August 17 for ALL NINTH grade students from 11:00 AM—1:00 PM. Students will meet in our theatre. Parents should drop students off. Freshman Orientation activities are for students only. Parents may choose to drop in to the gym from 11 to 11:30 to meet our PTSO parents and some staff members. PTSO parents and staff will be available to answer questions and discuss both the high school and academy studies with you. Schedules and Bus Info will be given to students DURING their orientation.

New Sophomore Orientation (10th graders new to CATA) will be on Tuesday, August 17 from 1:30—2:30. Please meet in room 401—or what we call “the fishbowl.” Parents are welcome to drop in to the guidance office between 1:30-2:00 to ask questions about school procedures. Feel free to just drop your student off.

Open House for all current 10th-12 grade students—Wednesday, August 18, 9:00—12:00 PM. Purchase lockers, bus information, spirit wear, and senior shirts and signs. Lockers can be rented for \$5 for the year. Schedules will be emailed to students through their UCPS email. Parking passes are purchased online.

Senior Night: Please see information on Page 4.

School starts on Monday, August 23! Students should arrive by 8:55 am to make the first bell of the day that signals students to move to their first class. On Monday and Tuesday, students will report to their Advisories (homerooms) first. Lists will be posted in the hall. Our **bell schedule** for this year is the same as last year. Our school time is from 9:05-3:45. Please [click here](#) for the bell schedule or go to **page 8**.

Seniors and Senior Parents: Attention Rising Seniors - **Senior T-Shirts, Yard Signs and Event Passes** are now available to order by clicking [here](#). This is a great way to show your CATA Senior Spirit and enjoy special treats throughout the year. If you have any questions, please reach out to PTSO (catacougarcouncil@gmail.com). **An order form is in this edition on page 6.**

Summer Read: CATA supports reading! The CATA community – staff and students – are reading this summer. The goal for the summer reading program is for students to have a pleasurable and positive summer reading experience. Learning to read texts without structured assignments and being able to communicate and make connections with others about the reading is an essential skill. **All incoming ninth grade students and new sophomore students will read: “A Separate Peace” by John Knowles.** When students return in the fall during Cougar Time, in small groups, students will have the opportunity to make connections with a teacher and their grade level peers. The CATA Summer Read is an annual tradition and each spring faculty pitch books and students get to pick their top three. Each student is eventually paired up with one of their book preferences (we usually have about 18-20 different books being read) and everyone gets to read and share. Next spring your student will get this same opportunity! **All returning 10-12 graders [click here](#) to see which book you chose to read.**

Open House: This is scheduled for Tuesday, September 7 from 6-8 PM. More details will be given once we have further information about how this will look. **Student Life Organizations and Clubs:** We will have a Student Life Fair the Second week of school.

Athletics: Check out the CATA Sports page in this edition on page 7 or go to our athletics website by [clicking here](#). Our fall sports are currently having work out sessions. Please contact our athletic director if you have questions. [Rachael Petre](#) is our new athletic director. Athletic gear will be on sale at our orientations and we will have details about the online store in the coming weeks.

Please take time to read over this newsletter. The Cougar Chronicle, in addition to our website, will be the main form of communication from school to home. Go Cougars! Ms. Merritt



Invest in Excellence PTSO Fundraising Campaign



CATA Invest in Excellence & Parent Teacher Student Organization (PTSO) Membership



Dear Parents and Students - We welcome you to Central Academy of Technology & Arts! Although students come from every corner of the county, we work hard to create a family atmosphere at CATA and we need your help. Please join the CATA PTSO, consider donating to our Invest in Excellence campaign and look to volunteer with one of our committees.

1. The Cougar Council, PTSO is responsible for many activities at CATA. In past years we have sponsored events which support all members of our CATA family. We look forward to your membership and support.
 - Teacher and Staff Appreciation Events
 - Student Academic Achievement and Activities
2. Invest in Excellence at CATA campaign is a simple, one-time straightforward way for individuals and businesses to invest in the excellence of CATA. 100% of the money donated is invested in CATA. You are making an investment in your child's future. The campaign runs year-round. Invest in Excellence donation includes PTSO Membership.
 - School wide and academy specific needs for students, teachers and classrooms
 - Past funds have included: Improved Signage on Campus, Privacy Window Wraps for Classrooms, Broadcasting Room Equipment, Science Lab Materials, Dance Floor
 - One-time 100% donation with all funds going directly to the school.

PLEASE FILL OUT THIS FORM AND RETURN TO THE FRONT OFFICE OR VISIT www.cataptso.org TO PROCESS ONLINE

Parent or Guardian Name: _____

Student Name (s): _____

Grade Level (s): _____ Academy: _____

E-Mail Address: _____

Home Phone: _____ Cell Phone: _____

☐ Check here to be automatically linked to Harris Teeter VIC card Together in Education program

Yes, I want to Invest in Excellence at CATA (includes PTSO Membership)

- \$25 • \$75 • Other _____
- \$50 • \$100 • Corporate Matching Available

No, I cannot participate in Invest in Excellence but would like to join CATA Cougar Council PTSO ☐ \$10

Yes, I would like to volunteer, please check the committee or activity in which you are interested in helping:

☐ Beautification ☐ Scholarship/Grants ☐ Fundraising ☐ Hospitality
☐ Membership ☐ Senior Committee ☐ Performing Arts

PAYMENT: \$ _____ ☐ Check # _____ ☐ Pay Online

PAYMENTS online at www.cataptso.org (3% convenience fee will be applied) OR Make Checks Payable to CATA PTSO

Questions on Invest Donation, Corporate Matching or PTSO Membership? Email us at catacougarcouncil@gmail.com.



College and Career Corner

Class Information from the Counseling Department

[Counseling Twitter @CATA_Counseling](#)
[Counseling Instagram @CATA.counseling](#)

[Please click here for all information from our Counseling Department](#)

New Counselor Introduction

The Counseling Department would like to welcome Stephanie Graham to our team. Ms. Graham will be the counselor for the Medical Sciences and Transportation Academies. Students in those academies should contact her for assistance. We encourage you to stop by and say hi and welcome her to the CATA family. Ms. Graham is from Charlotte, North Carolina. She attended Western Carolina University earning a Bachelor of Science degree in Therapeutic Recreation with a Minor in Music. She earned her Master of Arts in Counseling at UNCC. Since 2006, Ms. Graham has been counseling children and adolescents in public and private school settings from K-12 grades. From 2014-2018, she worked as an international school counselor in Southeast Asia: Taiwan for three years serving as the 1st-12th grade counselor, and a short-term assignment in Myanmar as a college counselor. Her hobbies include playing the piano, hiking, biking, and spending time with friends and family. She is excited to be joining the CATA Guidance Team.



Student Schedules/Schedule Corrections

Counselors will be diligently working on schedules during July and August. All schedules are not final until you receive a copy of it. If you are somehow able to view your schedule in PowerSchool it is NOT correct or complete. **Freshmen and new 10th graders will receive a copy of their schedule at orientation on August 17. All students in 9th-12th grade will have access to their schedule in Power School on August 16.**

Students will either receive the classes they selected during registration last Spring or students will see **"Please See Counselor"** in their schedule. We will not randomly give 10th-12th grade students classes they did not register for; therefore, we enter **"Please See Counselor"** as a placeholder in the event a class did not make or there is a conflict that needs to be discussed with the student. If a student has **"Please See Counselor"** in their schedule, they will have the opportunity to meet with their counselor in-person on **August 19 and August 20 from 12:00pm – 3:30pm.**

If a student does not have **"Please See Counselor"** in their schedule then the student received the courses they selected during registration in the Spring. Students who do not have **"Please See Counselor"** in their schedule but would like to request a correction to their schedule for a valid specified reason will have the opportunity to do so during the **Schedule Correction** process.

The **Schedule Correction** form will be open from **August 23 to August 27**. More information on this process is forthcoming. [Click here for the form](#)

We ask that you please respect the process and not email the School Counselors to inquire about schedule changes. They look forward to filling schedule holes in August or responding to requests during the first five days of the semester. Please note that email requests for schedule changes will not be accepted. All schedule correction requests must be entered into the Schedule Correction form that will be open the first five days of school.

More Counseling Information on the next page.....



College and Career Corner

Class Information from the Counseling Department

[Counseling Twitter @CATA_Counseling](#)
[Counseling Instagram @CATA.counseling](#)

[Click here to sign up for CATA College Visits](#)

[Scholarship Spotlight– Click HERE SCHOLARSHIP PAGE](#)

[Please click here for all information from our Counseling Department](#)

[CATA Counseling Canvas Page– Click HERE](#)

Senior Night

The Counseling Department will host **Senior Night** on **September 7 at 7:00pm in the auditorium** (directly after Open House). This event is for all seniors and their families. Attendance is strongly encouraged as counselors will review important information about senior year. Topics will include college applications, scholarships/financial aid, Scoir, transcripts, letters of recommendation, and more. *After senior night, throughout the month of September, counselors will meet individually with every senior to discuss their senior year and post-high school plans. Seniors will receive information during senior night that will be important for their individual counselor meetings. Again, attendance is strongly encouraged. Please contact your assigned counselor with any questions. We will have limited space and senior families will need to sign up. We will send out a link to sign up later in August.*

CATA Counseling Department

A high school guidance department can help your student with a LOT during high school—counseling during a problem/or stress, college planning, career/college questions, interview skills, problem solving with classes/teachers, friendship/social issues. Counselors also help with scheduling and what courses to take. Counselors are available to answer parent questions as well.

Please see the list of counselors by academy:

[Ashley Cole](#) : Pre-Engineering and Performing Arts (theatre & dance) & Guidance Department Chairperson

[Sarah Goodwin](#): Information Systems (Cyber Security, Computer Engineering, Software & Game Design) and Music Production & Re-cording Arts

[Stephanie Graham](#): Medical Science, Transportation (Auto Technology & Collision Repair)



SENIORS CLASS OF 2022

All seniors are invited to arrive and gather in the Student Parking Lot at 6:30 am on Friday, Aug 20 to watch the sun rise.



After the sunrise, light refreshments will be available to all seniors. Seniors are welcome to mingle and enjoy time with their friends until it is light enough to begin painting spots.

Seniors who purchased signs and t-shirts will be able to pick up starting at 8:30 & ending at 11:00.

Ice Cream Truck will arrive at 10:30. Seniors Pass holders will receive a free ice cream. All others are welcome to purchase an ice cream.

Please [click here](#) for this year's procedures and application form to paint your Senior parking spot. All information is in this document. Please email Dr. Wall your Approval Form by Wednesday, August 18. josh.wall@ucps.k12.nc.us





COUGAR ATHLETICS

If you have questions about athletics or want to volunteer to help with athletics, please send an email to Athletic Director, Coach [Rachael Petre](#).

Make sure to follow all of CATA's athletic teams on Twitter: [@CATA_Athletics](#)

Athletics website: <https://www.ucpsathletics.com/centralacademy>

Cheerleading Tryout Information– [Click HERE](#).

Upcoming Events:

Monday, August 16– Home Tennis vs Olympic, 4 PM, Home Soccer vs Olympic, 4:30 PM (Walter Bickett Stadium), Home Volleyball vs Olympic, 4:30 PM

Tuesday, August 17– Home Cross Country– RRC Opening Meet, 4:30 PM

Wednesday, August 18– Home Volleyball vs Marvin Ridge, 4:30 PM, Away Soccer vs. Hickory, 6:00 PM

Thursday, August 19– Away JV Football at Piedmont, 6:30 PM

News & Information

Athletic Season Passes: will go on sale starting Monday, August 9 online at this link. [Click HERE](#)

- **Student Pass** – Good All Year – **All Sports** - \$40.00
- **Parent Pass** – Good All Year – **All Sports** - \$100.00
- **Season Pass** (Fall/Winter/Spring) – **Parents** - \$50.00

Cost if you do not get a Pass

- **JV Football** - \$30.00 (5 Home Games - \$6.00 each)
- **Soccer** - \$72.00 (12 Home Game - \$6.00 each)
- **Volleyball** - \$84.00 (14 Home Games - \$6.00 each)
- **Fall Sports Total** - \$186.00 for all events

Physicals: The newest NCHSAA [physical form](#). for the 2021-2022 school year is on our athletics website under forms. **FAMILY ID:** If you plan to participate in Athletics during the 2021-2022 school year, then you need to register with Family ID. You only have to register once and you are good for the entire school year. Same email & password as last year, if you are new to CATA you will need to create a new account. The link to the CATA Family ID page can be found under FORMS on the CATA Athletics Website [HERE](#).

Fall Contact Information:

Cheerleading - Victoria Zeiher – victoria.zeiher@gmail.com

Cross Country - Kim Inuwa – kimberly.inuwa@ucps.k12.nc.us

Football - Shane Griffin – shane.griffin@ucps.k12.nc.us

Men's Soccer - Jay Niessner – jay.niessner@ucps.k12.nc.us

Volleyball - Stephanie Peacock – Stephanie.peacock@ucps.k12.nc.us

Women's Golf - Nelson Rowell – nelson.rowell@ucps.k12.nc.us

Women's Tennis - Terry Lewis – soldbyterrylewis@gmail.com

Winter Contact Information:

Cheerleading – Victoria Zeiher – victoria.zeiher@gmail.com

Indoor Track & Field – Kim Inuwa – kimberly.inuwa@ucps.k12.nc.us

Women's Basketball – – Dwight Miller – dwrightmlr57@gmail.com

Men's Basketball – – Marcus Winnegan – mwinnegan86@gmail.com

Swimming – Sally Goodwin – sarah.goodwin@ucps.k12.nc.us

Wrestling – Mike Jacobus – mike.jacobus@ucps.k12.nc.us

Spring Contact Information:

Baseball – TBD

Men's Golf – Mike Jacobus – mike.jacobus@ucps.k12.nc.us

Men's Tennis – Terry Lewis – soldbyterrylewis@gmail.com

Softball – Aaron Hammers – aaron.hammers@ucps.k12.nc.us

Track & Field – Kim Inuwa – kimberly.inuwa@ucps.k12.nc.us

Women's Soccer – Jay Niessner – jay.niessner@ucps.k12.nc.us



CLASS OF '22 ORDERS



CATA CLASS OF 2022 Senior Package Order Form

Your PTSO is offering senior t-shirts, yard signs, and the Senior Events Committee has planned BONUS activities to make this year full of special memories for the Class of 2022. These BONUS activities will be available to Senior Event Pass Holders only! We are offering all senior items separately or bundled with a discount for your convenience.

PACKAGE PRICING:

Senior Items	Maroon	Navy
Senior Event Pass		✓
PTSO Membership	✓	✓
Senior Class T-Shirt	✓	✓
CATA Senior Yard Sign	✓	✓
PACKAGE PRICING	\$ 30	\$ 60

ORDER FORM:

PLEASE ORDER ONLINE AT WWW.CATAPTSO.ORG OR FILL OUT THE INFORMATION BELOW AND RETURN THIS FORM WITH YOUR PAYMENT TO THE FRONT OFFICE OR THE DEN/MEDIA CENTER.

PACKAGE	AMOUNT	QUANTITY	TOTAL
Maroon	\$30		\$
Navy	\$60		\$
Purchase Indi or Add-on to Package Above			
Senior Class Shirt	\$15		\$
CATA Senior Yard Sign	\$20		\$
Senior Event Pass	\$30		\$
TOTAL PAYMENT:			\$

SENIOR EVENT PASS

Don't miss out on the fun!

BONUS activities will be available to SENIOR PASS HOLDERS ONLY! These events may include:

- Ice Cream Social
- Parking Space Paint Party
- Bowling
- Drive-In Movie
- Many more surprise events during and after school!

SENIOR SHIRT

FRONT



BACK



SENIOR YARD SIGN

— HOME OF A —

CATA
SENIOR

CENTRAL ACADEMY OF TECHNOLOGY & ARTS

ORDERS PLACED BY JULY 16TH
WILL BE AVAILABLE FOR PICKUP
AT OUR 1ST SENIOR EVENT

2022 Senior Name: _____

Student PERSONAL Email: _____

Parent Name: _____ Parent Email: _____

Parent Cell Phone: _____ T-Shirt Size (if ordering above): _____

Package Type: _____ Payment: \$ _____ ☐ Online ☐ Cash ☐ Check # _____



Senior Portraits

It is now time to schedule your senior portraits through CADY. You must have your portrait taken by CADY to be in our yearbook.

1. CADY has a studio at Crown Point Plaza in Matthews.
2. When you go to the website, search for Central Academy, pick an additional scene, and then click continue.
3. On the next page you will see prices for session (sitting) fees. If you want the basic \$30 option then scroll to the bottom of the page and select simple session.
4. Your session fee (sitting fee) is the fee you are paying for the photographers to take your picture and there are a lot of different priced options with multiple locations, dedicated photographers, makeup artists, etc. This fee DOES NOT pay for any of the photos that you might want. You will have to purchase your photos after you receive your proofs.
5. Make sure to remove any pre-checked items you do not want such as double proofs, retouching, etc.
6. Select your date and time, create an account, and pay the sitting fee.
7. Show up for your appointment date and time you selected to get your pictures taken.
8. After your pictures are taken you'll receive a portfolio in the mail. Keep anything you'd like to purchase and return everything else in the enclosed postage-paid envelope.
9. Remember, we want 100% of our seniors represented in this book but we can't do it without you.
10. Yearbook and senior tribute orders can be placed once school starts in the fall. The yearbook is always at its lowest price the first week of school so order early to get the best deal!

If you have questions about senior pictures, please contact CADY Studios. If you have questions about other issues, contact Ms. Christensen at deb.christensen@ucps.k12.nc.us.

Jostens Class Rings August Offer

CADY IT'S TIME TO SCHEDULE YOUR
SENIOR PORTRAITS



DON'T GET LEFT OUT OF YOUR SENIOR YEARBOOK!
SCHEDULE YOUR SESSION ONLINE TODAY AT

CADY.COM/BOOK22



JOSTENS BACK TO SCHOOL OFFER!



RM4020 - \$20.00 OFF A HIGH SCHOOL CLASS JEWELRY ORDER

Add a qualifying, existing high school jewelry item to your shopping cart. Enter offer code **RING20** at checkout for order shipping within the US. Discount will automatically be deducted for eligible orders on the applicable product only after offer code is applied. Valid only during the order day period (expires after order day or any scheduled add order day within two weeks of order day). Offer subject to adjustment due to returns, cancellations, and exchanges. **EXCLUDES** previous purchases, Trademarks, Sarah Chole | Jostens Collection, Legacy Signet (R49 & R46), and Basic Option rings (P11, P12, P51 and P32). Offer not available in select schools in LA, TX or AK and does not apply to any products in your cart. Discount will not be applied to taxes, applicable shipping handling and other fees. Offer valid online only at www.jostens.com. Not valid with any other offers. Limit one promo code per offer. Not valid for cash or cash equivalent. For orders outside the US, additional taxes and duties may apply. Offer may be modified or discontinued at any time without notice.



Questions: 910-895-8471



Information for New CATA Families

- School day hours: 9:05-3:45 (Class starts at 9:05, students should all **arrive by 8:55** when the first bell rings to move to class.) If you are dropping your student off by car, you should arrive between 8:40—8:55 to ensure that your child can get to class on time.
- Lunches are determined by the 3rd block teacher. We will inform students of their lunch time on the first day of school.
- Upon arrival on the first day of school, all students will report to Advisory first. Advisory assignments will be posted at the front of the school.
- Set uniforms are not required for PE classes, but a dress code is strictly enforced. This will be discussed during the first day of class. Sneakers, athletic shorts, and t-shirt are required every day.
- Lockers are not required, but you may rent a locker for \$5.00. **PE Lockers are required.** Your PE teacher will provide information. NO students may leave their belongings out in the PE locker room—ALL belongings must be secured with a school-issued lock. Students will be charged for missing locks.
- Supply lists will be posted on Teacher's Public Canvas pages on Thursday 8/19.
- Attendance is taken during each class, and it is vital that you are present at school every day for every class. If you must make doctor appointments during the school day, be sure to do so at different times of the day so you do not miss too many days in one class.
- Attendance matters for participation in extracurricular activities, credit for courses, and affects eligibility for sports. **Students too sick to come to school may not be on school grounds for extracurricular events that day.** Absence notes MUST be turned in or emailed within three days of an absence to [Mr. William Smith](#).
- Every teacher will have a web page (on Canvas) for students and parents to access with course information.
- All students will receive a student login/password to the Parent Portal so that they can see their grades. This will become active on Monday, September 6.
- Students are expected to check their school email account daily as both teachers and administration use this to communicate with students.
- Please take the time to read or browse the Cougar Chronicle each week. All important school information is in the newsletter.

Bell Schedule

1st Period: 9:05 - 10:35

2nd Period: 10:40 - 12:10

3rd Period: 12:15-2:10

A Lunch: 12:10 to 12:35

B Lunch: 12:42 to 1:07

C Lunch: 1:14 to 1:39

D Lunch: 1:46 to 2:10

4th Period: 2:15 to 3:45