Anatomy & Physiology

Mrs. Gunderson

Cells and Tissues

Overview of Cells & Tissues

- Carry out all chemical activities needed to sustain life
- <u>Cells</u> the building blocks of all living things
- Tissues are groups of cells that are similar in structure and function
- Structure reflects function

Anatomy of the Generalized Cell

- Cells are not all the same
- All cells share general structures
- Cells are organized into three main regions
 - Nucleus
 - Cytoplasm
 - Plasma membrane



The Nucleus

- Control center of the cell
 - Contains genetic material (DNA)



Plasma Membrane Specializations

- Microvilli
 - Finger-like projections that increase surface area for absorption
 - Small intestine and nephrons of kidney



Cellular Projections

- Not found in all cells
- Used for movement
 - <u>Cilia</u> moves materials across the cell surface
 - Flagellum propels the cell

Cell Diversity-different types of cells

1 Cells that connect body parts



(2) Cells that cover and line body organs



Cell Diversity

3 Cells that move organs and body parts











Cell Diversity

 $^{(6)}$ Cell that gathers information and controls body functions





Stop Day One NOTES ! ③

Cellular Physiology: Membrane Transport

- Membrane Transport movement of substance into and out of the cell
- Transport is by two basic methods
 - Passive transport
 - No energy is required
 - Active transport
 - The cell must provide metabolic energy

Selective Permeability

- The plasma membrane allows some materials to pass while excluding others
- This permeability includes movement into and out of the cell

Cell Life Cycle

- Cells have two major periods
- 1. Interphase
 - Cell grows
 - Cell carries on metabolic processes
- 2. Cell division
 - Cell replicates itself
 - Function is to produce more cells for growth and repair processes

Body Tissues

- Cells are specialized for particular functions
- Tissues
 - Groups of cells with similar structure and function
 - Four primary types
 - 1. Epithelium
 - 2. Connective tissue
 - 3. Nervous tissue
 - 4. Muscle

Epithelial Tissues

Found in different areas

- Body coverings
- Body linings
- Glandular tissue
- Functions
 - Protection
 - Absorption
 - Filtration
 - Secretion

Epithelium Characteristics

- Cells fit closely together
- Tissue layer always has one free surface
- The lower surface is bound by a basement membrane
- Avascular (have no blood supply)
- Regenerates easily if well nourished

Classification of Epithelium

- Number of cell layers
 - Simple one layer
 - Stratified more than one layer



Simple



Stratified

(a)

Classification of Epithelium



Connective Tissue

- Found everywhere in the body
- Includes the most abundant and widely distributed tissues
- Functions
 - Binds body tissues together
 - Supports the body
 - Provides protection

Connective Tissue Characteristics

- Variations in blood supply
 - Some tissue types are well vascularized
 - Some have poor blood supply or are avascular
- Extracellular matrix
 - Non-living material that surrounds living cells

- 1. Bone (osseous tissue)
 - Composed of:
 - Bone cells in lacunae (cavities)
 - Hard matrix of calcium salts
 - Large numbers of collagen fibers
 - Used to protect and support the body



(a) Bone

- 2. Hyaline cartilage
 - Most common cartilage
 - Composed of:
 - Abundant collagen fibers
 - Rubbery matrix
 - Entire fetal skeleton is hyaline cartilage



(b) Hyaline cartilage

- 3. Elastic cartilage
 - Provides elasticity
 - Example: supports the external ear

- 4. Fibrocartilage
 - Highly compressible
 - Example: forms cushion-like discs between vertebrae



5. Dense connective tissue

- Main matrix element is collagen fibers
- Cells are fibroblasts
- Examples
 - Tendon attach muscle to bone
 - Ligaments attach bone to bone



(d) Dense fibrous

- 6. Areolar connective tissue
 - Most widely distributed connective tissue
 - Soft, pliable tissue
 - Contains all fiber types
 - Can soak up excess fluid



(e) Areolar

7. Reticular connective tissue

- Delicate network of interwoven fibers
- Forms stroma (internal supporting network) of lymphoid organs
- Lymph nodes
 - Spleen
 - Bone marrow



(g) Reticular

8. Blood

- Blood cells surrounded by fluid matrix
- Fibers are visible during clotting
- Functions as the transport vehicle for materials



(h) Blood

Muscle Tissue

- Function is to produce movement
- Three types
- 1. Skeletal muscle
- 2. Cardiac muscle
- 3. Smooth muscle

Muscle Tissue Types

- 1. Skeletal muscle
 - Can be controlled voluntarily
 - Cells attach to connective tissue
 - Cells are striated
 - Cells have more than one nucleus



(b) Skeletal muscle

Muscle Tissue Types

- 2. Cardiac muscle
 - Found only in the heart
 - Function is to pump blood (involuntary)
 - Cells attached to other cardiac muscle cells at intercalated disks
 - Cells are striated
 - One nucleus per cell



(c) Cardiac muscle

Muscle Tissue Types

- 3. Smooth muscle
 - Involuntary muscle
 - Surrounds hollow organs
 - Attached to other smooth muscle cells
 - No visible striations
 - One nucleus per cell



(a) Smooth muscle

Nervous Tissue

- Neurons and nerve support cells
- Function is to send impulses to other areas of the body



Tissue Repair

Regeneration

 Replacement of destroyed tissue by the same kind of cells

Fibrosis

- Repair by dense fibrous connective tissue (scar tissue)
- Determination of method
 - Type of tissue damaged
 - Severity of the injury