Cedar Crest Athletics Physical Sign-Up Instructions

The Cedar Crest Athletic Training Staff will be holding physicals with school physician, Dr. Yocum, on June 2nd, 2022, from 3:30pm-7:30pm and August 4th, 2022, from 2:00pm-8:00pm. Time slots will be every 10 minutes, with 8 spots per time slot. Physicals will be held in Gym B (Old Gym) and the Athletic Training Room (enter through Door E). Athletes and parent/guardians should sign up for a physical date and time using the Athletic Training Software (ATS). Physicals are \$15. Payments will be made at the door on the day of the athlete's physical.

*** For any athlete that does not have an account on ATS, please refer to the Athletics section on the district website for creating an account. For any athlete that has an account and forgot their password, please follow the prompt on ATS to reset your password. Your Athlete ID should be your School ID Number. ***

Follow these steps to sign up for a physical:

- 1. Login to Athletic Training Software (ATS) using this link http://atscchs2.atsusers.com/
- 2. Click on "Request Appointment"



- 3. Use the calendar to select the date you want **November 11**th
- 4. Click the "Select" button to select an open appointment time
 - ***Time slots are first come first served, so some time slots might be full***

 Time Slot Availability is Noted Here



- 5. Once the time slot is blue (such as shown in the above picture), scroll down to the bottom of the page.
- 6. Enter the athletes name in the "Request Note" box

Request Note (required)

Enter Name here

7. Finally click "Send Request"

Send Request

By following these steps, you have requested a physical appointment. An email has been sent, through ATS, to the Athletic Training Staff. <u>A confirmation message will appear at the top of the screen if the request is successful.</u>

***Parents that are scheduling appointments for multiple athletes. When making multiple appointments, make sure to switch between each athlete's ATS account to schedule the appointments. DO NOT sign up for multiple appointments under the same athlete's account.

If you must change the time of your appointment: Contact Sean Dougherty (sdougherty@clsd.k12.pa.us) or Chris Seldomridge (cseldomridge@clsd.k12.pa.us).

Please remember to complete all physical forms (Sections 1-6 and the Risk of Injury) on ATS 24 hours prior to your physical. The Athletic Training Staff will print out each athlete's Section 6 (medical history) from ATS for the doctors to review during the physical. We will also print out a blank Section 7 that will be filled out during the physical.

Thank you,

Cedar Crest Athletic Training Staff