# Badger Community Education Winter 2017

# January-February-March

Badger Independent School District No. 676 110 Carpenter Avenue P.O. Box 68 Badger, MN 56714 218-528-3201 (Phone) 218-528-3366 (Fax)

## FLOW YOGA (ADULT CLASS)

This class is for students who have had some Yoga experience. Fundamental postures continue to be interwoven towards slightly more challenging sequences and postures along with breathing techniques. Please bring a Yoga mat, blanket, blocks and straps if you have them.

Days: **Session 1**: Tuesdays

January 3, 10, 17, 24, 31

Days: Session 2: Tuesdays

February 14, 21, 28 March 7, 14, 28

Times: 5:45 – 7:00 p.m. Instructor: Diann Hauger Location: Kindergarten Room Cost: \$20.00 per session

Class limit: 14 per session

YOGA FUN JUST FOR KIDS

Kids in grades K-6 are invited to give Yoga a try! You will build strength, balance, and confidence through different yoga poses and techniques. Most importantly, you will have fun learning some yoga basics. Workout clothing recommended.

Days: Thursdays, February 23

March 2, 9, 16

Times: 3:15 – 4:30 PM

Cost: \$10

Instructor: Diann Hauger Location: Kindergarten Room

Class limit: 15

## SKATING LESSONS

Skating lessons for boys and girls in Preschool through Grade 6 will begin as soon as the ice surface is ready and will continue as long as conditions are acceptable. Students will be notified in school when skating lessons are ready to begin.

Days: Mondays Beginning January 9
Times: 3:30-4:00 p.m. (Preschool-K)

4:00-4:30 p.m. (Grade1-3) 4:30-5:00 p.m. (Grade4-6)

Cost: \$10 per student

Location: Badger Arena (By football field)

## THAI COOKING WITH KET

Ket Christianson is back with some great dishes from Southeast Asia. Watch for the announcement and flyer to come out in January.

## **PIANO LESSONS**

Learn a life-long musical skill. From beginners to advanced players, piano lesson are offered at the Badger School from Cathy Coffman and Sara Carpenter. Contact the instructors for class times, dates and costs.

Cathy Coffman 218-463-2231

#### INDOOR WALKING

The Badger School hallways are available to community members who would like to walk inside. ONLY AVAILABLE ON DAYS SCHOOL IS IN SESSION.

Days: Monday through Friday

Times: 6:30 - 7:30 a.m. 3:30 - 7:00 p.m.

# **OPEN GYM**

Students in grades 3 and up are invited to utilize the school gym on Sundays. Students younger than grade 3 MUST be accompanied by a parent. The small gym (cafeteria) is available for the younger students and their parents to use – we separate the age groups for safety reasons. School and special events take priority over open gym. Cooperation, respect for school property and good sportsmanship are key to the success of this activity.

Days: Sundays

January 8, 15, 22, 29 February 5, 12, 19, 26

February 5, 12, 19, 2

March 5, 12

Times: 3:30 - 5:00 p.m.

Cost: FREE

Supervisors: Angie Swenson

Jordan Creviston

John Lee

Stacey Warne

Location: Gym

## **ADULT BASIC EDUCATION**

The Northwest Service Cooperative Adult Basic Education helps adult learners achieve high school equivalency (GED or Adult Diploma); become United States citizens; speak and write the English language; attain employment skills and/or improve their current employment; become self-sufficient; master basic academic skills to help their children succeed in school; attain skills necessary to enter post-secondary education and training; and gain self-esteem, personal confidence and a sense of personal and civic responsibility. Questions about the program should be directed to Kirsten Fuglseth at (218) 681-0900 ext. 117.

#### **EARLY CHILDHOOD FAMILY EDUCATION**

Early Childhood Family Education is for birth through age four children. Parents and their children meet on Tuesday evenings to participate in learning activities and crafts; receive parenting tips and information; check out books and activity packets. A light snack is provided. Daycare is provided for older siblings during the in-school class time. Parents will receive a flyer on the theme and activities for each class. Call the school office to make sure you and your child are on the ECFE mailing list.

Days: Tuesdays

January 31

February 7, 14, 21, 28 March 7, 14, 21, 28

Times: 6:00 - 7:00 p.m.

Instructors: Gretchen Lee & Heidi Warne Location: Badger Preschool Room

## **IMAGINATION LIBRARY**

Parents with children birth to age five are encouraged to enroll their child in the Dolly Parton Imagination Library. Children will receive an age appropriate book each month in the mail. The program is FREE to district residents. Parent responsibilities are to submit an official registration form to the school office, notify the district of any address changes and read with your child. Registration forms are available in the district office.

#### **EARLY HEAD START**

Early Head Start for children birth to age four is offered through Northwest Community Action. For additional information and eligibility criteria contact Mark Carlson at 218-528-3227. Centers are held in the Badger Preschool room and the local instructor is Sylvia Christianson.

# BADGER COMMUNITY EDUCATION REGISTRATION FORM

NAME	<del></del>
PHONE NUMBER	
CLASS (ES)	FEE

- Register by mail or at the school office between 8:00 a.m. and 4:00 p.m. Monday through Friday.
- Fees are to be paid before the first session of class.
- Anyone, resident or non-resident, age 16 or older may register for class(es) unless a different age is noted in the class description.
- Make checks payable to: Badger School Community Education, unless indicated otherwise in the class description.
- Refunds will be made if class is cancelled.
- We will cancel a class if enrollment is insufficient. All registered individuals will be notified if a class is cancelled.
- No confirmation assume the class will be held, unless you are notified otherwise.
- Badger Community Education questions can be directed to Tom Jerome or Stacey Warne at 528-3201.

Please contact the Badger School Office at 528-3201 with your ideas and suggestions for future Community Education class offerings OR if you are interested in teaching a Community Education class.