

CORE BODY OF KNOWLEDGE

Health

GRADE 6

For each of the sections that follow, students may be required to analyze, recall, explain, interpret, apply, or evaluate the particular concepts being taught.

WELLNESS

MENTAL HEALTH

NON-COMMUNICABLE DISEASES

HUMAN GROWTH AND DEVELOPMENT

- Physical, mental, and social changes which occur during adolescence and puberty
- Diagrams of the male and female reproductive systems.
- Anatomical names and function of the organs of the male and female reproductive systems and how work together in human reproduction.
- Responsibility for personal health and hygiene and the health of others.
- Vocabulary related to human growth and development: fertilization, hormones, sexuality, abstinence, masturbation, menstruation
- Personal changes from birth through present.
- Abstinence is a responsible decision for young people to make
- Personal responsibility, influences, and consequences of sexual activity.

ENDOCRINE SYSTEM

- Diagrams of the endocrine system.
- Functions of glands of the endocrine system.

DIGESTIVE AND EXCRETORY SYSTEMS

"What's Up as You Grow Up Workbook for Young People 9 & Up" by Dr. Mary Jo Podgurski.
(workbook)

"Games Educators Play 2: Interactive Games and Role Plays for Use In Health Education" by Mary Jo Podgurski (game book)