

#### CONTACT US:

Patrick County High School

215 Cougar Lane Stuart, VA 24171

Phone: (276) 694-7137 Fax: (276) 694-6997

For daily announcements, menus, homework, sports schedules, upcoming events, and more: Go to our website: http://www.patrick.k12.va.us

# COMING SOON:

Drama Play: The Best Christmas Pageant Ever directed by Mark Donnell.

Show times are:

Friday, December 4th at 7:01 pm

Saturday, December 5th at 7:01 pm

Sunday, December 6th at 3:01 pm & 7:01 pm

Tickets: \$10 adults / \$5 students and children

# Cat Tales Newsletter

Believe \* Achieve \* Succeed

The mission of Patrick County High School is to build a foundation for lifelong learning that prepares students for responsible citizenship.

### **2015 Veterans Day Assembly**



Our veterans were honored on November 10, 2015 in the PCHS gym. Many of the veterans who were invited by students and staff attended the assembly sponsored by the JROTC and the SGA. The assembly featured patriotic songs, military branch flags and anthems, and the introduction of each veteran. The Veterans Day assembly is always eagerly anticipated. This year's event did not disappoint.



The guest speaker was Lieutenant Commander Leroy (Roy) Jones. After retiring from the Navy and civilian careers, LCDR Jones moved to Woolwine in 2003. He spends his time working on projects and studying botany. He joined the VFW and the Patrick County Veterans Memorial Honor Guard in 2014.



# **SGA Officers 2015/2016**



Left to right: Ethan Gilbert, Preston Morrison, Zach Turner, Cassidy Largen, Jessica Bryant, and Ashton Young.

President: Ethan Gilbert

Vice President: Cassidy Largen

Secretary: Preston Morrison

Reporter: Jessica Bryant

Treasurer: Zach Turner

Historian: Ashton Young

# Cat Tales Newsletter

#### Page 2











# **PCHS Students Get Dose of "Reality"**

Last week some Patrick County High School students got a reality check of what life might be like after graduation. On Thursday, November 12, PCHS 10<sup>th</sup> and 12<sup>th</sup> graders took part in the 12<sup>th</sup> annual Reality Store, coordinated by the Patrick County Cooperative Extension office.

The Reality Store is a real world money management simulation designed specifically for teens. Students are introduced to concepts, such as making wise financial decisions, considering costs and benefits, and understanding how lifestyle decisions affect an individual's finances. The purpose of this activity is to help teens become more aware of the financial demands they will encounter in the "real" world.

Prior to the event, seniors were given the opportunity to complete a questionnaire, choosing a possible future career. This allowed them to have a more realistic experience during Reality Store. On the day of the event, students received a career and family situation, visited the Uncle Sam booth to pay taxes, opened a checking account with one of Patrick County's local banks, and then proceeded to visit each of the twenty booths set up around the gym. Some of these booths included transportation, housing, utilities, clothing, food, entertainment, communication, and childcare. Students also visited a "chance" booth for the unexpected expenses or bonuses that happen in life. Afterward, students were most surprised by how much children cost and how much they spent on food for the month.

Reality Store would not be possible without two very important groups. The first is the Extension's amazing group of over seventy volunteers that spent the day helping PCHS kids have a meaningful experience. The other group is the sponsors who help defray the costs of putting on such an event. Gold level sponsors this year included Patrick County Farm Bureau, Clark Gas & Oil, Co., Inc., My Friend's Closet, and Peggy Bernholdt. Silver sponsors included Brown's Automotive, Sheppard's Body Repair, Gregory T. Hutchens, D.D.S., Surrey Bank & Trust, Insurance Center of Patrick, Hopkins Lumber Contractors, Carter Bank & Trust, SunTrust, Jim and Louise Marion, Griffith Lumber Co., Inc., Moody Funeral Service, Inc., River Community Bank, Animal Clinic of Patrick County, Yankee Trading Post, and Stuart Communications. Bronze sponsors included Fairystone Imports Parts and Paint, J.S. Adams Grocery, Michael L. Jones, D.D.S., Patrick County Eye Associates, and Lowes Foods #145.

Anyone wishing to become involved in this annual event can contact Terri Alt, Family and Consumer Science Extension Agent at 694-3341.

# Thanks to all our volunteers and sponsors!

## **Cross Country**



Emma Hubbard and Juan Cisneros competed at the Virginia 3A State Championships on November 14, 2015. Going into the race, we expected them to be in the top 50, but knew that if they had a perfect day they were capable of a top 25 finish. Last cross country season, Juan didn't make it out of the Conference, and Emma missed making the state meet by two spots. For both of them to have come back this year and accomplish their goal of

qualifying for state was a huge step forward. Emma started out strong and maintained her position throughout the race, finishing in 40th place among the fastest 102 ladies in the state. Juan was very aggressive over the first two miles, and while he fought to move up in the pack, he finished 50th out of 104 boys. Emma and Juan were very strong and consistent over the entire season. Justin, Kali and I are proud of what they accomplished this fall. This is, by far, the fittest they have been going into the indoor season, and we are excited to see what they will do, especially now that they have experienced competition with the best runners in the state.





#### ~Coach Danel Slaydon

#### **Golf Team**

The PCHS golf team had a good season, meeting many team and personal goals. They had five 2nd place finishes, two 3<sup>rd</sup> place finishes, two 4<sup>th</sup> place finishes, and two 5th place finishes. Cayden Dalton placed 3rd in the Conference with the individual scores to advance to Regionals, where he placed 18th out of 48 golfers.



# Volleyball 2016



The Lady Cougars finished out the season 13-8. They won more games than the previous year. The team also beat Halifax in three away games and Franklin in four away games. Senior night was Super Hero Night and Magna Vista was defeated in 3 at home.

First Team All-District Players were Melanie Roberson, Kaleigh Griffith, and Abby Hutchens, who was also Player of the Year. Second Team All-District included Kristin Harris and Sydney Biggs. Congratulations to the Lady Cougars for a well-played season.

### **SGA Volleyball**

Four teams of guys from 8<sup>th</sup> to 12<sup>th</sup> grade participated in a volley-ball tournament on November 10th as a fundraiser for the SGA and our local canned food drive. Team 1 ruled the court, putting them in two playoff sets against the Lady Cougar varsity volleyball team. The results were: first set, girls 25- boys 6. The second set placed girls over the boys, 15-5. The SGA thanks all who participated and all those who came out to watch the game.



-Jessica Bryant, SGA Reporter

#### **Powder Puff Football Game**

On Thursday, November 12, Junior and Senior Lady Cougars put their powder aside and puffed up in green and white football jerseys for SGA's annual Powder Puff football game. The game was held to benefit the Student Government Association and their canned food drive. Junior ladies (wearing the white jerseys) were Melanie Roberson, Abby Hutchens, Brooke Pike, Savannah Moorefield, Candace Freeman, Alyson Nelson, Hannah Hylton, Melissa Pendleton, Grace Harris, Meredith Martin, and Savannah Nestor. They were coached by Mark Gammons and Eric Renegar. The seniors (in the green jerseys) were Morgan Hughes, Sydney Clark, Mikayla Hill, Katherine Conner, Anna Goode, Brandi Woods, Sarah Wagner, Karaleigh Webb, Jessica Hancock, and Sharon Bowman. The seniors were coached by Sgt. Anthony Melton. This smashing game ended with the juniors defeating the seniors with a score of 42 to 28.



-Jessica Bryant, SGA Reporter

#### **Gifted Corner**

The VA Department of Education has released dates and related information for the Summer Residential Governor's School Programs! This unique opportunity is open to Gifted students in grades 10 & 11 at PCHS; there is no charge to students who attend. Students may apply to one of the following areas: Agriculture, Humanities, Mathematics, Science & Technology, Medicine and Health Sciences, Mentorships in Engineering and Marine Science; also, 2016 Visual & Performing Arts Programs: Dance, Instrumental Music, Vocal Music, Theatre, and Visual Arts.

Please see Mr. Henderson in room 140 for more information or flyers. Do not let this fantastic opportunity pass you by!

#### **Teacher Feature**



N

H

## Rebecca Gibson

**Education:** High School: North Stokes 1992

Undergraduate: Appalachian State University, Boone, NC Bachelor of Science, English, Secondary Education 1997

Masters: University of Virginia

Administration and Supervision K-12 2002

Supplemental Degree: Surry Community College, Dobson, NC

Computer Information Systems and Networking 1998

Past Work Experience: PCHS 1999 to present

Forsyth Technical Community College: Introduction to Computers Instruc-

tor for two semesters

R. J. Reynolds Tobacco Company: Worked in Shipping and Receiving

Gary Mills Law Firm, Pilot Mountain, NC: Secretarial work.

Family: I have a very small family. David and Linda Gibson, WONDERFUL parents; Cat, Baby Bear; Dog, Lilly; and Horses, Sadie, Maggie, and Diamond

Extracurricular at PCHS: Coached girls tennis team 2004-2011, District Champions

2009; Reading SOL test coach; and DRBA Club Sponsor 2013-Present

Hobbies: Riding horses, kayaking, hiking, clearing trails, riding 4-wheelers, advocate for Hanging Rock State Park and the Dan River; Appalachian State Football; Promote tourism in Stokes County; Promotional Manager for The George Farmhouse, summer rental property in Stokes; Friends of Sauratown Mountains Board Member; Dan River Basin Association Board Member; Stokes County Arts Council Member

**Mission Statement:** To be a successful, happy, and helpful person who relies on the Lord, Jesus Christ to lead, guide, and direct my steps each and every day!

#### **Inclement Weather Announcements**

Whenever schools are opened later than usual, closed, or an emergency arises, the school messaging system will be utilized to keep parents informed to assure student safety. Within minutes of the decision to delay /close schools, officials will use this system to deliver a single, clear message to the students' parents or guardians by telephone, cell phone, e-mail, pager or PDA in any combination. In addition, the information hotline (276) 251-3154 can be used to access information regarding school closings /cancellations.

In the event of an early dismissal due to inclement weather, students will follow written instructions given to the main office by parents indicating a regular bus stop, change in regular bus stop, or car rider. All students must leave the building at dismissal time.

#### Fall 2015 SOL Dates

Wednesday, December 2	Physical Science / Chemistry
Thursday, December 3	Biology / World History I / World Geography
Friday, December 4	World History II / US History
Monday December 7	Grade 8 English / Earth Science
Tuesday, December 8	End of Course Reading
Wednesday, December 9	Geometry
Thursday, December 10	Algebra II
Friday, December 11	Algebra I



Applications are being accepted for Spring 2016 Term!

Download application at

http://www.ph.vccs.edu/future/futureapply

### **Test-Taking Tips**

- 1. Practice, practice, practice. The more you practice, the more familiar you will be with the test format, and the less likely you are to panic when you take the test for real.
- 2. Studying for the test over an extended period is much more effective and lasting than cramming for the test at the last minute.
- 3. Eat a good breakfast the morning of the test. Avoid eating sugary foods. High-protein foods like scrambled eggs are often best for aiding concentration and minimizing fatigue.
- 4. Visit the restroom 15-30 minutes before the test.
- 5. Get a full night's sleep before the test. Do not pull an all-nighter cramming before the test. A lack of sleep will affect your performance.
- 6. Wear comfortable clothing.
- 7. Don't panic. If you start getting anxious, take slow deep breaths. Don't worry about other people finishing early. Smart people know to use all available time to double-check their work.
- 8. Pace yourself. Calculate the amount of time you have to answer each question and avoid getting bogged down on any one question.
- 9. If you have time left over at the end of the test, review your answers. Don't second-guess an answer unless you are certain that you misread or misinterpreted the question. Watch out for careless errors. Also double-check that you wrote all of the answers in the correct locations.
- 10. Read the question in full before trying to answer it.

Good luck Cougars!

Taken from: Mark Kantrowitz. "Top Standardized Test Taking Tips." Fastweb!

http://www.fastweb.com/back-to-school-2012/articles/top-standardized-test-taking-tips

# December 2015

D.	$\neg$
Page	/
I uge	

1 age 7						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 SOL Physical Science/ Chemistry 5:00p V Wrestling vs. Multi Schools	3 SOL Biology/WH I/WG	4 SOL WH II/US History 5:30p G/JV BB vs. Halifax Co. 5:30p B/JV BB @ Halifax Co. 7:00p G/V BB vs. Halifax Co. 7:00p B/V BB @ Halifax Co. 7:01p Drama Play	Co.
Play	7 SOL 8th English/ Earth Science 4:00p G/V Indoor Track @ Bassett 4:00pB/V Indoor Track @ Bassett 5:00p G/MS BB @ Benjamin Franklin MS 5:30p G/JV BB @ North Wilkes 5:30p B/V BB vs. North Wilkes 6:30p B/MS BB @ Benjamin Franklin MS 7:00p B/JV BB @ North Wilkes 7:00p B/JV BB Worth Wilkes 7:00p B/JV BB vs. North Wilkes 6:00p Band Banquet	8 SOL Reading	9 SOL Geometry TBD V Wrestling @ Franklin Co. vs. Multi Schools 5:00p G/MS BB @ West- wood 6:30p B/MS BB @ West- wood	10 SOL Algebra II	11 SOL Algebra I TBD V Wrestling @ Hidden Valley 5:30p G/JV BB @ Christiansburg 5:30p B/JV BB vs. Christiansburg 7:00p G/V BB @ Christiansburg 7:00p B/V BB ws. Christiansburg	12 TBD V Wres- tling @ Hidden Valley
13	14 5:00p G/MS BB vs. Laurel Park MS 6:30p B/MS BB vs. Laurel Park MS	15 5:00p G/V Indoor Track vs. North Stokes 5:00p B/V Indoor Track @ North Stokes 5:30p G/JV BB vs. Magna Vista 5:30p B/JV BB @ Magna Vista 7:00p G/V BB vs. Magna Vista 7:00p B/V BB @ Magna Vista 7:00p B/V BB @ Magna Vista	Martinsville vs. Multi Schools 5:00p MS Wrestling @ O. Trent Bonner MS 5:30p G/V BB vs. North Stokes 5:30p G/JV BB @ North	17 Exams 1st & 3rd	18 Exams 2nd & 4th End Six Weeks 1:00p Early Dismissal TBD V Wrestling @ Cave Spring 5:30p G/JV BB @ Bassett 5:30p B/JV BB vs. Bassett 7:00p G/V BB @ Bassett 7:00p B/V BB vs. Bassett	19 TBD V Wres- tling @ Cave Spring
20	21 Closed Holiday 4:00p B/V Indoor Track @ Bassett 4:00p G/V Indoor Track @ Bassett	Spring	23 Closed Holiday	24 Closed Holiday	25 Closed Holiday	26
27	28 Closed Holiday 6:00p G/V BB @ North Stokes 7:30p B/V BB @ North Stokes	29 Closed Holiday 3:00p G/V BB @ South Stokes 4:30p B/V BB @ South Stokes	30 Closed Holiday	31 Closed Holiday	Students retu Wednesday, Ja	