

Career Interest Explorer

Step 1: Read each paragraph and place a check beside any of the questions that you answer yes to.



Some people like to work with machines, and use their hands. Their skills often include having mechanical know-how, strength to work outdoors, and the ability to operate machinery. They often love nature and are good problem solvers. They like working with **things and tools**.

- ___ Do you like to work outdoors?
- ___ Do you like to work on machinery/equipment?
- ___ Do you have mechanical abilities?
- ___ Are you skilled in carpentry or building things?
- ___ Are you a realistic person?



Some people like to sing, dance, or write and prefer an unstructured work environment. They have skills in music, art, and/or communication. They value artistic qualities and like working with **ideas**.

- ___ Do you like music, drama, or art classes?
- ___ Do you like writing stories or poems?
- ___ Can you play a musical instrument?
- ___ Are you a talented actor?
- ___ Are you a creative person?



Some people like to explore ideas and look at information. They have skills in math and science. These people ask many questions. They usually like working with **information and ideas**.

- ___ Do you like math and science classes?
- ___ Do you like to solve technical problems?
- ___ Do you have an interest in medicine?
- ___ Are you good with computers?
- ___ Are you curious by nature?



Some people enjoy helping others and the community. They have skills in teaching, counseling, and getting along with others, and are sensitive to others' needs. They are cheerful, social, and enjoy learning with others. They like working with **people**.

- ___ Do you like to teach children or adults?
- ___ Do you like to help others solve problems?
- ___ Do you like to care for sick people?
- ___ Are you interested in volunteering and community service?
- ___ Are you an understanding and sympathetic person?



Some people like to persuade and influence others in areas of business or politics. They think of themselves as well-liked, self-confident, and social. They are good at public speaking and leadership. These people like working with **people and information**.

- ___ Do you like competitive events or challenges?
- ___ Do you like to influence others?
- ___ Do you have the ability to sell products?
- ___ Do you motivate others?
- ___ Do you finish what you start?



Some people like to be organized. They are often skilled in mathematics and computers. They like to follow instructions. They like working with **information**.

- ___ Do you like working with numbers or information?
- ___ Do you like working with computers?
- ___ Are you accurate with numbers and information?
- ___ Do you like to keep track of your money and spending?
- ___ Are you good with details?

Step 2: For each section above, count the number of checks in each area and write the number in the box beside the letter.

Step 3: Circle the letter with the highest number of checks. If you have a tie between several, consider which paragraph better describes you and mark it your first choice. After you find your top area, circle your second and third highest areas.

Step 4: Take a look below at the sample list of careers within your top three personality descriptions. Mark any that you find interesting.

R Realistic

Architect
Firefighter
Chef
Mechanic
Carpenter
Zoo Keeper
Police Officer
Machinist
Truck Driver
Plumber
Occupational Therapist
Athlete

A Artistic

Fashion/Interior Designer
Reporter
Musician
Graphic Designer
Film Editor
Actor
Editor
Movie/Camera Operator
Floral Designer
Author/Writer
Photographer

I Investigative

Conservation Scientist
Financial Analyst
Microbiologist
Physician
Pharmacist
Chemist
Biomedical Engineer
Food Scientist
Veterinarian
Forensic Scientist
Historian

S Social

Nurse
Social Worker
Physical Therapist
Dental Hygienist
Rehabilitation Counselor
Aerobics Instructor
Security Guard
Teacher
Paramedic
Athletic Trainer
Nutritionist
Speech Therapist

E Enterprising

Coach
Farm Manager
Real Estate Sales Agent
Financial Manager
Politician
Sales Manager
Lawyer
Marketing Manager
Construction Manager
Computer Systems Manager
Cosmetologist

C Conventional

Auditor
Pilot
Air Traffic Controller
Legal Secretary
Banker
Cashier
Real Estate Appraiser
Librarian
Medical Records Technician
Receptionist
Umpire/Referee



The careers listed above are only a few of the thousands of career options you can choose. As you explore careers further, ask yourself questions about your...

Abilities -- What are you good at?

Interests -- What do you like to do ?

Values -- What is important to you?

Outlook -- What careers will be in demand?

Learn more about yourself – check out additional career inventories profiles, interviews, videos, and blogs at CFNC.org. It's easy, free, and fun!!