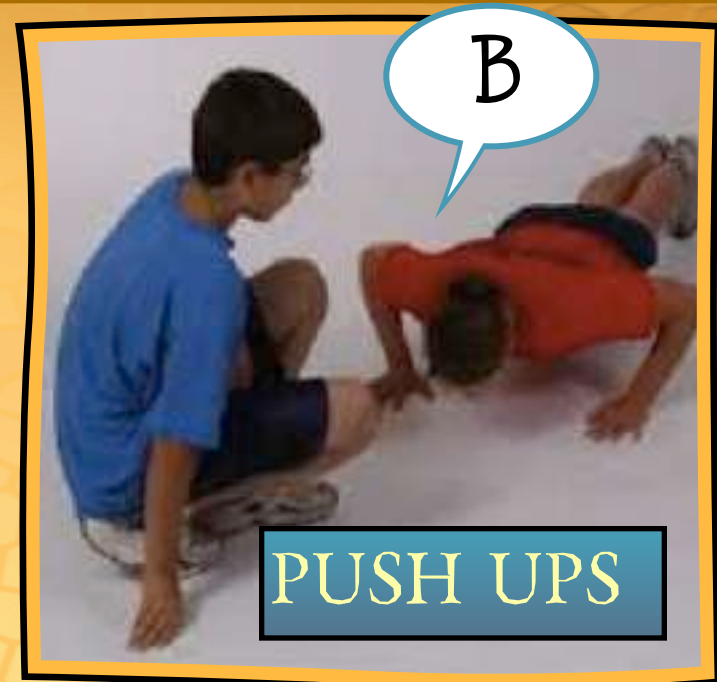


WHAT FITNESS TEST MEASURES CARDIOVASCULAR ENDURANCE?



SIT & REACH

