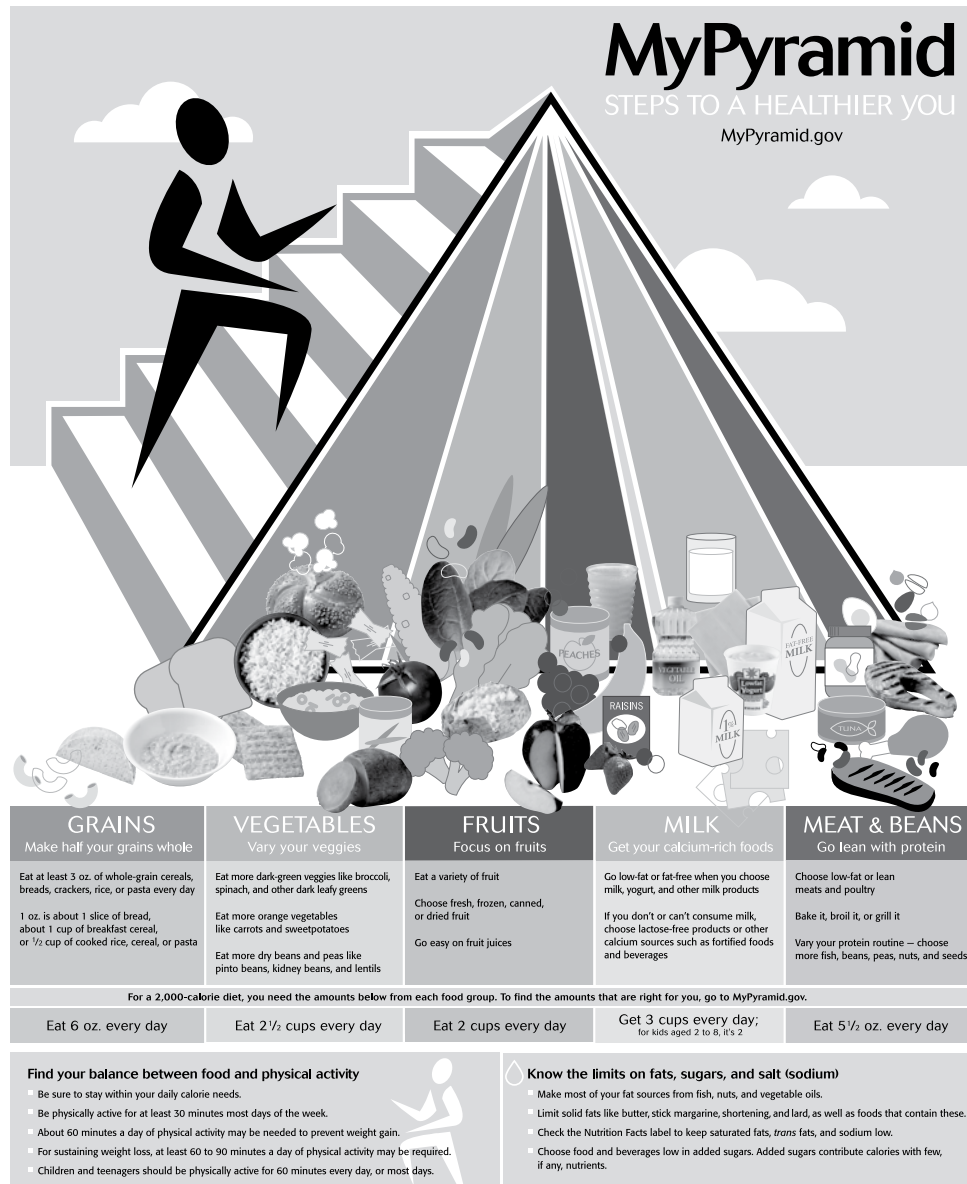


Food Guide Pyramid



U.S. Department of Agriculture
Center for Nutrition Policy and Promotion
April 2005
CNPFP-14
USDA is an equal opportunity provider and employer.