



Quiz Answer Key

1. Bullies can attack victims:
 - a. physically
 - b. verbally
 - c. emotionally
 - d. all of the above
2. True or false: Spreading rumors is a form of bullying.
3. Give an example of verbal bullying:
Any one of the following: repeated name calling; passing rumors; sending mean texts or posting mean online messages; gossiping; taunting or teasing
4. Name three ways that bullying can affect victims:
Any three of the following: grades can go down; stomach pains; diarrhea; eating problems; low self-esteem; stress; depression; anxiety; thoughts of suicide; suicide
5. Name two bullying survival tips:
Any two of the following: ignore the bully; avoid the bully; don't show your feelings or react; put your anger on hold; don't get physical; talk about it to an adult; find and surround yourself with true friends; be confident
6. True or false: Bullying can cause victims to have physical ailments like stomachaches.
7. How can technology make bullying worse?
Texting, instant messaging, emails, and social media can help spread rumors.
8. True or false: Some kids and teens bully people because they want to feel like they have power over people and they want to manipulate them.
9. How can a bystander help a bully?
One of the following: tell an adult about the situation; be friends with the person bullied.
10. Bullying affects millions of students every day.