

# Sophomore Newsletter

PLAINVIEW-OLD BETHPAGE JOHN F. KENNEDY HIGH SCHOOL GUIDANCE DEPARTMENT

August 2012

# Welcome to Your Sophomore Year, Class of 2015

Dear Parents and the Class of 2015:

On behalf of the Guidance Department, I would like to welcome you back to school! I hope this year turns out to be not only a productive one, but one that creates a lifetime of memories. You will continue to receive bulletins such as this that will serve to highlight important topics and events that we feel is worthy of your attention. In addition, I encourage you to stay up to date with our website which will be regularly updated as well.

Now that you have completed your "transition" year in high school, it is important to reflect on what you learned as a freshman. What helped you achieve success? What strategies helped you in and out of the classroom? Of course, if there were regrets, now is the time to modify your behavior based on what you have learned about yourself.

If you have not already done so, sophomore year is the time to seriously consider what you want your future to look like. Your Guidance Counselors are here to help you in that process. Please review the 10th Grade Timeline on the back of this newsletter. We've also included information about the upcoming PSAT. If you are confused about whether or not to take the PSAT, I encourage you to speak with your Guidance Counselor. I hope this will provide some helpful reminders to stay focused on your future.

I look forward to working with you!

Sincerely,

Laurie B. Lynn

Director of Guidance

If you haven't already done so, sign up for the Parent Portal! The Portal connects parents / guardians to student data online, anytime! For more information, go to <a href="https://www.pobschools.org/Page/381">www.pobschools.org/Page/381</a>.

# **PSAT/NMSQT TEST INFORMATION**

# What is the PSAT/NMSQT?

The PSAT/NMSQT (Preliminary SAT / National Merit Scholarship Qualifying Test) is a practice version of the SAT's usually taken by Juniors. It is a two-hour and twenty-minute test that measures verbal reasoning, critical thinking, math problem solving and writing skills. It will be administered at our school on Saturday, October 20, 2012. Students should arrive at 7:30 a.m., the test will begin at 8:00 a.m. and end at approximately 12:00 p.m.

# When considering whether to take the PSAT as a Sophomore, remember:

- 1. The purpose of taking the PSAT's in your sophomore year is to give yourself an extra practice test.
- 2. These sophomore scores do not count.
- 3. Go to www.collegeboard.org for practice questions.
- 4. If you have any questions, see your guidance counselor.

# **How to register for the PSAT/NMSQT:**

- 1. Registration fee is \$24.00 check or money order (no cash) made payable to "P-OB CSD."
- 2. PRINT student's name and current grade level on the front of the check.
- 3. Bring check to the Guidance office. No one will be permitted to sit for the exam without pre-payment.
- 4. Registration begins on September 10th.
- 5. All checks must be in by October 12th, 2012!!

PSAT scores are received in December and will be mailed home.

# Tenth Grade Timeline / Important Dates to Remember



## **Board of Education**

Ms. Amy Pierno, President

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Ms. Debbie Bernstein

Mr. Gary Bettan

Mr. Angel Cepeda

Ms. Evy Rothman

Ms. Emily Schulman

#### Administration

Dr. Loma R. Lewis, Superintendent of Schools

Dr. Timothy T. Eagen, Assistant Superintendent for Human Resources

Ms. Jill M. Gierasch, Assistant Superintendent for Curriculum & Instruction

Mr. Ryan Ruf, Assistant Superintendent for Business

Ms. Ellie Becker, Director of Pupil Personnel Services

# **School Administration**

Mr. James Murray, Principal

Mr. James E. Bolen, Assistant Principal

Mr. Christopher Donarummo, Assistant Principal

Ms. Sharon Lasher, Assistant Principal

#### Guidance

Ms. Laurie B. Lynn, Director of Guidance

Counselors

Ms. Jessica Baker Mr. Jason Miller
Mr. Domenick DiDomenico Ms. Cristina Rivas-Laline
Mr. Joseph Izzo Ms. Sara Schaffer
Mr. Neil Lasher Ms. Jennifer Siegel

<u>Psychologists</u>

Dr. Lisa Cohen Ms. Stephanie Mann

**Social Workers** 

Ms. Betty lannotti Ms. Jodi Kudler

## SEPTEMBER 2012

◆ Fri., Sept. 21 Club Fair at 1:45 p.m. — get involved in extra curricular activities and clubs

♦ Sun., Sept. 23 College Fair Expo 12:00-3:00 p.m. SUNY College at Old Westbury.

♦ Sun., Sept. 30 College Fair 11:00-3:00 p.m. at the Nassau Coliseum.

♦ Consider taking the PSAT — see info on the other side.

# OCTOBER 2012

Wed., Oct. 3
 Back to School Night at 7:00 p.m. Parents will have the opportunity to meet their children's teachers and counselors.

♦ Fri., Oct. 5 AP money due in Guidance — more information will follow.

♦ Sat., Oct. 20 **PSAT**.

Tues., Oct. 16 Financial Aid Meeting at 7:00 p.m. — Parents: concerned about paying for college? Learn from an expert how to be prepared.

♦ Thurs., Oct. 25 Parent / Teacher Conferences A- K (aft / eve)

◆ Tues., Oct. 30 Parent / Teacher Conferences L-Z (aft / eve).

# **NOVEMBER 2012**

Thurs., Nov. 1 10th Grade Night Meeting at 7:00 p.m. — Important information about college planning.

First quarter report cards are mailed home.

#### **DECEMBER 2012**

♦ Second quarter progress reports mailed home.

Results of PSAT's are mailed home.

# PLAINVIEW-OLD BETHPAGE JOHN F. KENNEDY HIGH SCHOOL

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We're on the Web! www.pobschools.org