

Dear Barnstable Families,

The Kindness Rocks Project is now at our school! It is placed at our revitalized courtyard, aka, Unity Park. Students had a blast this week writing kind and inspiring messages on pre-painted Kindness Rocks. We thought it would be exciting to send home instructions on how to make them at home. It was a joy to create! ~Selissa Johnson

**\*REMOTE FAMILIES-** a bin of painted rocks will be placed outside in front of the school 6/11-6/14 for taking home.



## How to create your own Kindness Rocks

When considering a message to paint on a rock be sure that it is positive and uplifting. The goal is to inspire someone and make them feel happy when they find one. Imagine the message that you would like to find, chances are it will inspire someone else as well.

### 1. COLLECT YOUR ROCKS

Flat smooth rocks work best. Sandy Neck Beach has great rocks! After you bring them home, put in a sink/bucket with some dish soap. Rinse and let them dry.

### 2. PAINT THE ROCKS WITH NON-TOXIC ACRYLIC PAINT WITH A FOAM BRUSH, OR SPRAY DIRECTLY



### 3. USE OIL BASED PAINT PENS/MARKERS TO CREATE YOUR ARTWORK



Sharpie Oil Based Pens or Artistro Paint Pens are best. [https://artistro.com/products/paint-pens-for-rock-painting-stone-ceramic-glass-wood-set-of-12-acrylic-paint-markers-extra-fine-tip?\\_pos=20&\\_sid=dc541455e&\\_ss=r#product-1](https://artistro.com/products/paint-pens-for-rock-painting-stone-ceramic-glass-wood-set-of-12-acrylic-paint-markers-extra-fine-tip?_pos=20&_sid=dc541455e&_ss=r#product-1)

### 4. TOP COAT YOUR ART WITH A NON-TOXIC CLEAR SEALANT



This will protect the artwork from the elements and the paint from altering the environment.

Full details: [www.thekindnessrockproject.com](http://www.thekindnessrockproject.com)

BE SURE TO ADD...#THEKINDNESSROCKSPROJECT to the back of each rock you drop so others can join us and share their pictures when they find one, that way you can follow the journey of your rock.

DO NOT ADD STICKERS OR GOOGLE EYES TO YOUR ROCKS AS THEY CAN HARM ANIMALS