

Boys vs. Girls Spin Wheel Game (Virtual) -- Score Sheet

Instructions - Pick an exercise to compete for in each round. Pick a boy or girl to choose who is spinning first (boys or girls team). Present a tab and switch back and forth between this page and the 10 Number SPINNER WHEEL below (Google Spinner). Whichever team gets the higher score wins the round and does **NOT** complete the exercise. **The team with the lowest score does the exercise for the round.** Play until a team scores 10 points or you run out of time. The team with the highest score is the BIG WINNER and does not complete the final (bigger) exercise (ex. - We spin a closing exercise wheel at the end of each class <https://wheelofnames.com/y44-xvn> - winning team watches the losing team complete the exercise)

10 Number SPINNER WHEEL

<u>Exercises</u>	<u>15</u> <u>Jumping</u> <u>Jacks</u>	<u>15</u> <u>Sit</u> <u>Ups</u>	<u>15</u> <u>Push</u> <u>Ups</u>	<u>15</u> <u>Mountain</u> <u>Climbers</u>	<u>15</u> <u>Line</u> <u>Jumps</u>	<u>15</u> <u>second</u> <u>Plank</u>	<u>15</u> <u>Squats</u>	<u>15</u> <u>Jump</u> <u>Ropes</u>	<u>15</u> <u>second</u> <u>Wall Sit</u>	<u>15</u> <u>Jump/</u> <u>Lunges</u>
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Scoresheet --- Fill All Boxes to WIN!										
	1	2	3	4	5	6	7	8	9	10
<u>Boys</u>										Fill this box to Win! (or most points)
<u>Girls</u>										Fill this box to Win! (or most points)