

Dear Students:

I am organizing a blood drive here at WOHS for the first time in many years and I need your help. On April 19 (**it is a "C" day**) Community Blood Services will be here at WOHS looking for donors.

Blood is one of the most precious gifts that one individual can provide to another. Think of it as a gift of life. By becoming a donor you are potentially saving a life.

If you are **16 or 17** years of age you may become a donor with **parental consent** (the required form is attached). **If you are 18 years old or older there is no consent needed.**

In addition to the age requirements (and consent form if necessary), **you must bring a picture ID** with your birth date on it. If you do not have a picture ID, you can print out the demographics page from Power School but it must contain your picture and birth date.

Physically you must weigh at least **110 pounds**, and make sure you have eaten some type of meal at some time prior to the donation.

When can I go donate?

Administration has agreed to allow you to donate during one of the following periods: **during your PE/Health class, study hall, lunch, or after school.**

How do I sign up?

Click on the following link:

https://donor.cbsblood.org/donor/schedules/drive_schedule/44217

Choose your time slot and follow the online registration instructions, it's that easy. When filling out the registration fields leave Donor ID blank. Please remember your time slot and please be on time so there are no delays with the donors that will follow you. There are a limited number of time slots so sign up fast.

Part of the donation process involves a donor history questionnaire. If you have time, **on the day of the donation** please go to the following site and fill out the questionnaire.

<http://www.communitybloodservices.org/donorexpress-health-history-questionnaire/>

As per FDA regulations, the questionnaire **must** be completed on the day of donation. If you do not have the time to fill it out online no worries, the questionnaire can be completed when you arrive for your appointment.

If you have any questions or concerns, please do not hesitate to contact me. Thank you for considering to be a blood donor and doing your part to save a life.

Regards,

Mr. Diaz

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