

# School Closure Lesson Plans

## Block 2B Biology – DeBoer

### Week 2

#### Day 1

Chapter 10 Investigation, pp. 226, 227

Reading Food Labels

- Collect food labels from eight different packaged foods.
- Copy the chart on pg. 226 and fill in the information from the food labels.
- Answer the questions on pg. 227 as well as “Explore Further”

#### Day 2

Pg. 210, Science in your Life

Read the article on pg. 210 of your text. Write a summary in your own words), then give your opinion on it. (What do you think about the use of alcohol, smoking and the use of other drugs by women when they are pregnant?)

#### Day 3

Pg. 228, Science in your Life

Read the article , “How can eating fat be bad for you?”

Write a summary of what you read, using your own words, then answer the following three questions:

- 1) What is the difference between saturated and unsaturated fats?
- 2) Name five things that can happen to you if you eat too much saturated fat and cholesterol.
- 3) How do you know how much fat a food contains? (identify two ways)