



Personal Health Series Bike Safety

Quiz Answer Key

Using the words below, fill in the blanks.

WORD BANK				
bright	helmets	road	CPSC	injuries
stop signs	direction	laws	sneakers	exercise
music	text	hand signals	right	tightly
Biking is great for getting arc	ound, and it's also great _	exercise		
But bike <u>injuries</u>	are common	, so it's important to fol	low the rules of the	road
and bike <u>laws</u>	set by your o	ommunity. Smart kids a	nd teens wear	helmets
whenever they ride bikes. A	bike helmet should fit _	tightly	and should not I	oe tilted. When you buy a bike
helmet, you should make sur	e it has a	CPSC stic	cker.	
Everyone should wear	bright	clothes and	sneakers	when they ride bicycles.
Bike riders should stay on the	e <u>right</u>	side of the road	and go the same	direction
as traffic. Bike riders also ne	ed to stop at all	stop signs	and obey traf	fic laws. Bike riders should use
the correct <u>hand</u>	<u>signals</u> and r	never change directions	or lanes without lool	king behind themselves.
Smart kids and teens never _ don't get distracted.	text	or listen to	music v	vhile they're riding bikes so they