

# BIRDVILLE HIGH SCHOOL

## EMERGENCY ACTION PLAN FOR ATHLETICS OVERVIEW

### Introduction

Emergency situations may arise at anytime during athletic events. Expedient action must be taken in order to provide the best possible care to the student athlete in case of emergency and/or life threatening conditions. The development and implementation of an emergency plan will help ensure that the best care will be provided.

As emergencies may occur at anytime and during any activity, all persons involved must be prepared. Athletic organizations have a duty to develop an emergency plan that may be implemented immediately when necessary and to provide appropriate standards of emergency care to all student athletes as well as spectators. As athletic injuries may occur at any time and during any activity, the athletic training staff must be prepared. This preparation involves formulation of an emergency plan, proper coverage of events, maintenance of appropriate emergency equipment and supplies, utilization of appropriate emergency medical personnel, and continuing education in the area of emergency medicine and planning. Hopefully, through careful pre-participation physical screenings, adequate medical coverage, safe practice and training techniques and other safety avenues, some potential emergencies may be averted. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the athletic training staff should enable each emergency situation to be managed appropriately.

### Components of the Emergency Plan

These are the basic components of every emergency action plan for athletics:

1. Emergency Personnel
2. Emergency Communication
3. Emergency Equipment
4. Roles Of Certified/Licensed Athletic Trainers, Student Trainers, Coaches, And Administrators
5. Venue Directions

### Emergency Plan Personnel

With athletic practice and competition, the first responder to an emergency situation is typically a member of the athletic training staff, most commonly a certified or licensed athletic trainer. A team physician is often not available at organized practice or many competitions. The type and degree of athletic training coverage for an athletic event may vary widely, based on such factors as the sport or activity, the setting, and the type of training or competition. The first responder in some instances may be a coach, student athletic trainer or other school personnel. Certification in cardiopulmonary resuscitation (CPR), first aid, prevention of disease transmission, and emergency plan review is strongly recommended for all athletics personnel associated with practices, competitions, skills instruction, and strength and conditioning.

The development of an emergency plan cannot be complete without the formation of an emergency team. The emergency team may consist of a number of healthcare providers including physicians, emergency medical technicians, certified/licensed athletic trainers; student athletic trainers; coaches; parents; and, possibly, other bystanders. Roles of these individuals within the emergency team may vary depending on various factors such as the number of members of the team, the athletic venue itself, or the preference of the adult athletic trainer(s). There are four basic roles within the emergency team. The first and most important role is establishing safety of the scene and immediate care of the athlete. Acute care in an emergency situation should be provided by the most qualified individual on the scene. In most instances, this role will be assumed by the Certified/ Licensed Athletic Trainer, although if the team physician is present, he/she may be called in. The second role, EMS activation, may be necessary in situations where emergency transportation is not already present at the sporting event. This should be done as soon as the situation is deemed an emergency or a life-threatening event. Time is the most critical factor under emergency conditions. Activating the EMS system may be done by anyone on the team. However, the person chosen for this duty should be someone who is calm under pressure and who communicates well over the telephone. This person should also be familiar with the location and address of the sporting event. Typically, the school administrator is the best choice to fulfill this role. The third role, equipment retrieval may be done by anyone on the emergency team who is familiar with the types and location of the specific equipment needed. Student athletic trainers and



coaches are good choices for this role. The fourth role of the emergency team is that of directing EMS to the scene. One member of the team should be responsible for meeting emergency medical personnel as they arrive at the site of the emergency. Depending on ease of access, this person should have keys to any locked gates or doors that may slow the arrival of medical personnel. A student athletic trainer, administrator, or coach may be appropriate for this role.

#### **Roles within the Emergency Team**

1. Establish scene safety and immediate care of the athlete
2. Activation of the Emergency Medical System
3. Emergency equipment retrieval
4. Direction of EMS to scene

#### **Activating the EMS System**

##### **Making the Call:**

911

##### **Providing Information:**

- name, address, telephone number of caller
- nature of emergency, whether medical or non-medical \*
- number of athletes
- condition of athlete(s)
- first aid treatment initiated by ATC/LAT/Physician
- specific directions as needed to locate the emergency scene (i.e. "Come to the baseball parking lot off of Hawk and Mid-cities")
- other information as requested by dispatcher

When forming the emergency team, it is important to adapt the team to each situation or sport. It may also be advantageous to have more than one individual assigned to each role. This allows the emergency team to function even though certain members may not always be present.

#### **Emergency Communication**

Communication is the key to quick emergency response. Athletic trainers and emergency medical personnel must work together to provide the best emergency response capability. Communication prior to the event is a good way to establish boundaries and to build rapport between both groups of professionals. If emergency medical transportation is not available on site during a particular sporting event then direct communication with the emergency medical system at the time of injury or illness is necessary.

Access to a working telephone, whether fixed or mobile, should be assured. The communications system should be checked prior to each practice or competition to ensure proper working order. A back-up communication plan should be in effect should there be failure of the primary communication system. The most common method of communication is a cellular telephone. However, a public phone may be necessary in certain locations that cell service may not be optimum. At any athletic venue, whether home or away, it is important to know the location of a workable telephone. Pre-arranged access to the phone should be established if it is not easily accessible.

#### **Emergency Equipment**

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of each type of emergency equipment. Equipment should be in good operating condition, and personnel must be trained in advance to use it properly. Emergency equipment should be checked on a regular basis and use rehearsed by emergency personnel. The emergency equipment available should be appropriate for the level of training for the emergency care providers. The school's Athletic Trainers are responsible for the care of the medical equipment.

## Medical Emergency Transportation

Emphasis should be placed at having an ambulance on site at high risk sporting events. In the event that an ambulance is on site, there should be a designated location with rapid access to the site and a cleared route for entering/exiting the venue. If an ambulance is not present at an event, entrance to the facility should be clearly marked and accessible. In the event of an emergency, the 911 system will still be utilized for activating emergency transport.

In the medical emergency evaluation, the primary survey assists the emergency care provider in identifying emergencies requiring critical intervention and in determining transport decisions. In an emergency situation, the athlete should be transported by ambulance, where the necessary staff and equipment is available to deliver appropriate care. Emergency care providers should refrain from transporting unstable athletes in inappropriate vehicles. Care must be taken to ensure that the activity areas are supervised should the emergency care provider leave the site in transporting the athlete. Any emergency situations where there is impairment in level of consciousness (LOC), airway, breathing, or circulation (ABC) or there is neurovascular compromise should be considered a "load and go" situation and emphasis placed on rapid evaluation, treatment and transportation.

## Non-Medical Emergencies

For the following non-medical emergencies: fire, bomb threats, severe weather and violent or criminal behavior, refer to the school district's emergency action plan and follow the instructions provided.

## Conclusion

The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on how well trained and prepared athletic healthcare providers are. It is prudent to invest athletic department "ownership" in the emergency plan by involving the athletic administration and sport coaches as well as sports medicine personnel. The emergency plan should be reviewed at least once a year with all athletic personnel, along with CPR and first aid refresher training. Through development and implementation of the emergency plan, Birdville High School helps ensure that the athlete will have the best care provided when an emergency situation does arise.

## Approval and Acceptance of the Birdville High School Emergency Plan for Athletics

Approved by \_\_\_\_\_  
Birdville ISD Athletic Director Date

Approved by \_\_\_\_\_  
Birdville High School Principal Date

Approved by \_\_\_\_\_  
Birdville High School Athletic Coordinator Date

Approved by \_\_\_\_\_  
Birdville High School Co-Head Athletic Trainer Date

Approved by \_\_\_\_\_  
Birdville High School Co-Head Athletic Trainer Date



## **Birdville Emergency Plan: Basketball, Volleyball & Wrestling**

### **Gymnasium A (Big) and B (Small) at Birdville**

**Emergency Personnel:** at least one Certified/ Licensed Athletic Trainer on school premises and in the Training Room or on cellular phone access during all practices; at least one Certified/ Licensed Athletic Trainer and any number of Student Athletic Trainers inside gymnasium , on campus or close by and on call for all games and meets.

**Emergency Communication:** The Certified/ Licensed Athletic Trainers carry cellular telephones (Brandon Stafford 817-894-3612, Lacy Bauer 512-755-4345). Additional fixed telephone lines accessible from Birdville High School Training Room (Coach Stafford 817-547-8364, Coach Bauer 817-547-8351). Because of the need for late practices and also because the Certified/ Licensed Athletic Trainers will not be traveling to away games with some teams, it is also recommended that the head coaches of each of the volleyball, basketball and wrestling teams carry a cellular phone, in case of emergency.

**Emergency Equipment:** Supplies and equipment brought to gym for games/ meets include taping and bracing supplies, general trauma and wound care kits. Additional supplies stored in Training Room include athletic training kit, splint bag, crutches, AED, c-collars, wheelchair, various wound care necessities, and any other items deemed necessary.

#### **Roles of Certified/ Licensed Athletic Trainer (ATC/ LAT)**

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
  - Activation of emergency medical system (EMS);
  - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested;
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy). Rehabilitation should follow physician protocols.

#### **Roles of Student Athletic Trainers**

- Emergency equipment retrieval (at request of ATC/LAT)
- Assist Certified/ Licensed Athletic Trainer, as needed and requested.
- Direct EMS personnel (ambulance) to scene;

#### **Roles of Administrators/Coaches**

- Ensure emergency entrance to facility is clear and accessible;
- Unlock and open doors for EMS to access gym;
- Direct EMS personnel (ambulance) to scene (in the event there are no student trainers present);
- Scene control: limit scene to athletic training staff and move bystanders (including other athletes) away from area of injured athlete.

#### **Venue Directions:**

**Gymnasium A and B at Birdville:** 9100 Mid-cities, North Richland Hills, Texas 76180

Located at the corner of Mid-Cities and Precinct Line Rd. From either Precinct Line or Mid-Cities, turn in to the student parking (in front of the FAAC). The double doors near the back of the school, visible from the parking lot, offer entrance into the rear of both gymnasiums.

## **Birdville Emergency Plan: Basketball/ Volleyball/ Wrestling**

### **W G Thomas Coliseum**

**Emergency Personnel:** at least one Certified/ Licensed Athletic Trainer on school premises and in the Training Room or on cellular phone access during all practices; at least one Certified/ Licensed Athletic Trainer and any number of Student Athletic Trainers at the coliseum or close by and on call for all games.

**Emergency Communication:** The Certified/ Licensed Athletic Trainers carry cellular telephones (Brandon Stafford 817-894-3612, Lacy Bauer 512-755-4345). Additional fixed telephone line accessible from athletic office (817-547-5820). Because of the need for late practices and also because the Certified/ Licensed Athletic Trainers will not be traveling to away games with some teams, it is also recommended that the head coaches of each of the basketball, volleyball and wrestling teams carry a cellular phone, in case of emergency.

**Emergency Equipment:** Supplies and equipment brought to gym for games and meets include taping and bracing supplies, general trauma and wound care kits, splint bag, crutches, and AED. Additional supplies needed in an emergent situation may be available in the gymnastics athletic training room at The Shannon Center.

#### **Roles of Certified/ Licensed Athletic Trainer (ATC/ LAT)**

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
  - Activation of emergency medical system (EMS);
  - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested;
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy). Rehabilitation should follow physician protocols.

#### **Roles of Student Athletic Trainers**

- Emergency equipment retrieval (at request of ATC/LAT)
- Assist Certified/ Licensed Athletic Trainer, as needed and requested.
- Direct EMS personnel (ambulance) to scene;

#### **Roles of Administrators/Coaches**

- Ensure emergency entrance to facility is clear and accessible;
- Unlock and open doors for EMS to access gym;
- Direct EMS personnel (ambulance) to scene (in the event there are no student trainers present);
- Scene control: limit scene to athletic training staff and move bystanders (including other athletes) away from area of injured athlete.

#### **Venue Directions:**

**W G Thomas Coliseum:** 6108 Broadway Avenue Haltom City, TX 76117

Enter coliseum from the parking lot on the east side of the building. Coliseum doors on the northeast corner of the building are the publicly used doors. Ambulance parks there and uses the handicap accessible ramp there. Enter gym through doors on northeast corner once inside the building.



# Birdville Emergency Plan: Football/ Soccer/ Track and Field

## Birdville Football/ Soccer Fields

**Emergency Personnel:** at least one Certified/ Licensed Athletic Trainer on school premises and in the Training Room or on cellular phone access during all practices; at least one Certified/ Licensed Athletic Trainer and any number of Student Athletic Trainers on the field, on campus or close by and on call for all games.

**Emergency Communication:** The Certified/ Licensed Athletic Trainers carry cellular telephones (Brandon Stafford 817-894-3612, Lacy Bauer 512-755-4345). Additional fixed telephone lines accessible from Birdville High School Training Room (Coach Stafford 817-547-8364 Coach Bauer 817-547-8351). Because of the need for late practices and also because the Certified/ Licensed Athletic Trainers will not be traveling to away games with some teams, it is also recommended that the head coaches of each of the football, soccer and track and field teams carry a cellular phone, in case of emergency.

**Emergency Equipment:** Supplies and equipment brought to the field include taping and bracing supplies, general trauma and wound care kits, splint bag, crutches, and AED. Additional supplies stored in Training Room include athletic training kit, splint bag, crutches, c-collars, AED, wheelchair (in athletic training storage shed outside), various wound care necessities, and any other items deemed necessary.

### Roles of Certified/ Licensed Athletic Trainer (ATC/ LAT)

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
  - Activation of emergency medical system (EMS);
  - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested;
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy). Rehabilitation should follow physician protocols.

### Roles of Student Athletic Trainers

- Emergency equipment retrieval (at request of ATC/LAT)
- Assist Certified/ Licensed Athletic Trainer, as needed and requested.
- Direct EMS personnel (ambulance) to scene;

### Roles of Administrators/Coaches

- Ensure emergency entrance to facility is clear and accessible;
- Unlock and open gates for EMS to access track and/or field;
- Direct EMS personnel (ambulance) to scene (in the event there are no student trainers present);
- Scene control: limit scene to athletic training staff and move bystanders (including other athletes) away from area of injured athlete.

### Venue Directions:

**Football/ Soccer Field at Birdville:** 9100 Mid-Cities, North Richland Hills, Texas 76180

Come into teacher parking on West side of campus. (Mid-cities and Hawk) Go left on Hawk then left into parking lot, continue behind school briefly then right behind softball field continue between football and baseball/Softball complex. Access to either of our two football/soccer practice fields is available from this point.

## Birdville Emergency Plan: Football/Soccer

### FAAC

**Emergency Personnel:** at least one Certified/ Licensed Athletic Trainer on school premises and in the Training Room or on cellular phone access during all practices; at least one Certified/ Licensed Athletic Trainer and any number of Student Athletic Trainers on the field or close by and on call for all games.

**Emergency Communication:** The Certified/ Licensed Athletic Trainers carry cellular telephones (Brandon Stafford 817-894-3612, Lacy Bauer 512-755-4345). Additional fixed telephone line accessible from FAAC office (817-547-5900). Because of the need for late practices and also because the Certified/ Licensed Athletic Trainers will not be traveling to away games with some teams, it is also recommended that the head coaches of each of the football and soccer teams carry a cellular phone, in case of emergency.

**Emergency Equipment:** Supplies and equipment brought to the field include taping and bracing supplies, general trauma and wound care kits, splint bag, crutches, and AED. Additional supplies needed in an emergent situation may be available in the Birdville High School Athletic Training room.

#### **Roles of Certified/ Licensed Athletic Trainer (ATC/ LAT)**

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
  - Activation of emergency medical system (EMS);
  - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested);
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy). Rehabilitation should follow physician protocols.

#### **Roles of Student Athletic Trainers**

- Emergency equipment retrieval (at request of ATC/LAT)
- Assist Certified/ Licensed Athletic Trainer, as needed and requested.
- Direct EMS personnel (ambulance) to scene;

#### **Roles of Administrators/Coaches**

- Ensure emergency entrance to facility is clear and accessible;
- Unlock and open gates for EMS to access field;
- Direct EMS personnel (ambulance) to scene (in the event there are no student trainers present);
- Scene control: limit scene to athletic training staff and move bystanders (including other athletes) away from area of injured athlete.

#### **Venue Directions:**

**FAAC: BISD Fine Arts/Athletics Complex** 9200 Mid-Cities Blvd., N. Richland Hills, TX 76180

Enter FAAC parking lot from the north off of Mid-Cities Blvd. or from the east off of Precinct Line Rd. Continue to the smaller parking lot on the west side of the FAAC (between the FAAC and the tennis courts). Ambulance uses the "emergency entrance" drive way on the east side of the FAAC



## **Birdville Emergency Plan: Football/ Soccer**

### **Birdville Stadium**

**Emergency Personnel:** at least one Certified/ Licensed Athletic Trainer on school premises and in the Training Room or on cellular phone access during all practices; at least one Certified/ Licensed Athletic Trainer and any number of Student Athletic Trainers on the field, on campus or close by and on call for all games and meets.

**Emergency Communication:** The Certified/ Licensed Athletic Trainers carry cellular telephones (Brandon Stafford 817-894-3612, Lacy Bauer 512-755-4345). Additional fixed telephone line accessible from stadium press box (817-831-5717). Because of the need for late practices and also because the Certified/ Licensed Athletic Trainers will not be traveling to away games with some teams, it is also recommended that the head coaches of each of the football ,soccer and track and field teams carry a cellular phone, in case of emergency.

**Emergency Equipment:** Supplies and equipment brought to the field include taping and bracing supplies, general trauma and wound care kits, splint bag, crutches, and AED. Additional supplies needed in an emergent situation may be available in the gymnastics athletic training room at The Shannon Center.

#### **Roles of Certified/ Licensed Athletic Trainer (ATC/ LAT)**

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
  - Activation of emergency medical system (EMS);
  - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested;
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy). Rehabilitation should follow physician protocols.

#### **Roles of Student Athletic Trainers**

- Emergency equipment retrieval (at request of ATC/LAT)
- Assist Certified/ Licensed Athletic Trainer, as needed and requested.
- Direct EMS personnel (ambulance) to scene;

#### **Roles of Administrators/Coaches**

- Ensure emergency entrance to facility is clear and accessible;
- Unlock and open gates for EMS to access track and/or field;
- Direct EMS personnel (ambulance) to scene (in the event there are no student trainers present);
- Scene control: limit scene to athletic training staff and move bystanders (including other athletes) away from area of injured athlete.

#### **Venue Directions:**

**Birdville Stadium:** 6108 Broadway Avenue Haltom City, TX 76117

Enter stadium parking lot from Hwy 26, aka. Belknap. Ambulance uses the gate on the northeast corner of the field/ track.



# Birdville Emergency Plan: Baseball/Softball Complex

## Birdville Baseball/Softball Fields

**Emergency Personnel:** at least one Certified/ Licensed Athletic Trainer on school premises and in the Training Room or on cellular phone access during all practices; at least one Certified/ Licensed Athletic Trainer and any number of Student Athletic Trainers at the field or close by and on call for games.

**Emergency Communication:** The Certified/Licensed Athletic Trainers carry cellular telephones (Brandon Stafford 817-894-3612, Lacy Bauer 512-755-4345). Additional fixed telephone lines are accessible from Birdville High School Training Room (Coach Stafford 817-547-8364, Coach Bauer 817-547-8351). Because some practices occur away from Birdville High School, we also recommend a coach of each of the softball teams carry a cellular phone, in case of emergency.

**Emergency Equipment:** Supplies and equipment brought to the field include taping and bracing supplies, general trauma and wound care kits, splint bag, crutches, and AED. Additional supplies stored in Training Room include athletic training kit, splint bag, c-collars, crutches, wheelchair (in laundry room near gym 3 and in athletic training storage closet in the field house), various wound care necessities, and any other items deemed necessary.

### Roles of Certified/Licensed Athletic Trainer (ATC/ LAT)

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
  - Activation of emergency medical system (EMS);
  - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested;
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy). Rehabilitation should follow physician protocols when given.

### Roles of Student Athletic Trainers/Coaches

- Assist ATC/LAT on duty;
- Direct EMS personnel (ambulance) to scene;
- Unlock any locked gates that permit access to the field;
- designate individual to "flag down" EMS and direct to scene;
- Scene control: limit scene to sports medicine personnel and move bystanders (including players) away from area.

### Roles of Administrative Staff

- Ensure parking lot is clear and accessible to emergency personnel

### Venue Directions:

**Birdville Softball Field:** 9100 Mid-cities (West side of School). Corner of Mid-cities and Hawk, North Richland Hills, Texas 76180

From the west (school) Go east on Mid-cities. Turn South on Hawk. Turn left onto parking lot (1<sup>st</sup> left)- that will take you into the parking lot next to the softball field. There is a pathway that comes up behind the field and in between the Softball/Baseball Complex

From the east Head West on Mid-cities, left on Hawk then 1<sup>st</sup> left into parking lot.

## **Birdville Emergency Plan: Tennis**

### **Tennis Courts**

**Emergency Personnel:** at least one Certified/ Licensed Athletic Trainer on school premises and in the Training Room or on cellular phone access during all practices; at least one Certified/ Licensed Athletic Trainer and any number of Student Athletic Trainers at the court or close by and on call for matches.

**Emergency Communication:** The Certified/Licensed Athletic Trainers carry cellular telephones (Brandon Stafford 817-894-3612, Lacy Bauer 512-755-4345). Additional fixed telephone lines accessible from Birdville High School Training Room (Coach Stafford 817-547-8364, Coach Bauer 817-547-8351). We also recommend a coach of each of the tennis teams carry a cellular phone, in case of emergency.

**Emergency Equipment:** Supplies stored in Training Room include athletic training kit, splint bag, c-collars, crutches, wheelchair (in athletic training storage shed), AED, various wound care necessities, and any other items deemed necessary.

#### **Roles of Certified/Licensed Athletic Trainer (ATC/ LAT)**

- Preventative care for all student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy);
- Immediate evaluation and care of the more seriously-injured or ill student-athletes;
  - Activation of emergency medical system (EMS);
  - 911 call (provide name, address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested;
- Return to play decision-making on the injured student-athlete;
- Physician referral of the injured student-athlete;
- Contacting the parent(s) of the injured student-athlete;
- Rehabilitative care for injured student-athletes (includes evaluation, consultation, taping, and use of therapeutic modalities such as whirlpool, electronic stimulation, ultrasound, intermittent compression, and hot and cold therapy). Rehabilitation should follow physician protocols when given.

#### **Roles of Student Athletic Trainers/Coaches**

- Assist ATC/LAT on duty;
- Direct EMS personnel (ambulance) to scene;
- Unlock any locked gates that permit access to the courts;
- designate individual to "flag down" EMS and direct to scene;
- Scene control: limit scene to sports medicine personnel and move bystanders (including players) away from area.

#### **Roles of Administrative Staff**

- Ensure parking lot is clear and accessible to emergency personnel

#### **Venue Directions:**

***Birdville Tennis Courts:*** 9100 Mid-cities Blvd., N. Richland Hills, TX 76180

- From either Precinct Line or Mid-cities (Student parking lot access from both): the tennis courts are located between the FAAC and the High School. Courts are easily visible from parking lot entrance.



**BIRDVILLE HIGH SCHOOL EMERGENCY PLAN FOR ATHLETICS**  
**Emergency Contacts**

**Emergency Medical Services**

**9-1-1**

N.R.Hills Police Department – Non emergency	817-427-7000
Cook Children's Northeast Hospital and Urgent Care	817-605-2500
Texas Health Hospital- HEB	817-848-4611
North Hills Hospital – Main Desk	817-255-1801
Birdville High School Training Room- Stafford	817-547-8364
Birdville High School Training Room- Bauer	817-547-8351
Brandon Stafford, ATC, LAT – cellular phone	817-894-3612
Lacy Bauer, LAT- cellular phone	512-755-4345
Birdville High School – Main Office	817-547-8000
Birdville ISD Athletic Offices	817-547-5820
Jim Skinner- cellular phone	817-507-7732
Eddie Brown- cellular phone	817-480-6365