



LET'S GO TO THE BEACH

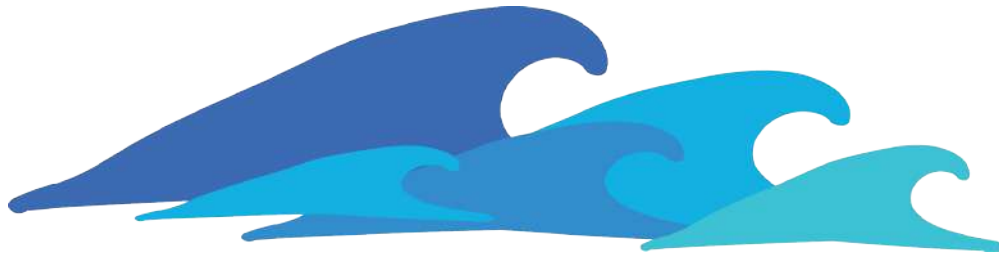


Would you rather ...

WOULD YOU RATHER...



When a slide comes up, you will have to pick a side of the **WAVE** - then move slightly to the side of **WHAT YOU WOULD RATHER DO!!** Then on the next slide you will perform the activity that is on your side of the **WAVE!!** Then get ready to make another choice. ARE YOU READY!!





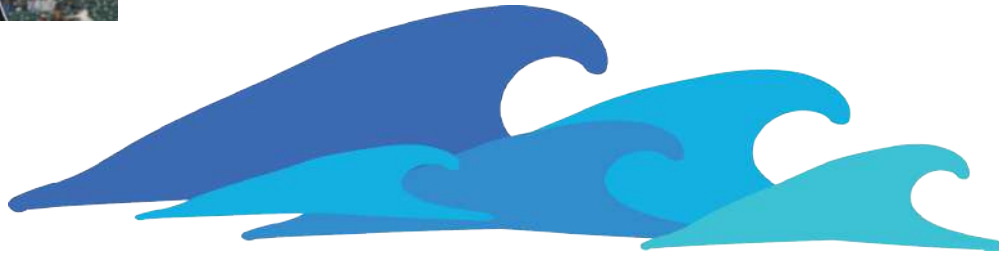
WOULD YOU RATHER... PRACTICE

Cheer for MSU



Or

Cheer for U of M



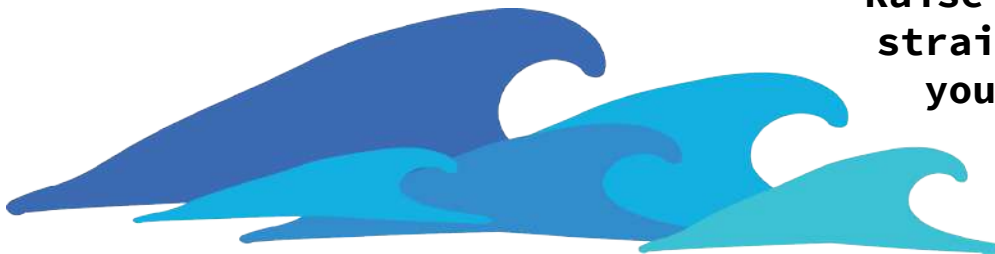
WOULD YOU RATHER..



**Stand on one
foot.**



**Raise both arms
straight above
your head.**



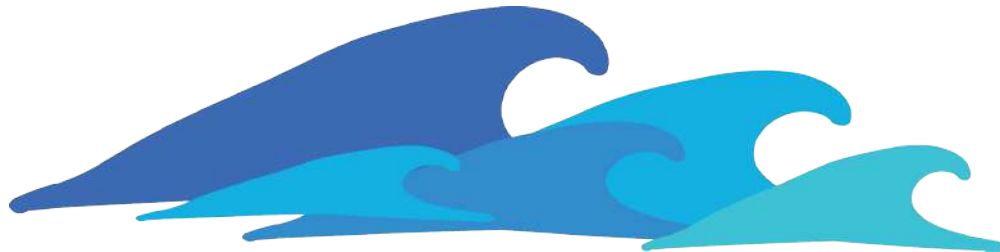
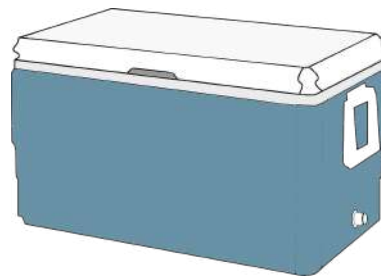
WOULD YOU RATHER...



Carry the beach chair

OR

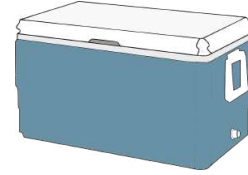
Carry the water cooler



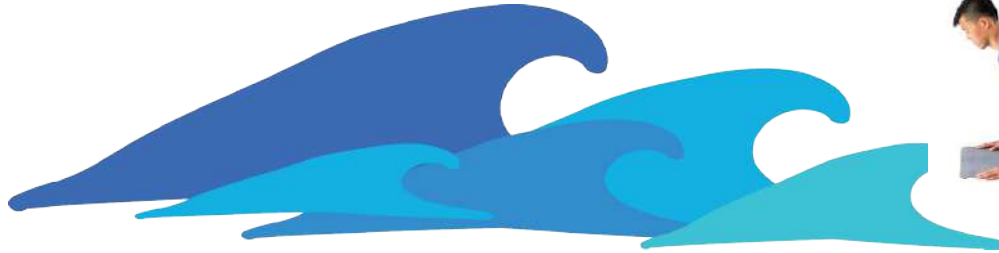
WOULD YOU RATHER..



10 squats



10 Knee Push-ups



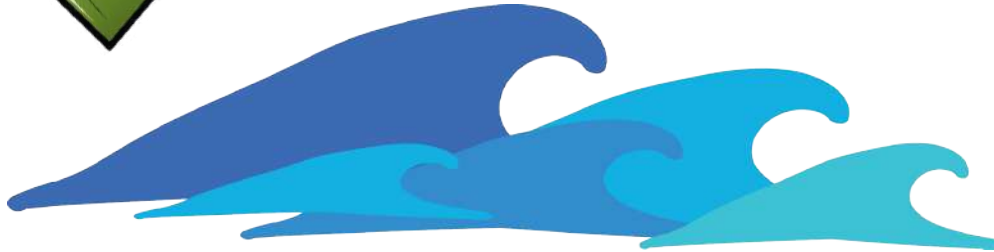
WOULD YOU RATHER...



Dig in the sand with a shovel

OR

Dig in the sand with your hands.



WOULD YOU RATHER...



Hold a plank and count to 20.



10 Sit - Ups



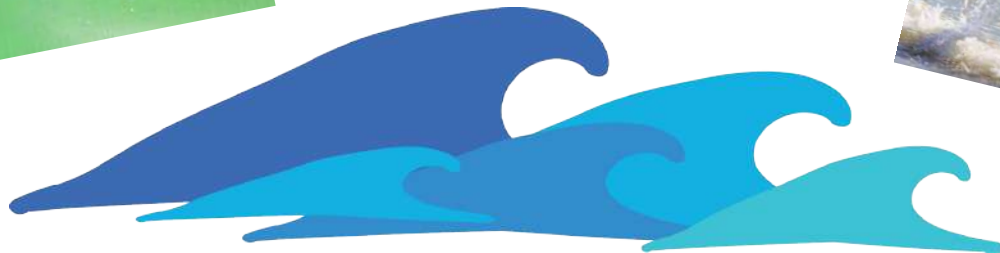
WOULD YOU RATHER...



Ride the waves with a floatie

OR

Run and jump in the waves



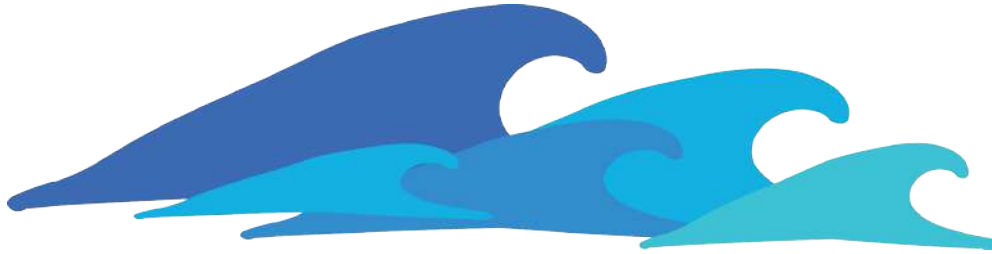
WOULD YOU RATHER...



10 Butt Kickers



10 High Knee Marches

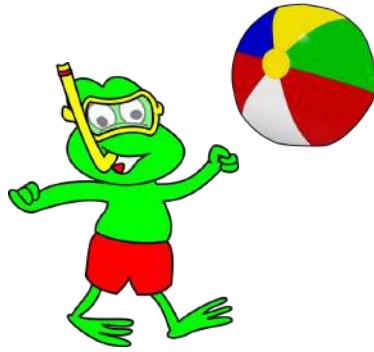




JOKE TIME



How do you know if an ocean is friendly?



BECAUSE IT "WAVES"

WOULD YOU RATHER...



Swim underwater



OR

Float on your back



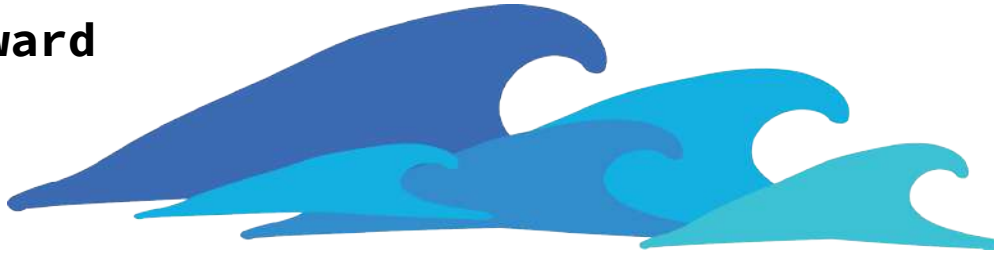
WOULD YOU RATHER...



**10 big arms
circles
forward**



**10 big arms
circles
backwards**



WOULD YOU RATHER...

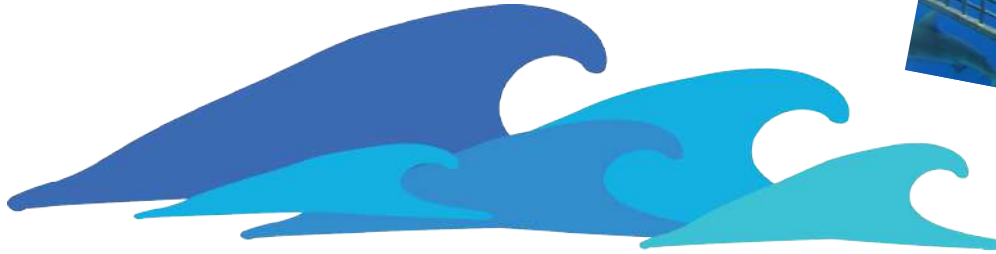


Swim with a Dolphin



OR

**Swim with
Sharks**



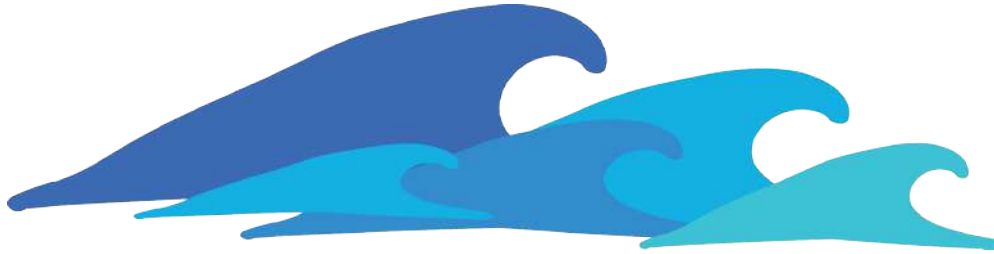
WOULD YOU RATHER...



**10 Jumping
Jacks**



**10 Frog
Jumps**



WOULD YOU RATHER...

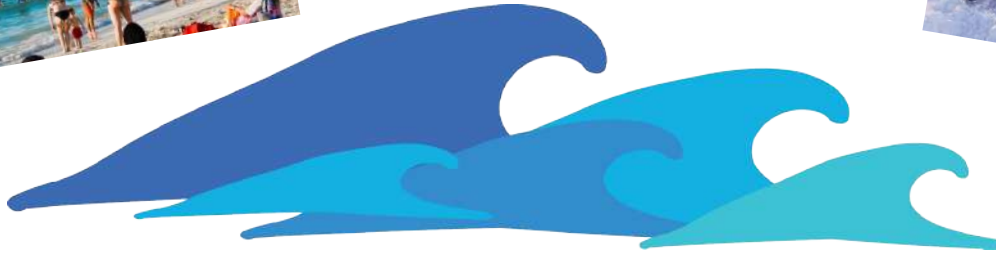


**Spend a day at the beach
in the summer**



OR

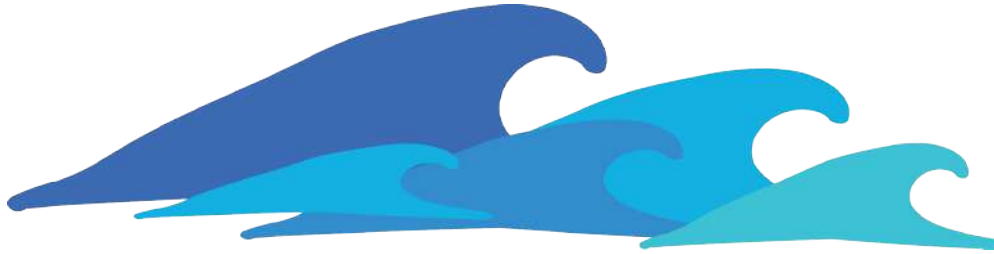
**Spend a day at the beach
in the winter**



WOULD YOU RATHER...



**Jog in place, as
you count to 20.**

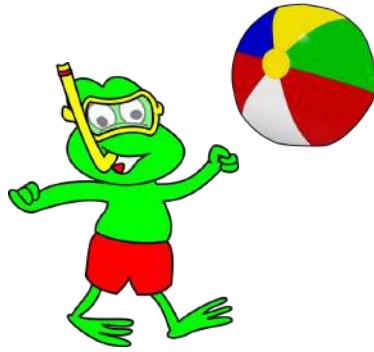




JOKE TIME



Why did the teacher jump into the pool?



SHE WANTED TO "TEST" THE WATER!!

DANCE/SURFING TIME

GRAB A TOWEL TO USE AS YOUR SURF BOARD



https://www.youtube.com/watch?v=ghn_s_8RRV48t-16s

Show us your best dance moves!!

