

Bland County Public Schools
TRIENNIAL WELLNESS POLICY ASSESSMENT
2017-2024

School Board Members:

Mr. Dave Andrews, Chair

Mr. JP Agee, Vice Chair

Mrs. Duane Bailey

Mr. Phillip BATTERY

Laura Radford, Division Superintendent



Office of School Nutrition Programs
School Level Report Card
Tool for the Triennial Assessment

Division Name: Bland County Public Schools

School Name: Bland County Public Schools

Date of Evaluation: May 2024

Select all grade levels in your school or select N/A if ungraded:

N/A	X 5	X 9
X Pre-K	X 6	X 10
X K	X 7	X 11
X 1	X 8	X 12
X 2		
X 3		
X 4		

I. Nutrition Promotion and Education

Our school meets the specific goals for nutrition promotion and education as outlined in our Wellness Policy:

- The school division will engage students, parents, staff, health professionals and other interested community members in the development, monitoring and reviewing district-wide nutrition and physical activity policies.

X Yes No

Additional Goals for Nutrition Promotion and Education:

- **Nutrition education will be offered in the school cafeteria, in the classroom with coordination between the foodservice staff and other school staff**
- **All students will receive nutritional information from all aspects of the school programs**
- **School health education standards and guidelines will connect nutrition and physical education**
- **Nutrition will be intact with health education and/or core curriculum such as math and science**
- **Schools will promote or advertise food and beverage that meet *Smart Snack in Schools* nutritional standards**

X Yes No

II. Physical Activity

Our school meets the specific goals for physical activity as outlined in our Wellness Policy:

All students will be given the opportunities for physical activity during the school day through PE classes and recess periods for elementary school students.

X Yes No

Additional Goals for Physical Activity

- **Students will be provided all opportunities for physical activity through before/after school programs including but not limited to, physical act. clubs or interscholastic athletics.**
- **Schools will work with the community and families to create ways for students to walk safely to and from school**
- **Staff will encourage parents or guardians to support their child's participation in physical activity**

X Yes No

III. Other School-Based Wellness Activity:

Our school meets specific goals for other school-based activities that promote student wellness as outlined in our Wellness Policy:

- Appropriate amounts of time will be allowed for all students to eat breakfast and lunch in a pleasant setting within the school such as but not limited to the lunchroom

X Yes No

Additional goals for other school based wellness

- **All students who participate in a subsidized food program will be able to obtain food in a non-stigmatizing manner**

X Yes No

IV. Standards and Nutrition Guidelines for All Foods and Beverages Sold

Our school meets the standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal and state regulations:

- **We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.**

X Yes No

- **We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including a la carte offerings and food sold in school stores and vending machines.**

X Yes No

- **We follow Bland County Public School's policy on exempt fundraisers as outlined in our Division's Wellness Policy pursuant to current regulations § 22.1-207.4 of the *Code of Virginia*.**

X Yes No

V. Standards for All Foods and Beverages Provided, But Not Sold

Our school meets the requirements for nutrition standards for all foods and beverages provided, but not sold, to students during the school day (e.g. in classroom parties, classroom snacks brought by parents, or other foods given as incentives):

- **We follow Bland County Public School's policy on standards for all foods and beverages provided, but not sold, as outlined in our Division's Wellness Policy.**

X Yes No

Additional standards and nutrition guidelines for all food and beverages provide, but not sold, as described in your Wellness Policy.

- National standards for the school breakfast and lunch programs will meet or exceed state and federal standards
- Food and beverages donated for class parties or other school events should comply with Smart Snacks in School standards

X Yes No

VI. Policy for Food and Beverage Marketing

Our school meets the standards that allow marketing and advertising of only those foods and/or beverages that meet the Smart Snacks nutrition standards.

- **All food and beverage marketing meets Smart Snacks nutrition standards.**

X Yes No

- The district is committed to providing a school environment that ensures opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day while minimizing commercial distractions

X Yes No

VII. Progress

Include any additional wellness practices taking place and describe progress made in attaining the goals of your Wellness Policy:

The superintendent/designee will be responsible for the overseeing the implementation of the wellness policy and will develop procedures for evaluating the policy including how to measure our success. The process for monitoring for compliance of the policy will be the school principals and all approved revisions will be maintained by Food Service Coordinator

VIII. Contact

The Wellness Policy leadership includes one or more school officials who have the authority to ensure each school complies with the policy. This individual may be contacted for more information about the Wellness Policy practices at **Bland County Public Schools.**

Name: Bland County High School

Position/Title: BK Walker, Asst. Principal

Email: bkwalker@bland.k12.va.us

Phone: 276-928-1100

Name: Bland County Elementary School

Position/Title: Melissa Reardon, Principal

Email: mreardon@bland.k12.va.us

Phone: 276-688-3621