



Pre-K4
through
8th grade

Totowa PAL

Recreation Basketball

Season: January to March 2025

(practices start in December)

REGISTRATION NOW OPEN



PreK4-K / 1st & 2nd Grade



(8 Week Clinic in partnership with T2S Basketball Academy)



3rd thru 8th Grade (8 game season plus playoffs)



Girls Divisions: G3&4, G5&6 and G7&8

Boys Divisions: B3&4, B5&6 and B7&8

Register on-line @

www.totowapal.com

The Totowa Police Athletic League is a volunteer organization that offers a variety of sports to Totowa's children, Pre-K through 8th grade. The sports include Baseball, Softball, Basketball, Soccer, Football & Cheerleading. The Totowa PAL works independently of the Borough of Totowa, although we use Borough-owned fields.

If you have any Questions email us at badmin@totowapal.com
or leave a message at 973.790.7500 – we will get back to you