

Basic Soccer Rules

- Ball size: K-1 uses ball #3
2nd-3rd grade and 4th-6th grade use ball #4
- Number of players: K-1: Play 5 vs. 5
2nd-3rd grade: 7 vs. 7
4th – 6th grade: 8 vs. 8
- Player's equipment: Shin guards with socks that completely cover Shin guards. No jewelry and no baseball cleats because the front cleats stick out.
- Referees: The referee's main concern is the safety of the players. The ref enforces all the rules of the game.
- Duration of the game: K-1: 4 quarters – 8 minute each
- 2nd-3rd : 4 quarters- 12 minute each
- 4th-6th: 2 halves- 25 min. each
- Start of Play: the kick off is taken at the center spot and is determined by a coin toss. The ball has to move forward to start the half. Each player must be in his or her half of the field and at least ten yards away from the ball. If a referee has to do a drop ball, the play resumes when the ball hits the ground.
- Ball in and out of play. The ball is out of play when it COMPLETELY goes over the goal line or touch-line. It doesn't matter whether it's in the air or on the ground.
- Method of scoring. The ball must COMPLETELY go across the line into the goal.
- Off sides: One of the most complicated laws of the game. The basic concept is that a player must have at least one defender (not including the goalkeeper) between him and the goal WHEN the ball is played to him. Also, to be offside the player must be in the opponent's side and looking to gain an advantage.
- Fouls and Misconduct-At the youth level most fouls are due to pushing, holding or tripping and result in a free kick. Other ones to watch out for are handballs and charging.
- Free Kicks: There are two types. A direct and indirect. At the youth level most free kicks are classified as indirect. This means a goal may not be scored until the ball has been played or touched.
- Throw in: the thing to teach your players is both feet have to be on the ground, must have two hands on the ball, and the throw must come from behind the players head. The penalty for a bad throw in is that the opposing team gets the ball. Some leagues don't enforce this rule or give the player two chances.
- Goal Kick: A goal kick is granted when the attacking team kicks the ball over the goal line. The kicker may not touch the ball again until it has left the penalty area and has been touched by another player on either team.
- Corner Kick: a corner kick is awarded when the defending team kicks the ball over their own goal line. A goal may be scored directly from a corner kick.

RULES:

- > * K-1 Division:
 - > - No penalty kicks - Play 5v5
 - > - No offside - On throw-ins, players will be given a 2nd chance to execute.
 - > - No free kicks - Use ball #3
 - > - No goalies
- >
- > * 2-3 Division:
 - > - No penalty kicks
 - > - No offside
 - > - On throw-ins, also 2nd chances given.
 - > - Use ball size #4
 - > - Play 7v7
- >
- > * 4-6 Division:
 - > - Penalty kicks will be called.
 - > - Offside, particularly the obvious ones, will be called.
 - > - On throw-ins, NO 2nd chances given.
 - > - Use ball size #4
 - > - Play 8v8
- > **NO SLIDE TACKLING OF ANY KIND ALLOWED IN ANY OF THE DIVISIONS AT
- > ANY TIME!! Referee is authorized to deal with this type of violation accordingly.

*Purposed changed – if a team is co-ed it will play boy teams not girls.