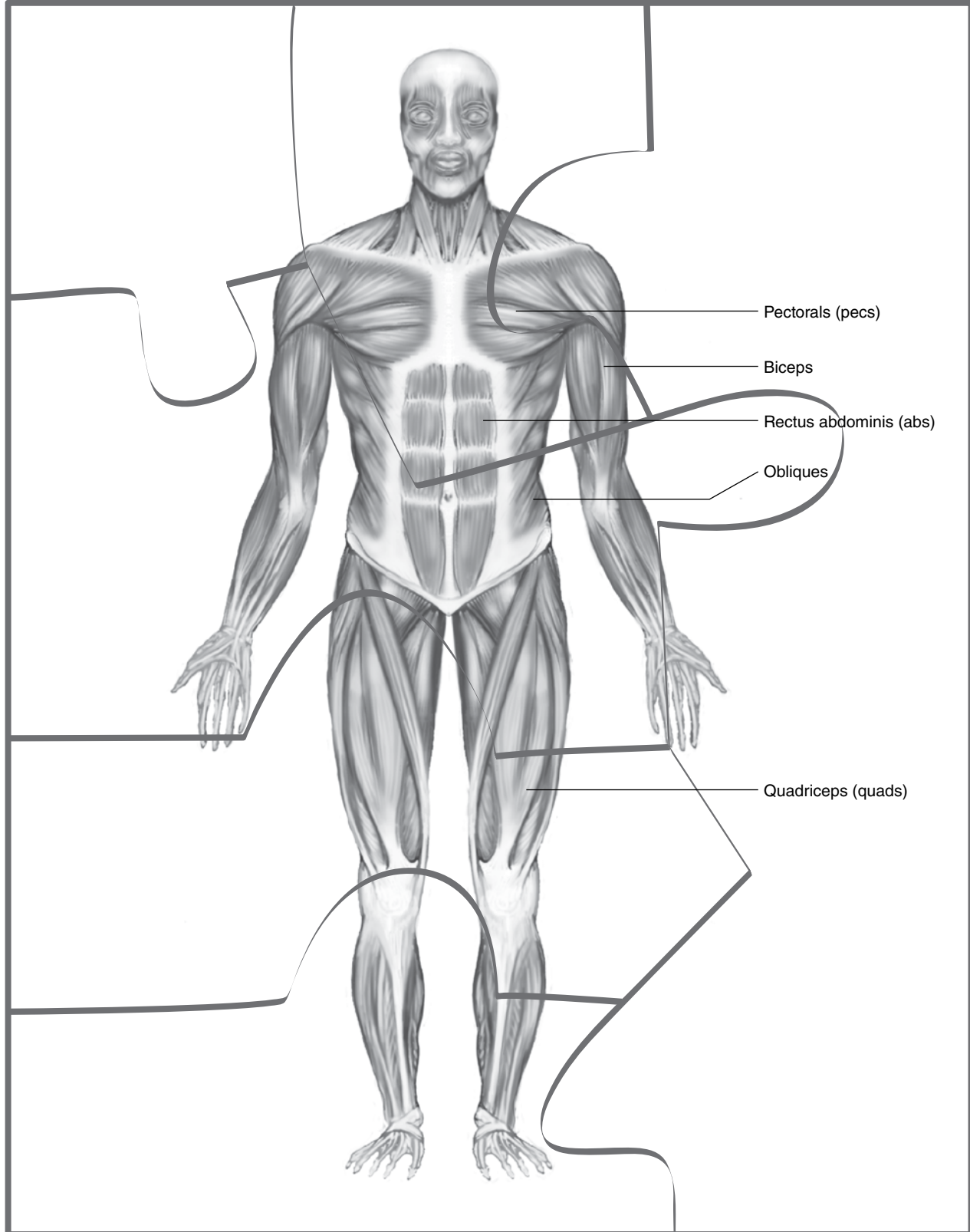




MUSCULAR FITNESS SCAVENGER HUNT PUZZLE

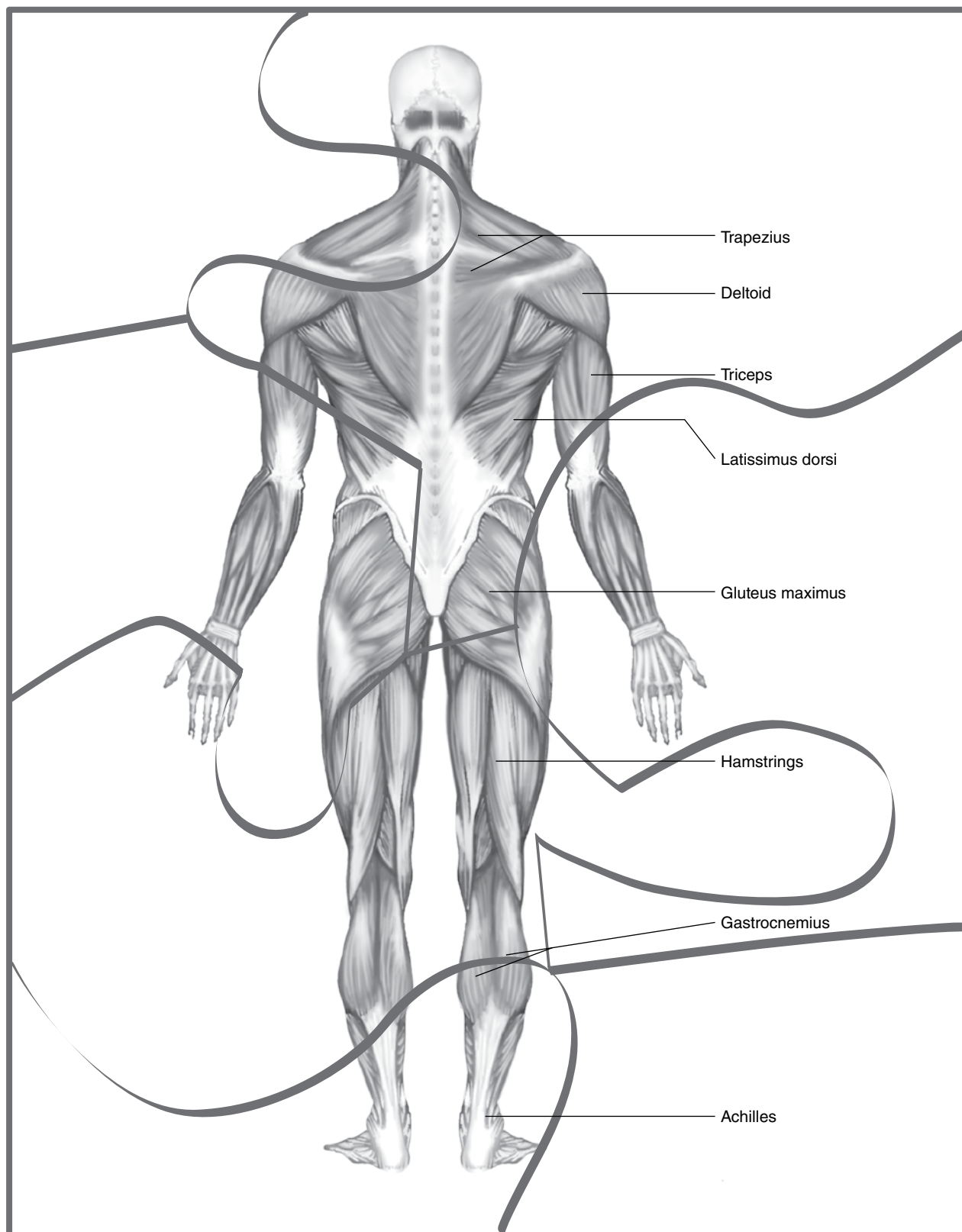


Activity 4.9 Muscular Fitness Scavenger Hunt Puzzle

From NASPE, 2011, *Physical Best activity guide: Middle and high school levels*, 3rd edition (Champaign, IL: Human Kinetics).

(continued)

MUSCULAR FITNESS SCAVENGER HUNT PUZZLE *(continued)*



Activity 4.9 Muscular Fitness Scavenger Hunt Puzzle

From NASPE, 2011, *Physical Best activity guide: Middle and high school levels*, 3rd edition (Champaign, IL: Human Kinetics).