



Scarsdale High School
Athletic Exemption Contract
2016-2017

I, _____, request an athletic exemption for the following:
(print name)

- a. **Team:** _____ (gender, level, & sport); **If a Manager, circle Yes**
- b. **Season & Exemption Request:** (Circle one)
All Fall- 1st Quarter JV or Varsity Winter- 2nd Quarter Varsity Winter (all ski & track)- 3rd Quarter All Spring- 4th Quarter
- c. **Physical Education course #, teacher, and meeting time during exemption:** _____

The requirements for an athletic exemption are as follows:

1. **Students must:**
 - d. be in 10th, 11th, or 12th grade.
 - e. be on the roster of a **Scarsdale High School** athletic team.
 - f. have achieved the Healthy Fitness Zone standards in all of the components of the FitnessGram fitness test at the beginning of the current school year.
 - g. read, sign, and hand in an Athletic Exemption Contract to their coach (a new contract is required for each season).
 - h. remain in class until their Physical Education teacher confirms the approval of an athletic exemption.
2. **SHS Athletic Exemptions may be taken in the following manner:**
 - **Fall Sports-** May be exempt for the 1st quarter after attending P.E. class at the start of the school year, having successfully completed the FitnessGram fitness test, and confirming approval with P.E. teacher.
 - **Winter Sports-** JV winter athletes may only apply for a 2nd quarter* athletic exemption; Varsity winter athletes may apply for a 2nd or 3rd quarter** athletic exemption.

**2nd & 3rd quarter athletic exemptions are granted only after successfully completing FitnessGram and team roster and contracts have been submitted to the Athletic Office by the coach. Students must attend P.E. class until the exemption is approved.*

***Track and Ski team athletes may only opt for a 3rd quarter exemption. 2nd quarter is not an option for these teams.*
 - **Spring Sports-** May be exempt for the 4th quarter after team rosters and contracts have been submitted to the Athletic Office by the coach. Students must attend class until exemption is approved and confirmed with P.E. teacher.
3. Athletes must read, sign, and hand in an Athletic Exemption Contract for each season that he/she is applying for an athletic exemption. This contract needs to be handed in to his/her coach, with a new application for each season.
4. Students who miss **SEVEN or fewer** scheduled practices or contests will remain eligible for an athletic exemption. Once a student misses **EIGHT or more** scheduled practices or contests, he/she will need to return to their assigned Physical Education class immediately. All absences are counted, including school-related and non-school related absences. This limit is only for the exemption purpose. Coaches may have their own separate team rules regarding absences.
5. Injured students are expected to attend practices and contests in order to remain eligible for an athletic exemption. If there are medical circumstances, an athlete can have a review upon submitting a doctor's note.
6. If an athlete's status on the team changes before the end of the season, the athlete must promptly return to his/her Physical Education class. This P.E. unit may need to be repeated in a future quarter.
7. Grading for the athletic exemption is based on participation in practices and contests as well as the demonstration of sportsmanship throughout the season. Athletes missing eight or more practices or contests will be ineligible to maintain their exemption.

Please note that no other type of athletic endeavor qualifies for an athletic exemption!

Contact Information:

Print Name: _____

E-mail: _____ Homeroom Teacher & Room: _____

I have read and agree to all terms of a Scarsdale High School Athletic Exemption.

Signature: _____ Date: _____