



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Quiz

Instructions: Answer each question.

1. What's another term for a person's airways?
  - a. tracheas
  - b. windpipes
  - c. bronchial tubes
  - d. bronchoconstriction
2. What do you call something that sets off an asthma flare-up? \_\_\_\_\_
3. A \_\_\_\_\_ attaches to an inhaler and holds asthma medication in place.
4. List three possible asthma triggers:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. Describe what happens to a person's bronchial tubes during an asthma flare-up. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
6. True or false: Asthma is contagious. \_\_\_\_\_
7. List three asthma symptoms:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. A \_\_\_\_\_ is used to measure how well a person can blow air out of the lungs.
9. Which of the following is a substance that can cause an allergic reaction?
  - a. peak flow meter
  - b. allergen
  - c. trachea
  - d. asthma flare-up
10. Explain why smoking is especially bad for people with asthma: