

Wash hands using standard precautions techniques.



Place glove wrapper on a dry
surface



Touch only the outside of the
glove packaging.



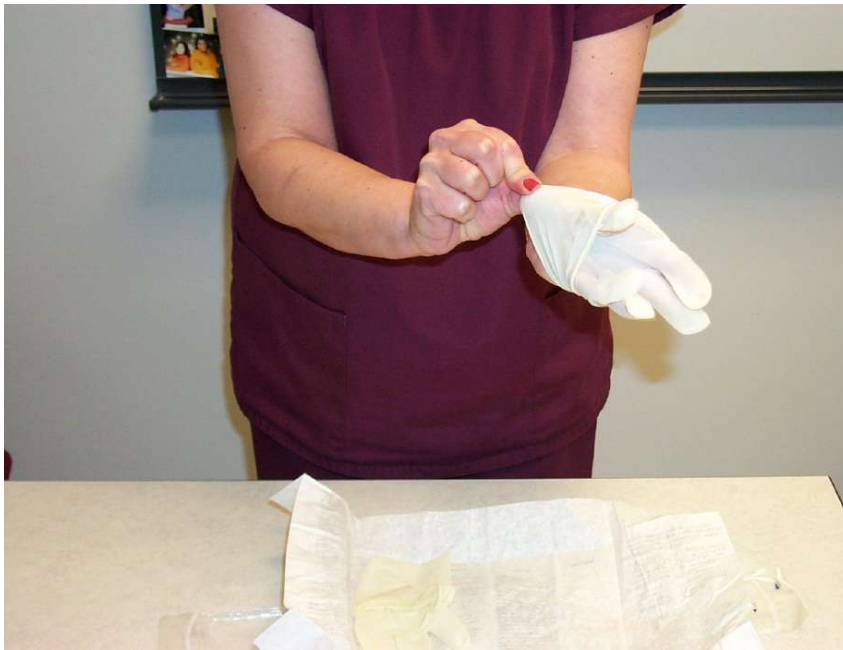
Open carefully so that paper doesn't
fold back over and contaminate





Remove one glove from wrapper by lifting it with one hand without touching the inside of the glove wrapper.





Hold the glove by the
folded-back cuff



Slip the hand into the glove, using a smooth, upward motion.



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Pick up the other glove
with the sterile gloved
hand.





Keep hands and gloves
above the wrapper to
reduce risk of
contamination





Slip fingers of the gloved hand under the cuff of the sterile glove





Adjust the glove to fit
without touching skin
with gloved hand





Adjust gloves as necessary by slipping gloved fingers under the sterile fold of the cuff to slide gloves up.



To remove gloves:



Insert fingers of one gloved hand under the cuff of the other glove and roll glove off the hand.

(glove to glove technique)





- Insert fingers of the bare hand between the cuff of the glove and the wrist to roll glove off hand. (skin to skin technique)





Touch only the inside
of the gloves
during removal





Hold gloves only by inside
surface after removal
then dispose of gloves

