

CHALLENGE YOURSELF!

Choose one of these Art Challenges to complete each day - think outside the box, capture the world around you, share your life and thoughts visually, practice skills, or simply explore creatively!

Spend at least 20 minutes each day completing a Challenge. Use whatever materials you have available to you - pencil, pen, markers, paint...think creatively about what could be used for art making! Write the Challenge number on your artwork.

Be thoughtful choices about using the Elements of Art and Principles of Design (including composition, color, subject matter), creativity, and your written reflections. As always, strive for good craftsmanship!

ART CHALLENGES (continued on back)

1. Design an original character. Include details about their backstory.
2. Trick the eye with some simulated texture. Find 5 different textures and draw them.
3. Use a continuous contour line (you never pick your pencil off the paper) and draw your shoe.
4. Observe your family. Do small, quick sketches (thumbnail sketches) of them.

21. Draw something using your favorite color, in a monochromatic color scheme (all values on 1 color).
22. Use the Elements of Art and Principles of Design to create an Abstract Expressionist artwork (show an emotion without anything recognizable).
23. Find a household plant or a something growing outside, and make a botanical drawing. Pay attention to shapes and details!

5. Using whatever materials you can find, try to draw at least 5 different VALUES (dark to light).
6. Follow a drawing tutorial on Youtube of any subject matter. Add your own twist when finished!
7. Create a comic strip – tell a continuous story with images and word bubbles in separate boxes.
8. Illustrate a favorite quote or song lyric. Think about different fonts, what imagery could go with it.
9. Zentangle to fill as much of your paper as you can. (separate paper into sections, doodle different patterns in each one).
10. Design a logo for your own company. Think about eye-catching words and colors, shapes that relate to your product, and composition (arrangement of things in a space)/font.
11. Recreate your favorite book or movie cover. Think about what scene was most important to you, or how you would change the layout.
12. Create an album cover for your favorite musician or band. Think about what the person or their songs mean to you and how you can share that with the world. Pay attention to composition, lettering.
13. Draw a pet portrait, or an image of any animal. Keep in mind their details, and environment.
14. Draw your favorite food. What textures do you see?
15. Draw a sphere, cylinder, prism, cube, or other shape as 3-dimensionally as possible. Observe shadows and highlights when shading.
16. Go around your house, collecting 2 of various objects. Arrange them to make a symmetrical (same on both sides) composition. Draw your creation.
17. Think of an object that symbolizes the people in your family. Put the objects together and draw them. Make sure your objects are grounded and overlapping for an interesting composition.
18. Use an unconventional piece of paper (newspaper, cardboard packaging, book pages, etc.) and create a piece of artwork on top.
19. Go outside and look at your home. Draw it as realistically as possible – use a ruler for straight lines, include details!
20. Draw a previous challenge in a different medium (art supply) than you used before.

25. Zoom in. Draw a part of an object super close up.
26. Draw the oldest thing in your refrigerator.
27. Make a collage out of photos, magazines, newspapers, drawings, decorative paper, etc. of something about your life.
28. Illustrate a memory – a favorite vacation, something you miss, an activity you did with someone, a good story you like to tell, etc.
29. Create a cartoon version of yourself (self-portrait). Include something that is important to you.
30. Make a new Art Challenge and send it to a friend!
31. Abstract an object. Change it, morph it, mess with it, until it is less recognizable.
32. Look outside your window. Draw as much as you can see of the landscape near you.
33. Paint with your hands! Challenge yourself to put as much detail as possible without tools.
34. Choose an artist, and create a piece of artwork in their style.
35. Illustrate your goals for 2020.
36. Choose an object. Fill your paper with drawings of different angles of the object, different sizes, and overlapping.
37. Draw a portrait of your best friend. How do you see them?
38. What would your dream room look like? Draw your ideas. Be detailed.
39. Recreate your favorite meme, by hand!
40. Trace a household object and transform the shape into something else.

BONUS:

Make a journal to keep all of your artwork in one place. Be creative! Fold paper and staple it, tape it, sew it, etc. Decorate the cover to represent you!