Virtual Community Resource Fair

April 28th 5:30pm to 8:00pm Kent County Special Education Citizens' Advisory Committee

OVERVIEW

Because of the ongoing pandemic and current health metrics from the Kent County Health Department, we hosted a *virtual* Community Resource Fair for families of children with special needs or disabilities, ages infant to young adults

List of Organizations participating:

- 1. Kent County Public Schools Infants and Toddlers Program
- 2. The Judy Center at Garnet Elementary School
- 3. Kent Family Center
- 4. KidSPOT
- 5. Kent County Public Schools Family Support Resource Center
- 6. Kent County Local Management Board
- 7. Maryland WIC (Women, Infants and Children) Program
- 8. Kent County Department of Social Services
- 9. Kent County Health Department (Developmental Disabilities)
- 10. Kent County Health Department (Healthy Families)
- 11. Kent County Health Department (Family Planning)
- 12. Kent County Public Library
- 13. The ARC of Central Chesapeake
- 14. Parents' Place of Maryland
- 15. DORS (Division of Rehabilitation Services)
- 16. MidShore Behavioral Health
- 17. Maryland Coalition of Families (MCF)
- 18. For All Seasons (Mental Health services)
- 19. NAMI (National Alliance on Mental Illness)

- 20. Easter Seals Camp Fairlee (Summer/Respite Camp)
- 21. Kent Center
- 22. Crossroads Community, Inc
- 23. Wraparound Maryland
- 24. Eastern Shore Mobile Crisis
- 25. American Job Center
- 26. Maryland ABLE

Participants: We had 44 participants signed up

KCPS Infants and Toddlers

Kent County Infants and Toddlers program is a family centered program that provides support and services to infants and toddlers who reside in Kent County who meet state eligibility requirements with a 25% delay and/or disability. The purpose of the Infants and Toddlers program is to help these children reach their potential and develop skills that allow them to be prepared for school.

Services are provided year round at no cost to families. Some services provided, but not limited to are speech therapy, occupational therapy, physical therapy, and special instruction.

Visit the KCPS Infants and Toddlers Program online and see what they have to offer! Or stop by their new facebook page to learn more about upcoming events. Anyone can make a referral for Infants and Toddlers. Please call Pat Archer at 410-778-7164 or contact the Infants and Toddlers' Coordinator Stephanie Wishart at 443-994-4707 or email swishart@kent.k12.md.us

The Judy Center at Garnet Elementary School

The <u>Judy Center at Garnet Elementary School</u> is a part of The Judy Center Partnership which is a collaboration of many community agencies in Kent County, Maryland dedicated to providing comprehensive, community based, early learning programs for pre-school children and their families. We believe that all children should enter school ready to learn, and that families are the foundation for their children's early success.

Check this <u>calendar for April's events</u> and see what is happening at the Judy Center.

If you have any questions, concerns, or need assistance please feel free to contact: Flo Terrill, Judy Center Coordinator 410-778-2441 or at fterrill@kent.k12.md.us or contact Beth DeSchepper, Judy Center Family Service Coordinator 410-810-3903 or at edeschepper@kent.k12.md.us

Or you can check out the Judy Center's <u>facebook page</u>! Make sure to give their page a like! (<u>Spanish Brochure</u> is available)

Kent Family Center

The <u>Kent Family Center</u> provides free, comprehensive services to expecting parents and families of children birth to three in Kent County, MD.

Programs for children include; child development classrooms (school readiness program), developmental screenings, parent and child together activities, family fun events and the imagination library.

Programs for parents include; adult education (GED prep classes), employment training/job skills workshops, parenting classes, women's circle, parent cafe, parent support groups, health/fitness/nutrition classes, workshops, and mental health services.

Kent Family Center also has a home visiting program in a time of need.

For all up to date information, or to see any upcoming events, visit the Kent Family Center on facebook

KidSPOT

<u>KidSPOT</u> is a hands-on creative learning center for children aged 2-12. We are open every Saturday free of charge to kids accompanied by their parents or other responsible adults. The Center is a destination for area children where they can look forward to interacting with a variety of stimulating activities that expand their horizons.

Located right next door to the RiverArts galleries, KidSPOT invites children to play, create and explore the arts and sciences. Kids participate in activities that incorporate visual arts, performing arts, literary arts, music, science and technology. KidSPOT also serves as

a venue for special creativity events, RiverARTSCamp and workshops for kids.

KidSPOT offers many events and workshops for children and families throughout the year. KidSPOT Saturday Morning Times: 9-12 pm. <u>Click here</u> to see some upcoming events!

Family Support Resource Center (FSRC)

The Kent County Public Schools Family Support Resource Center is designed to help families of children birth to age 21 who receive special education or related services. Services include workshops, IEP assistance, IFSP assistance, newsletters, a lending library, facilitation of parent support groups, community resources, and service referrals. The Center is open during the school year, Monday through Thursday, and other times and over the summer by appointment. The Center is located at the Kent County Middle School, 402 East Campus Ave, Chestertown MD 21620.

To reach the Family Support Resource Center, email <u>fsupport@kent.k12.md.us</u> or call our office at 410-778-5708.

Elizabeth Proffitt, Parent Coordinator - eproffitt@kent.k12.md.us

Nancy Martin, Parent Coordinator - nmartin@kent.k12.md.us

You can also follow us on our <u>facebook page</u> or if you do have a child or young adult who receives special education or related services, join our <u>support group</u> on facebook.

Kent County Local Management Board (KCLMB)

The <u>Kent County Local Management Board</u> is a hub for local planning, coordination, and funding strategies to improve outcomes for children, youth and families. The LMB collaborates with the Children's Cabinet to fulfill state priorities, convene local stakeholders to identify and address local needs and coordinate services to fill gaps and avoid duplication.

KCLMB also runs the local care team for families seeking support and resources to help their children thrive. LMB offers a <u>directory</u> of various resources in our County.

To learn more about the Kent County Local Management Board, please contact Rosemary Granillo - rramseygranillo@kentgov.org or call her at 410-810-2673. You can also follow their facebook page.

Maryland Women, Infants and Children (WIC)

Maryland WIC provides healthy supplemental foods and breastfeeding support for pregnant women, new mothers, infants, and children under age five.

- Women in the program eat better and have healthier babies.
- Babies born to WIC mothers weigh more and develop more successfully.
- Children participating in WIC eat nutritious foods high in iron and vitamin C. This helps build strong minds and bodies.

With WIC, participants learn how to:

- Use food to improve your family's health.
- Get information on healthy lifestyles for pregnant women.
- Breastfeed successfully
- Help your children learn to eat healthy foods.
- Use your WIC card to buy food at the grocery store.
- Obtain health and social services.

Are you eligible for WIC? Click Here!

Kent County Department of Social Services (DSS)

The Kent County Department of Social Services' mission is to promote personal responsibility, dignity, and self-sufficiency, protect vulnerable children and adults and preserve families.

Services:

- Supplemental Nutritional Assistance Program (Food Stamps)
 - Assist low income families to have a more nutritious diet by increasing their purchasing power.
- Temporary Cash Assistance (TCA)
 - Promotes individual responsibility and self sufficiency through employment while providing a time limited cash

assistance program for families with minor children.

- Temporary Disabilities Assistance Program (TDAP)
 - Provides a time limited cash assistance program for individuals with a disability that prevents them from remaining in the workforce.
- Child Care Scholarships
 - The Child care scholarship program provides financial assistance with child care costs to families that meet applicable state or federal eligibility requirements.

For more information and other assistance and programs offered by DSS, please visit their <u>webpage</u>, email them at <u>kent.dss@maryland.gov</u> or call their office at <u>410-810-7600</u>. Or visit them in person at 350 High Street, Chestertown MD 21620. You can also follow their page on <u>facebook</u>.

Kent County Health Department (KCHD)

Kent County Health Department offers a variety of programs and resources available to the public. Take a look at their webpage: <u>Kent County Health Department</u>

Family Planning

Family Planning's <u>brochure</u>. The Family Planning Program provides contraceptive services and education to teenage girls and boys, as well as men, and women of childbearing age. The goals of the program are to provide services to optimize reproductive health by preventing untimely and unintended pregnancy and to improve the health of newborns.

Confidential Family Care includes:

- 1. Contraceptive Education for both female and males
- 2. Sexually Transmitted Diseases
 - a. Education
 - b. HIV testing
 - c. Treatment and counseling
- 3. Anemia Screening
- 4. Preconception Health Counseling
- 5. Gynecological (female) and Reproductive Health Medical Examinations (both females and males) by appointment

- 6. Pregnancy Test
 - a. Counseling
 - b. Referral
 - c. Emergency Contraception (morning after pill)

Cost - fees for services are determined on a sliding fee scale based on family income. Insurance reimbursement is, of course, accepted.

Healthy Families:

The Midshore Healthy Families Program is an evidence-based, high quality home visiting program accredited through Healthy Families America. Healthy Families American model designed to work with overburndened families who are at risk for child abuse and neglect and other adverse childhood experience. It is designed to work with families who may have histories of trauma, intimate partner violence, mental health issues and or substance abuse.

Eligibility is determined by:

- New and expectant parents
- Parents with a newborn less than three months old
- Enrolled in Maryland Children Health Program (MCHP) or Medical Assistance (MA)
- Reside in Caroline, Kent, Talbot or Queen Anne's Counties

Services:

- Home visiting services
- Early Assessment of infants and toddlers
- Family Goal Planning
- Referral services and community outreach
- Use of the "Growing Great Kids" curriculum; feedback from home visits by staff

Referral:

- Anyone can refer a family to Healthy Families Mid-shore. To make a referral, contact any of the following staff by county:
 - Queen Anne's County Ingrid Thomas, 443-262-4469, ingrid.thomas@maryland.gov
 - o Kent County Jamie Jenkins, 443-262-4436,

jamie.jenkins1@maryland.gov

- Talbot County Rebecca Crotti, 410-819-5604, rebecca.crotti@maryland.gov
- Caroline County Tracy Jenkins, 410-479-0514, tractl.jenkins@maryland.gov

Developmental Disabilities

The <u>Kent County Coordination of Community Services Program</u> is a part of the Kent County Health Department that supports individuals with <u>developmental</u> <u>disabilities</u> in living a healthy and happy life in their community.

The program assists individuals with developmental disabilities who receive funding, from the Developmental Disabilities Administration (DDA), DHMH State of Maryland, in obtaining the best quality and most appropriate services and support.

- Transitioning Youth
 - The Coordinators of Community Services assist in transitioning youth and their families in planning for transition to the adult world.
 - Helps the student access GTYI funding
 - Provides individualized planning and resources including information about:
 - Employment
 - Benefits
 - Advocacy
 - College
 - Health Insurance
 - Housing
 - Futures and Estate Planning
 - Recreation
 - Transportation
- Coordinators of Community Services (CCS) a team of highly qualified professionals skilled in conducting comprehensive assessments for

determining eligibility for DDA services and connecting individuals with services that meet their unique needs.

- Assist in obtaining the best quality and most appropriate services.
- The services are uniquely tailored to meet the individual needs.
- A resource coordinator will facilitate the development of the individual planning process and monitor progress towards the chosen outcomes.

Kent County Public Library

<u>Kent County Public Library</u> is located on Maryland's scenic Eastern Shore, Kent County Public Library serves the 20,000 residents of rural Kent County Maryland.

We have full service branches in the towns of Chestertown, Galena, and Rock Hall, and we also run the Computer Lab at the Kent County Community Center in Worton. See our <u>Locations page</u> for maps and addresses and the <u>Contact Us</u> page for contact information. Find the KCPL on <u>facebook</u> or on <u>youtube</u>. You can also check out their <u>monthly newsletters</u>.

Mission Statement:

Kent County Public Library should be the cornerstone of the community where children and adults can experience life-long learning, personal enrichment, and connection with one another. The library provides a welcoming environment with a knowledgeable staff, robust resources, access to emerging technologies, and innovative services and programs.

Vision Statement:

Kent County Public Library is the premier place to experience the joy of reading, the discovery of ideas, the power of information, the excitement of collaboration, and the reward of social interaction and it is recognized as such by the community.

The ARC of Central Chesapeake

The ARC of Central Chesapeake promotes respect, creates opportunities, facilitates services, and advocates for equal rights for all people with intellectual and developmental disabilities.

- The Arc connects parents and family members with the resources needed to feel
 confident and capable of helping their child thrive. Services are designed to
 complement existing resources for children and youth under the age of 21.
 Learning how to solve problems, make decisions, develop goals, and follow
 through builds self-reliance and trust in one's ability to be successful.
- To promote self-determination in how people with a disability live, The Arc makes safe, affordable, and accessible housing available along with the appropriate supports
- The Arc's Day Services connect people with a disability to the community to learn, engage, and thrive. Trained staff work with each person individually to develop their meaningful weekly schedule.
- The Arc facilitates the employment process with skilled guidance, helping people determine the type of work they enjoy and want to pursue in an organized and systematic process. This approach means the person with a disability is making well-informed and personally-directed decisions.
- The Arc's Behavioral Health builds on our holistic approach to services, which allows for flexibility in helping people understand and access the services that best fit their needs; from early childhood through retirement.

<u>Contact</u> The Arc's Manager of Admissions, Information & Referral by phone at 410.384.4657 or by email at <u>admissions@thearcccr.org</u>. For more information, you can also <u>view their slides</u>.

Parents' Place of Maryland

Parents' Place of Maryland or PPMD, a grass-roots effort of families, professionals, and community leaders determined to provide resources, support, and information to parents of children with disabilities and special health care needs. Our philosophy of "families helping families" reflects our commitment to supporting families of diverse backgrounds. Today, the Parents' Place offers a variety of programs and services that continue to support families of children with disabilities and special health care needs. Serving as Maryland's Parent Training and Information Center and Family-to-Family Health Information Center, Parents' Place supports thousands of Maryland families each year. Parents' Place, staffed primarily by parents who have faced these challenges, believes that experienced parents are a key source of knowledge and support to help

other families become effective voices for their own children. Please continue to explore the <u>website</u> to learn more about our staff members, <u>programs</u>, <u>services</u>, and <u>resources</u>. (<u>Spanish version available</u>)

Check out PPMD's IEP checklist!

DORS (Division of Rehabilitation Services)

<u>The Maryland Division of Rehabilitation Services</u> (DORS) offers programs and services that help people with disabilities go to work.

The mission of DORS is to provide leadership and support in promoting the employment, economic self-sufficiency and independence of individuals with disabilities. DORS is an agency of the Maryland State Department of Education. DORS is composed of the public vocational rehabilitation (VR) program and the Disability Determination Services. The public VR program includes:

- The Office of Field Services, which prepares people with disabilities to go to work or helps them to stay on the job. Rehabilitation counselors in offices throughout Maryland provide or arrange for services that may include career counseling, assistive technology, vocational training and/or job placement assistance.
- The Office for Blindness & Vision Services (OBVS), which specializes in helping people whose primary disability is blindness or vision loss go to work and stay independent. The office also oversees the Maryland Business Enterprise Program for the Blind. This program prepares individuals who are legally blind to operate vending, gift or food service businesses in public facilities.
- The Workforce & Technology Center (WTC), a comprehensive rehabilitation facility in northeast Baltimore which offers career assessment services, career and skills training, job placement assistance, assistive technology services and other medical and support services.

In addition, <u>DORS</u> also operates the Disability Determination Services (DDS), which makes medical decisions about disability claims filed by Marylanders for Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI).

Mid Shore Behavioral Health

<u>Mid Shore Behavioral Health</u> to develop a full array of quality, accessible behavioral health services, <u>resources and support</u> throughout our rural region. We provide education and guidance to consumers, family members, providers and community leaders about behavioral health. Mid Shore Behavioral Health serves five counties (Caroline, Dorchester, Kent, Queen Anne's, and Talbot)

Some of the services and programs include:

- RFP-BHA Telehealth Equipment Program
- Behavioral Health Services Network
- Mid Shore Roundtable on Homelessness
- <u>Diverse and Unique Populations</u>
- Forensic Mental Health Program
- Youth Services
- Consumer Support Services
- Residential Rehabilitation Program
- SOAR: SSI Outreach, Access, and Recovery
- Complaint Investigation
- Advocacy

NEED HELP? CALL 888-407-8018 -AVAILABLE 24 HOURS A DAY, EVERY DAY

Visit us on <u>Facebook</u> and even <u>Pinterest!</u> You can also check the <u>calendar of events</u>. Call the office at (410) 770-4801 or email us at <u>midshorebehavioralhealth@gmail.com</u> for more information.

Maryland Coalition of Families (MCF)

<u>Maryland Coalition of Families or MCF</u> connects, supports, and empowers families experiencing mental health, substance use and/or gambling issues.

MCF's staff in every Maryland county and Baltimore City:

work with caregivers and other loved ones to help them access

needed supports and services for their families

- support and amplify the youth voice
- empower family members to advocate for improving services in all systems of care for children, youth, adults and families

<u>Sign up</u> and stay connected with MCF. Learn about MCF news & updates, advocacy News & alerts, events & training opportunities and also opportunities to get involved.

For Eastern Shore Mental Health help:

Rachel Stoyanov, Family Peer Support Specialist rstoyanov@mdcoalition.org

For other Eastern Shore <u>staff</u> in mental health, gambling and substance abuse.

ForAllSeasons

<u>ForAllSeasons</u>, <u>Inc</u> (brochure available also in <u>spanish</u>) is a Behavioral Health and Rape Crisis Center serving the five counties of Maryland's Mid Shore. For All Seasons behavioral health team includes trauma-certified therapists and psychiatrists who collaborate with other community partners and health professionals in order to provide the highest quality care.

Services include individual and group therapy, general, child and adolescent therapy, marriage and couples' counseling, grief counseling, school-based mental health therapy, urgent care services, rape crisis response, rape crisis counseling and support, 24-Hour English and Spanish Hotlines, and education and outreach programming. Therapists use interpreters to provide services to Spanish speaking individuals and families.

For more information visit ForAllSeasons <u>online</u> or contact their Chestertown Office at 516 Washington Ave, Chestertown, MD Phone: 410-822-1018, Fax: 410-778-7595

NAMI (National Alliance on Mental Illness)

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

If you have a mental health condition, you're not alone. One in 5 American adults experiences some form of mental illness in any given year. And across the population, 1 in every 20 adults is living with a serious mental health condition such as schizophrenia, bipolar disorder or long-term recurrent major depression.

When a <u>friend or family member</u> develops a mental health condition, it's important to know that you're not alone. Family members and caregivers often play a large role in helping and supporting the millions of people in the U.S. who experience mental health conditions each year. Many family members and caregivers experience the same thoughts and questions you might be having now.

Mental health conditions are common among <u>teens and young adults</u>. 50% of all lifetime mental illnesses develop by age 14 and 75% develop by age 24.

Nearly 1 in 4 <u>active duty members</u> showed signs of a mental health condition, according to a 2014 study in JAMA Psychiatry. On this page we focus on questions that military personnel often ask, concerning treatment resources, disclosure and staying healthy during the transition to civilian life. If you are having thoughts of suicide, the Veterans Crisis Line is available 24/7 by dialing 1-800-273-8255 and pressing 1.

Our <u>culture</u>, <u>beliefs</u>, <u>sexual identity</u>, <u>values</u>, <u>race and language</u> all affect how we perceive and experience mental health conditions. In fact, cultural differences can influence what treatments, coping mechanisms and supports work for us. It is therefore essential for culture and identity to be a part of the conversation as we discuss both mental health and mental health care.

For many <u>frontline professionals</u>, the pandemic has taken a toll on their mental wellness. And if you are struggling, you are not alone.

We want you to know that NAMI is here to help. Find your local NAMI here!!!

For more information, check out <u>NAMI KQA brochure</u>: For Kent and Queen Anne's local NAMI - email: <u>namikentandqueenannes@gmail.com</u> or call (443) 480-0565. For NAMI MD info about family support programs: <u>Click here!</u>

Easter Seals Camp Fairlee

Located outside of beautiful Chestertown, Maryland, Easterseals Camp Fairlee has

been providing <u>recreation</u> and <u>respite</u> for individuals age 6 and up since 1954. Camp Fairlee provides a safe and accessible camp experience where campers are challenged to discover their full potential, acquire new skills, and make new and lasting friendships while under the guidance of trained and qualified staff. While campers enjoy their time at Camp Fairlee, their families are able to take a much needed break from caregiving.

- Check out this video of a virtual tour of Camp Fairlee!
- If that last video wasn't enough, check this <u>video</u> out of the activities they have to offer.
- Check out the <u>Camp Guide</u> and <u>Summer brochure</u>

Are you ready to sign up!? Here is a <u>printable application</u> you can fill out and mail to: Camp Fairlee, 22242 Bayshore Road, Chestertown MD 21620. If you need additional information, please call 410-778-0566 or visit Camp Fairlee online at https://www.campfairlee.com/

Kent Center

Kent Center's mission is to support adults with developmental disabilities reach their full potential, ensuring their safety and well-being, and treating them with dignity and respect. Kent Center is the only DDA provider with headquarters in Kent County, Maryland. We strive to provide excellent support in Kent, Queen Anne's, Cecil and Caroline Counties through Meaningful Day, Residential, Respite and Employment Services for people with developmental disabilities. Kent Center's services are tailored to meet the specific needs of each person we support, focused on enhancing their lives as well as the lives of their families. Family members of adults with disabilities are able to create a support network of friends and engage with staff to provide a safe and nurturing environment where the people we support can flourish.

If interested, <u>apply for services</u> or even schedule a tour. You can also check out the <u>new and improved webpage</u> the Kent Center has!

Crossroads Community, Inc

The mission of <u>Crossroads Community, Inc</u>. is to teach skills and access resources that empower individuals with behavioral health needs to recover and live satisfying

and productive lives. Crossroads promotes community acceptance through advocacy and community education.

Crossroads Community, Inc. has been awarded the highest level of accreditation by the Commission on Accreditation of Rehabilitation Facilities (CARF) International for seven of its programs:

- Psychiatric Rehabilitation Programs (Adults and Youth)
- Residential Rehabilitation Program
- Health Home Program (Adults and Youth)
- Vocational Program
- Respite Program

Anyone can make a referral, to make a referral, download our form.

WrapAround Maryland

WrapAround Maryland is not a service or program; rather, it is a definable process that results in a unique set of community services and natural supports that are individualized for a child and family to achieve a positive set of outcomes. The Care Coordinator will work with the provider community to develop responsive and flexible resources that facilitate community-based interventions and supports that correspond with the needs of the families and their children and youth. The care coordination using a wraparound philosophy enables timely response to the needs of all family members across several life domains, incorporates formal and informal supports, and develops realistic intervention strategies that complement the child's natural environment.

Care Coordinators assist the youth and family with accessing strength-based mental health, social services, educational services, and other supports and resources required to assist the family to attain its vision. They help the family identify natural supports that exist for the family, and work with families to maintain youth in the least restrictive environment possible.

For more information on youth services check out WrapAround MD's <u>youth</u> <u>brochure</u> and on adult services, check out WrapAround MD's <u>adult brochure</u>. Also check out the events and groups for the <u>month of April</u>.

Easterm Shore Mobile Crisis

<u>Eastern Shore Crisis Response</u> facilitates the well-being and safety of individuals at risk for emotional distress, as well as their communities. We develop and deliver tailored, recovery-based health services and innovative crisis intervention and response systems.

- We offer <u>crisis response</u> on the Eastern Shore of Maryland, but also in Baltimore, Montgomery, Carroll and Prince George counties.
 - If you are in immediate need of behavioral health services, please call 1-888-407-8018
- We offer community outreach services.
- <u>recovery and treatment</u> services

Here are additional hotline numbers where you need the assistance most.

If you are looking for some awesome mental health apps, <u>check these out!</u> These were vetted by a clinician as ones that are approved and appropriate for families, teens and even kids too!

American Job Center

The <u>Upper Shore American Job Centers</u> strive to provide customer-driven workforce services for all customers.

We provide a variety of employment and support resources to assist job seekers in achieving their employment goals. Meet with consultants to discuss career exploration, referrals to training programs, résumé preparation, and workshops to enhance job seeking skills and work readiness. Access computers with Internet access, printers, photocopiers, fax machines, telephones, and a variety of job search resource materials.

This <u>site</u> is a powerful online job seeker/workforce services system, accessed as a website on the Internet or an Intranet at a OneStop Center. It was specifically designed for job seekers, students, case managers, employers, training providers, workforce professionals, and others seeking benefits and services. The system provides fast access to a complete set of employment tools in one website. Surveys have proven that users

find it convenient and very useful.

Contact us at: 115A S. Lynchburg Street, Chestertown, MD 21620, Telephone: 410-778-3525, Fax: 410-778-3527 or email us at dlwdalchestertownjsoffice-LABOR@maryland.gov

Maryland ABLE

<u>Maryland ABLE</u> is a savings program which seeks to encourage and assist individuals and families in saving private funds to support individuals with disabilities to maintain health, independence, and quality of life.

Maryland ABLE wants to provide secure funding for disability-related expenses on behalf of designated beneficiaries with disabilities that will supplement, not supplant, benefits provided through private insurance, the Medicaid program under Title XIX of the Social Security Act, the Supplemental Security Income program under Title XVI of the Social Security Act, the beneficiary's employment, and any other source.

By increasing access to financial stability, ABLE increases access to health, independence, and a greater quality of life for Marylander's with disabilities.

Visit the <u>eligibility and benefits</u> screener to see how much Maryland ABLE could benefit you!

<u>Sign up for ABLE emails</u>, follow us on <u>twitter</u> and <u>facebook</u>. You can also check out their <u>slide</u> or watch this awesome 3 minute video that provides a overview of MD ABLE video

Additional Information:

On behalf of SECAC and the KCPS Family Support Resource Center, we want to thank each and every one of the organizations for volunteering their time this evening to present to each individual that has signed up. We appreciate your time and dedication. You are not only a valuable resource to us, but to our families in Kent County and

honestly, all families on the Eastern Shore.

If families need additional information, resources, or have any questions or concerns, please contact Elizabeth Proffitt or Nancy Martin at fsupport@kent.k12.md.us.