



THE COUNSELING CENTER NEWSLETTER



An Update from the Cold Spring Harbor Jr./Sr. High School Guidance Department

April 2016

College Planning Workshop—Follow-Up

The College Planning Workshop was designed to provide an overall perspective on the process of identifying potential colleges, as well as give a timeline of what students and parents can expect going into senior year. We touched upon issues such as how to apply to college, when to apply to college, deadlines, and letters of recommendation. Going forward, all families will have the opportunity to complete their Junior Biography, and have an individual college meeting with their counselor. These meetings are designed to focus on the student's specific needs, provide more detailed information, and answer any further questions. In the Fall, we will be hosting various night programs such as the College Application Workshop and the Financial Aid Workshop to continue to keep families up to date with information at the appropriate time.

"Education is not the learning of facts, but the training of the mind to think."

- Albert Einstein

Grade 10 Workshop: Career Dimensions Program and Overview of College Testing

During our Grade 10 Workshop, Career Dimensions was introduced to parents as a program that was used with our 10th grade students. This program offers a series of career assessments which helps students discover many career options and plan their career interests based on general areas of interest, level of education, and training required to achieve their individual goals. The counselors met with our tenth graders to go over the benefits of this program. College Testing was then introduced, and a wide variety of topics including the redesigned SAT, SAT Subject Tests and the ACT were introduced. We talked about the differences of each exam, and when to sit for them. A College Testing Workshop is being introduced next fall that will go into greater detail about these tests, and if they are right for you.

Attention Student-Athletes

If you are considering playing Division 1 or 2 athletics in college, please complete the NCAA Clearinghouse for at <http://web1.ncaa.org/ECWR2/NCAA.jsp>

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College Visits

Summer and Spring break are excellent times to explore colleges. College admissions offices are open and appointments are easier to obtain during the summer than in the busy fall session. If the college has a summer school, you will have a chance to see classes in session. It is important that you sign up to take a campus tour, as well as make an appointment with an admissions counselor to find out more about the school and all that they have to offer. Please note that it is always better to schedule a visit ahead of time.

Upcoming SAT/ACT test dates:

- April 9, 2016 ACT (CSH is NOT a test site)
- May 7, 2016 SAT and SAT Subject Tests (CSH IS a test site). *Redesigned SAT*
- June 4, 2016 SAT and SAT Subject Tests (CSH IS a test site). *Redesigned SAT*
- June 11, 2016 ACT (CSH is NOT a test site)

UPCOMING NIGHT EVENTS AND PROGRAMS

INCOMING JUNIOR HIGH PARENT ORIENTATION

WEDNESDAY, MAY 4, 2016

7 P.M.

PERFORMING ARTS CENTER

This program is intended to give parents an overview, and introduction, to all that Cold Spring Harbor Junior High School has to offer to it's incoming 7th grade students. Parents will get a chance to hear about a wide variety of topics including academics, clubs and athletics, and they will then have a chance to tour the building.

Andrew Rosenberg, Director of Guidance