



W.E. Miller Elementary School 300 NW Crosby Drive, Bend, 97701

April 14, 2016

355-2500 main / 322-2510 fax www.bend.k12.or.us/miller

Seventy degrees or snow – you never know in Bend, OR!

Please see below for some info for next week and next year:

- Earth Week April 18-22 Please prepare your student for the week of activities!
 - More Green Monday Wear lots and lots of green! Prizes! 3:00 PM Earth Week Assembly.
 - Transportation Tuesday Bike, walk, carpool or ride the bus to school!
 - Waste Less Wednesday Bring your lunch to school in a reusable container, try not to waste water or food, reuse paper and other items!
 - **Think Again Thursday** We will show the students items that could be thrown away and they will come up with another use for those items. Prizes!
 - Forever Friday Wear Earth/Miller colors Green and Blue!
 - **Every Day** A rebus puzzles to solve, view a video about Earth Week, play a quick digital game to learn about water usage and other Earth Week related facts.
- 2016-17 We have Student Profile sheets available at the front desk if you would like to let us know anything about your child to help us with classroom placement for the 2016-17 school year. Please understand that we do not consider a specific teacher request but will take into account information you provide about your child. Please return these forms to the front office by April 29.

Paw Plans

April 20 Registration Opens for 2016-2017 School Year

9:15AM Kindergarten Orientation in the Media Center

April 25 Miller on the Move Starts

May 3 3rd Grade Recorder Concert 6PM

• If your child will not be returning to Miller next year will you, please call the front office and let us know. It looks like we will have a full school again next year so knowing who is not returning is very helpful in our planning.

Respectfully,

Jen Healy 541-355-2502 jen.healy@bend.k12.or.us



How to Reach Us:

W.E. Miller Office	541-355-2500
Fax	541-355-2510
FAN	541-355-2517
Transportation	541-355-5700
Inclement Weather	541-323-SNOW
Nutrition Services	541-355-2541

Calling in Absent Students: If your child is going to be absent, please call our

school office at 541-355-2500 or email us prior to 10:00AM to let us know.

To report a student absent: millerabsent@bend.k12.or.us

Please include in email: student name. teacher and reason for absence: ill, family vacation, family emergency. Thank you!

Cafeteria Volunteers: If you could work a day or two,12pm-1pm, please click on the link below. Lunchroom Help Any questions please contact Christina at christina.snyder@me.com.

Kindergarten Orientation: We will host a kindergarten orientation at Miller on April 20th at 9:15 AM. We will give our perspective parents information about kindergarten, our school and the registration process. We will give a tour of the school as well. Please bring your new kinder student(s) to the orientation so they will feel comfortable at Miller

Registration for 2016-2017 Begins

April 20: Beginning April 20, 2016 registration paperwork will be available for anyone wanting to register for next year.



Social & Emotional Learning Corner

Relationship Skills

Learning Objectives

- Students will learn strategies to help them with friendship issues.
- Students will learn to have empathy for others by listening to different scenarios and deciding how they would feel in the same situation.
- Students will learn strategies that can help them when others want to play with someone else.

We are trying out a rotation with one main focus on learning goals so that students know what to expect each week and we build in a routine.

Week 1: Read aloud or video

Week2: Scenarios in small group discussion/role play

Week 3: Science Connection/Partner/Team Activity – Marshmallow Towers ~Listening to all ideas and working together

Week 4: Art

Please see my website for more details on SEL lessons. https://sites.google.com/a/gapps.bend.k 12.or.us/teachgrowth/

~Jenny White

Miller Yearbooks: Yearbooks go on sale on April 18. Order packets will be sent home with every student. Parents will also receive an email with links and instructions to order online through the Lifetouch website. We will **not** offer online yearbook sales through the Bend LaPine Fees & Fines website, as Lifetouch is offering 'packages' this year and it would be too difficult to set that up on our ordering system. Checks should be made out to Miller Elementary. You can also enclose the exact amount of cash in the order envelope and turn it into the student's teacher or the front office. Orders must be submitted before May 2, 2016. Yearbooks will be delivered the last week of school. To Order online: YBPAY.LIFETOUHC.COM Yearbook ID Code: 10286816

Sparrow Club Volunteer sparrow Opportunity: A Sparrow

* set Service Day is coming up on April 23rd, 9-12pm at the High Desert Museum. Sparrow Club is teaming up with SOLVE for an event called "Lets Pull Together." This is invasive plant removal so if you have gloves, please bring them as well as any tools that may help with weed removal. Students can use this opportunity to fill out a service voucher to help our Sparrow, Titus. If you can help, please let Michael Leeland know by email or text by Friday, April 15th. His contact information is below. They require kids under 13 years be accompanied by an adult. Michael Leeland Sparrow Clubs USA Cell 541.639.7806 Email mleeland@sparrowclubs.org

Music Notes:

Save the date for these spring student performances...

Tues., May 3rd: **3rd Grade Recorder Concert** 6:00 p.m.

Thurs. May 12th: **5th Grades Got Talent** 5:30 p.m.

Thurs. May 19th : 2nd grade play "The Garden Show" 5:30 p.m.

Tues. May 24th : 1st grade play "Life Cycles" 5:30 p.m. Young/ Richardson 6:15 p.m. Ayers/ Johnson

Thurs. May 26th : 4th Grade Play "Go West!" 6:00 p.m.

Missing: Green Visitor Badges The

office is missing about 100 bright green visitor badges. If you have one, or some, in your car, purse or at home, will you please return them to the front office? Thank you!

From the Educational Technology Parent Group:

Hello Parents,

We are happy to announce that we will be holding a presentation open for all parents to attend onWednesday May 25th from 5-6pm. We will be located in the Media Center.

This will be a panel presentation on a variety of technology related topics and how technology has been implemented this year at Miller. At the end there will be time for Q & A.

EARTH MONTH

Lost & Found: Parents, please check our

boxes, water bottles, hats, etc. Thank you!

lost & found bin located in the middle

hallway. We have several coats, lunch

Head Lice and Ticks: Spring is the time to be on the lookout for head lice and ticks. Miller, like any other school, occasionally has incidents of each within our large student population. No reason for alarm, just a chance to remind parents to be on the lookout for signs of either pest. Head scratching can be a one sign of head lice; it is a good idea to do a head check on a regular basis. Ticks can attach to any body part; simply brushing by a branch is enough to result in an attached tick.

The best way to remove a tick is by firmly grasping the tick's mouthparts at the skin with tweezers, and pulling straight out. Try to avoid squishing the body as this forces more digestive juices into the host, increasing the chance of infection. Another method involves using a loop of fishing line or sewing thread. The loop can be placed around the tick's head and then the string is pulled tight to remove the tick. Ticks are difficult and somewhat painful to remove. Wash your hands and the bite site with soap and treat the bite with an antiseptic. If you experience any symptoms of Lyme disease, get medical care promptly. **Next Year Plans:** As we work to confirm enrollment for 2016 - 2017 please notify the office as soon as possible if your child will not be at Miller Elementary School next year. Thank you!

You're Invited to Reimagine Education in Oregon!

Come learn more about Oregon's education initiatives, contribute to a discussion on the factors supporting student success, and get your questions answered by local and state education leaders.

 \sim What school characteristics are most important?

~ How should we measure school success?

 \sim How do we ensure all students are successful?

Monday, April 25 6pm Redmond High Desert ESD (Board Room)

Green Tip: Avoid products with a lot of packaging. When it comes to your shopping habits, consider buying products that are better for the environment or that are made from recycled materials, and have less or no packaging. And when it comes to food, support local farmers markets.

~ Erich Brocker, Assistant Principal



MILLER PTO NEWS

April 14, 2016

Last PTO meeting of this school year!

Please join us on Monday, May 16th, at 6:00 pm at Cascade Lakes Brewery for the last PTO meeting of this school year!

Congratulations New PTO Board Officers

Congratulations to Kim Hill, our new Vice-President; Maria Rue-Secretary; and Kira Marchant-Fundraising. They are eager to help lead the PTO for the 2016/17 school year!

Staff Appreciation Week

Miller will be celebrating Staff Appreciation Week from May 2^{nd} through the 6^{th} . We will be holding a meeting, tomorrow, Friday April 15^{th} at 9am to plan out how we are going to show our teachers and staff how much we appreciate them. Anyone who is interested in helping with this fun-filled week should attend the meeting or email Amanda at amandaring4@gmail.com.

As in past years, we kick off the week by decorating the front entrance with LOTS of letters, cards, and pictures from the students expressing their appreciation for all the wonderful things our staff does each and every day. Anything goes--pictures, poems, quick thank you notes. Notes may be to individual teachers, lunchroom staff, janitors, front office staff, anyone your student feels like appreciating! We will be collecting them **NOW** through Friday, April 29th in a box in the front office. Letters, pictures, etc., will be displayed at the end of the day on the 29th. You or your student may drop them off any time in the marked box--let's overflow it!

Student Store

We are in need of help at the Student Store. Please click the following link for a time to sign up and help out. Student Store Parent Volunteer Sign-Up 15-16

Miller Apparel Sale

Our final Miller apparel sale of this school year is running now through April 17th. Click on the following link to get your Miller gear! *http://myshirtbin.com/collections/miller-elementary*

Miller on the Move is getting ready to start up for the SPRING session!

The spring session will run 4 weeks from April 25th- May 20th and will be every Monday, Wednesday and Friday at lunch recess. This program is supported and funded by the PTO and encourages our kids to be active. They can run, walk, skip, or even hop on crutches as some injured participants have done in the past to get their laps. The miles are cumulative from fall and spring and there will be prizes to be awarded for a 5k, 10K, half marathon, marathon and ultra-marathon at the end of the year.

With the increase in how many kids are achieving high miles, there will be a difference in the prizes handed out at the end of the year from last year at the end of year assembly. The feet prizes will remain the same, little feet will be handed out for each mile that they "run" (5 laps). The big feet will be handed out for 5K, 10K, half-marathon, marathon, and ultra-marathon. A total of 5 big feet can be earned per student. The kids get a lot of enjoyment from this program and like all volunteer programs, **we need and appreciate parent support**. Please sign up to help continue the success of this program. Thank you!

VOLUNTEERS NEEDED! We are in need of 4-5 volunteers each day for the Yellow/Orange field (Kindergarten, 1st and 2nd graders) from 11:50 - 1:10. The Green/Blue field (3rd, 4th, 5th graders) requires 3-4 volunteers from 12:15 - 1:15.

New this Spring is sign up for a lead person on each side to insure the setup and take down of cones, vests and clipboards along with returning them to the PTO office. Please sign up to volunteer for this fun event by clicking on the link: https://docs.google.com/spreadsheets/d/1_Gp2yub8-3Rnb7KguEpNzVedXtpIdJhUDIZABQKHHzY/edit?usp=docslist_api.

More help is always appreciated even if the document sign up sheet is full, feel free to come on out. We look forward to seeing you out there!

Fine Arts Night

Fine Arts Night is scheduled for Thursday, May 12th and we need volunteers to help make this night a success! PLEASE send Kim Hill a quick email if you have any time to give...we can't do this without volunteer help. There are many aspects of planning that need attention, so if you have a small amount of time to give to help in the organizing of this event, please note that in your email. Kim will be scheduling a planning meeting in the near future.

We will be sending out a volunteer sign-up sheet soon, but if you think you might be interested in helping either that evening, or with some of the logistics before that night, please email Kimberly

Hill at kimbjhill@gmail.com

5th Grade Talent Show

Got talent? Singing, juggling, magic, theater acts, or whatever talent your child wants to showcase. The 5th grade talent show will be held at Fine Arts Night May 12th at 5:30 pm. All 5th graders are invited to participate. Turn your application in to your teacher or the front desk no later that Tuesday, April 19th.

Dishwasher Volunteers Needed

Since the kitchen is open every day of school, we are in need of volunteers every single school day. No experience necessary, on-the-job training. If you are interested in helping in the kitchen, please go to the Miller Elementary website, click on 'Our School', select 'School Information' scroll down the right-hand side and click the "Lunch Helper" tab.

Box Top Collection

We are still collecting Box Tops by the front office every Monday. Please send the box tops in a baggie or on the box top tracker with your child's name on it. We are getting many box tops with no names or only the teacher's name. We want to make sure your child gets their box tops counted! For every 10 Box Tops, your child will receive one Miller Dollar.

Ergonomics tips for kids, families, and teachers

Please see the helpful tips below to help our children, families, and teachers with proper posture at school and at home while on their iPads.



ERGONOMIC TIPS FOR IPAD

<u>USE</u> By Lisa Kennedy-Leary, PT Physical Therapist As our children increase their daily use on IPADS at both school and home, it is crucial that we as parents and teachers help them to achieve proper body mechanics to reduce unnecessary forces to their bodies that can lead to future injuries and pain.

Some simple tips can help reduce unnecessary stress and strain on our children's bodies:

- 1. Sit with both feet firmly and evenly on floor. If needed use a book, or box under feet to achieve this.
- 2. Bottoms should be even on the chair and ideally the angle of the hips and knees should be at right angles (the 90 / 90 rule
- 3. Arms should be comfortable and resting at their sides with elbows ideally at 90 degrees
- 4. Whenever possible use an external keyboard that is placed at the level of the elbows and at arms length on table (don't want them to have to lean forward or reach arms forward to use it)

Use as thin a keyboard as possible or use a wrist pad so that the wrists are neutral and relaxed.

- 5. Position IPAD upright. The ideal height would be at eyelevel to allow the neck to be in it's neutral comfortable position. This can be achieved with books, lunch box or stand. If this is not possible, the ipad should at least be propped up at an angle resting on its stand.
- 6. Take posture and screen breaks often. Aim for every 20-30 minutes.







We are a husband and wife dental practice with a trusted reputation in Bend, Oregon. Our number one goal is to provide the highest quality dental care for your child in a friendly, high-technology practice. Our caring and knowledgeable staff uses a kid-centered approach to ensure your child's first visit to the dentist is a win! We are also happy to serve teens as they transition into a healthy future. Combining the right mix of personal care, high technology, and continuing education, we maintain a commitment to our patients in every facet of our practice. Stop in at our office just off Chandler Avenue in Bend or call us at (541) 389-3073 to schedule an appointment.





Newport Market

1121 Newport Ave.

Bend, OR 97703







Our dentists, <u>Dr. Anne Scott</u>, <u>Dr. Peter Yonan</u>, <u>Dr. David Dunscombe</u>, and <u>Dr. Ashley H. Palladino</u>, together with our professional <u>staff</u>, are dedicated to providing exceptional care and state-of-the-art dentistry. Dental and Cosmetic Dental Care Worth Smiling About in Bend, OR At Awbrey Dental Group, our specialty is you. Since our practice began in 1995, we've focused on addressing the needs of each patient and providing personalized attention to create a warm, comfortable experience.







What is Title?

First, the word "Title" is a collective term for all of your legal rights to own, use and dispose of land. Title includes all previous ownership, uses and transfers. To legally transfer real estate property, a title search must be performed, and, in most cases, the title must be found free of any circumstances that could endanger your right of ownership. Title insurance protect against the possibility of future loss should your legal rights to your property be challenged.

There are two types of Title Insurance: A lender's policy and an owner's policy. The lender's policy protects the lender's interest in the property for the amount of the mortgage loan. An owner's policy protects the homebuyer for the full property value.

What Is Escrow?

As a buyer or seller, you want to be certain all conditions of your sale have been met prior to property and money changing hands. The technical definition of an escrow is "a transaction where one party engages in the sale, transfer, or lease of real or personal property with another person who delivers a written instrument, money or other items of value to a neutral third person, called an escrow agent". The escrow agent holds the money or items for disbursement upon the performance of a specified condition.

For more information, please visit: <u>http://www.westerntitle.com</u> Address: 360 SW Bond Street, Suite 100, Bend, OR 97702; **Phone:**(541) 389-5751