

We Got Your Study Skillz Right Here!

The following list was generated on a whim by the AP Biology Class of Mr. Knuffke at Deer Park High School in the hamlet of Deer Park on Long Island, NY immediately off of the east coast of North America at approximately 8:15 am in the morning of February 14th, 2008 AD. Students were asked to provide approaches to studying that they used while preparing for exams. Certain items have been edited for the sake of clarity. The list is given in the order in which they were elicited from students and is not meant to demonstrate any particular utility:

1. Rewrite vocabulary definitions.
2. Rewrite notes.
3. Reread notes
4. Relax
5. Read the textbook
6. Reread the textbook
7. Look at diagrams
8. Memorize content
9. Memorize definitions
10. Discuss chapters with other students
11. Make a review sheet
12. Review Questions
13. Practice skills.
14. Make flash-cards.
15. Get enough sleep.
16. Study with the family.
17. Draw diagrams over again.
18. Look at review sheet.
19. Create new review sheet.
20. Explain concepts to parents, siblings, friends
21. Eat food.
22. Remain calm.

The instructor then made three main points:

1. It is unwise to engage in all of these techniques immediately prior to any exam, as it would consume an awful lot of time and effort.
2. If you use the same methods while preparing for every exam and they are working to your hopes and expectations, there is really no need to change your approach. The definition of success is largely contingent upon individual goals and personal happiness.
3. If you use the same methods while preparing for every exam and they are not working to your hopes and expectations, you probably should change your approach. The definition of insanity is continually repeating the same thing over and over again and expecting different results.